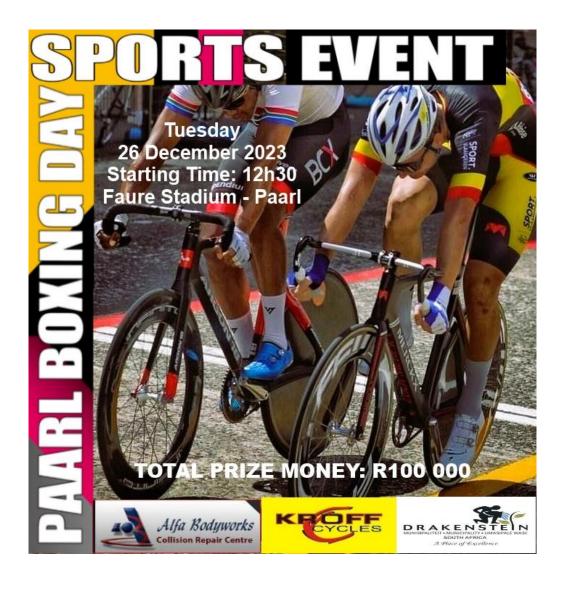
<u>125th Paarl Boxing Day</u>

Track Cycling Challenge

26 December 2023

Event Guide



WELCOME AND ACKNOWLEDGEMENT



To all our loyal participants, spectators, and sponsors, I want to extend a warm welcome to the 125th edition of the Paarl Boxing Day Track Challenge.

I want to express my gratitude to our sponsors, and all involved in making this special day possible.

Paarl Amateur Athletics and Cycling Club is proud to support track cycling and continue to contribute to the development of this discipline.

May the best man/woman win! - Hein Kroff

INDEX

WELCOME AND ACKNOWLEDGEMENT						
INDEX						
PART 1: ABOUT THE EVENT						
1.	HISTORY OF PAARL BOXING DAY					
2.	EVENT ORGANIZER					
3.	VENUE / COMPETITION HEADQUARTERS					
4.	SANCTIONING AUTHORITY					
5.	COMPOSITION OF RACE DIRECTIO AND COMMISSAIRE PANEL :					
6.	COMPETITION PROGRAMME AND SCHEDULE					
PAR	T 2 : GENERAL RULES					
7.	ENTRIES AND REGISTRATION7					
8.	GENERAL RULES FOR SPECTATORS AND RIDERS7					
9.	ENTRY FEE					
10.	REGISTRATION8					
11.	MANAGERS MEETING:					
12.	PARTICIPATION, CATEGORIES AND LICENSING REQUIREMENTS8					
13.	RACE NUMBERS11					
14.	EQUIPMENT11					
15.	AWARDS CEREMONY					
PAR	T 3 : TECHNICAL RULES					
16.	APPLICABLE RULES					
17.	RIDER SUPPORT AND MECHANICAL ASSISTANCE12					
18.	HANDICAP RACES12					
19.	PAARL BOXING DAY INVITATIONAL EVENTS12					
20.	DEVIL / ELIMINATION RACE					
21.	THE 25 MILE EVENT					
22.	KEIRIN					
23.	ANTI-DOPING13					
24.	DISCIPLINARY AND PENALTIES13					

PART 1: ABOUT THE EVENT

1. HISTORY OF PAARL BOXING DAY

The first Paarl Boxing meeting took place in 1897 and it is the oldest cycling event in all forms of the sport worldwide. The historic Paarl Boxing Day Track Challenge, presented by Drakenstein, Paarl Amateur Athletic & Cycling Club, and Paarl Tourism, takes place for the 125th time on 26 December 2023 at the Faure Street Stadium in Paarl.

2. EVENT ORGANIZER

Paarl Amateur Athletic & Cycling Club - Hein Kroff - 082 456 0145

3. VENUE / COMPETITION HEADQUARTERS

Paarl Boxing Day Track Classic will take place on the 463,3m cement cycling track, the Faure Street Stadium at 1 Faure Street, Paarl on Tuesday the 26th of December 2023.

Faure Street Stadium is a stadium in Drakenstein Local Municipality, Cape Winelands District Municipality, Western Cape.

4. SANCTIONING AUTHORITY

- 4.1. The Paarl Boxing Day Track Classic is sanctioned by Cycling South Africa and will be conducted in accordance with the Regulations of Cycling SA and the Union Cycliste Internationale (UCI) except where herein provided. Any rule of the UCI indicating "(N)" means National Rules apply.
 - 4.1.1. Cycling SA
 - 4.1.1.1. Calendar Categorization Policy and Fees 2023
 - 4.1.1.2. Event Safety Guidelines and Regulations 2023
 - 4.1.1.3. Membership and Licensing 2023
 - 4.1.1.4. Track Handbook
 - 4.1.2. UCI
 - 4.1.2.1. Part 1: General Organization of the Sport
 - 4.1.2.2. Part 3: Track Races"
 - 4.1.2.3. Part 12: Discipline and Procedures
 - 4.1.2.4. Part 14: Anti-Doping Rules

5. COMPOSITION OF RACE DIRECTION AND COMMISSAIRE PANEL

Race Director:	Zanne Parson	IS	paarlboxingday@gmail.com	083 721 2380	
Race Secretary:	Nigel Isaacs		nisaacs@parliament.gov.za	079 377 221 2	
President Commissaire:			Denis Human		
Judge Referee:			Sammy Hardine		
Starter:		Stephen Adonis			
Assistant Starter:		Rollin Renquis			
Line Judges & Timek	eepers:	Nici King			
		Shanr	non-Leigh Green		
		Karen	Hock		
Corner Commissaires:		Naaim Ismail			
		Shum	eez Dollie		
Bell Operator/lap scorer:			Kenneth Hock		
Photo Finish Commissaire:		Wynand Kapp			

6. COMPETITION PROGRAMME

		PAARL							
	Т	UESDAY 26 DECEMBER 2023 - START:	12H30						
Alfa Kodyworks Number collection from 09:00 - 12:00									
	Collision Repair Centre	HE 125TH BOXING DAY TRACK CHAL							
			EIN						
			ASIPALA						
No	Event	Category	Comment						
1	800m	U11 & U13 Boys	Handicap - one race						
2	800m	U15 Boys	Final						
3	800m	U17 Boys	Final						
4	800m	Junior Men	Final						
5	800m	U11 & U13 Girls	Handicap - one race						
6	800m	U15 & U17 Girls	Handicap - one race						
7	800m	Elite, U23, Jun, Master Ladies	Separate placings						
8	800m	Master Men	Final						
9	10 Km Points	Open - Elites, U23 ONLY							
10	1500m	Junior Men	Final						
		INUTES INTERVAL (PRIZE GIVING NU							
	1500m	U11 & U13 Boys	Handicap - one race						
12	1500m	U 15 Boys	Final						
13	1500m	U17 Boys	Final						
14	Keirin Invitation	Elites, U23, Jun, Masters Men	Invite ONLY						
	1500m	Elite, U23 Men ONLY	Riders not in 1 mile						
16	1500m	U11 & U13 Girls	Handicap - one race						
17	1500m	U15 & U17 Girls	Handicap - one race						
18	1500m	Elite, U23, Jun, Master Ladies	Seperate placings						
19	1500m	Master Men	Final						
20	Devil (Elimination)	Open - Elites, U23 ONLY	Sprint every lap						
	1	NUTES INTERVAL (PRIZE GIVING NUM	· · · · · · · · · · · · · · · · · · ·						
21	1 Mile Invitation	Elite, U23, Jun, Master Men	Invite ONLY						
22	4 Laps	U11 & U13 Boys	Handicap - one race						
23	3 km	U15 Boys	Final						
24	5 km	Master Men	Final						
25	5 km	Junior Men	Final						
26	4 Laps	U11 & U13 Girls	Handicap - one race						
27	3 km	U15 & U17 Girls	Handicap - one race						
28	3 km	Elite, U23, Jun, Master Ladies	Separate placings						
29	5 km		Final						
20	25 Milo Invitation	PRIZE GIVING NUMBER 21-29							
30	25 Mile Invitation	Open-Elites, U23, Jun, Master Men	Invite ONLY						

PART 2 : GENERAL RULES

7. ENTRIES AND REGISTRATION

7.1. Eligibility:

- 7.1.1. This event is open to all age categories and nationalities.
- 7.1.2. All riders must be in possession of a valid Racing License issued by Cycling South Africa or an International National Federation affiliated to the UCI.
 - 7.1.2.1. Cycling SA Membership is not sufficient for Junior Category Racing and older.
 - 7.1.2.2. Youth Riders (U17 and younger) will be permitted to enter on Cycling SA Membership.
- 7.1.3. Rider licenses will be verified with Cycling SA before the time but must still be presented at registration.
- 7.1.4. Riders are not considered registered until all administrative requirements have been fulfilled:
 - 7.1.4.1. Entry form has been completed and signed in **full**
 - 7.1.4.2. Entry Fee has been paid in **full**

8. GENERAL RULES FOR SPECTATORS AND RIDERS

- 8.1. No member of the public, race participants or vendors may park inside the track.
- 8.2. Paarl Boxing Day Track Classic reserves the right to remove any disorderly individuals from the premises. No spectators may be permitted to disrupt or disturb the riders.
- 8.3. No open fires are permitted.
- 8.4. No alcohol will be permitted.
- 8.5. Riders who arrive late for their start will not be allowed to start.
- 8.6. No rider under the influence of alcohol or any performance enhancing or prohibited drugs will be allowed to participate.
- 8.7. NO warming up on road bikes on the track.
- 8.8. Track will be open for warm up at specified times prior to racing.

9. **ENTRY FEE**

9.1.	Elite Men/Women:	R350
9.2.	Veteran / Master Men/Women:	R350
9.3.	Junior Men/Women:	R350
9.4.	All Youth/Scholars:	R250

9.4. All Youth/Scholars:

NO LATE ENTRIES WILL BE ALLOWED

10. REGISTRATION

- 10.1. Registration will take place on the 26th of December from 09:00 am till 11:00 am at the stadium. Riders are requested to arrive well in advance.
- 10.2. Riders will be required to:
 - 10.2.1. Confirm the events that they have entered.
 - 10.2.2. Submit a signed indemnity form.
 - 10.2.2.1. Persons younger than 18 years requires the signature of a parent as well.
 - 10.2.3. Present a Cycling SA Racing License and verify racing category as per license.
 - 10.2.3.1. Only Cycling SA Membership is required for riders racing in the U17 and younger categories.
 - 10.2.4. Collection of your race numbers.
- 10.3. Managers will be required to:
 - 10.3.1. Present a Cycling SA managers license managers shall be required to:
 - 10.3.1.1. Register and collect team manager accreditation.
 - 10.3.1.2. Collect a rider or team's numbers on their behalf (inclusive of having a copy of the rider(s) license in his/ her possession.
 - 10.3.1.3. All managers and team staff must be in possession of a valid managers license to enter the centre of the track.
 - 10.3.2. Attend the manager briefing and any other meetings called on the day.

11. MANAGERS MEETING:

A Managers meeting will take place at registration on the field at 11:30am 11.1. prior to commencement of racing.

12. PARTICIPATION, CATEGORIES AND LICENSING REQUIREMENTS

The following rules and regulations determine eligibility and participation in the event and the special provisions in terms of categories: "Part I: General organization of cycling as a sport" version on 01/10/2023.

- 12.1. Riders can only enter the events for which they hold a license, except for the Open Invitational races where riders from the Junior, Elite and Veteran / Master events will be selected.
- 12.2. In all cases the race category of the competitor shall be determined by the registered racing category as reflected on the Cycling SA or other NF (as recognised by the UCI) license presented at registration.
 - 12.2.1. 1.1.002 No-one who does not hold the requisite licence may participate in a cycling event organised or supervised by the UCI, the UCI continental confederations, the UCI member federations or their affiliates. Participation by a person who does not hold the required licence shall be null and void, without prejudice to other penalties.
 - 12.2.2. 1.1.006 Federations shall issue licences according to such criteria as they may determine. They shall be responsible for monitoring compliance with these criteria.
 - 12.2.3. 1.1.011 The licence shall be issued by the federation of the country where, according to the legislation of that country, the applicant has his main residence at the time of application. He shall remain affiliated to that federation until the expiry of the licence, even if he changes country of residence.
 - 12.2.4. 1.1.029 The following infringements shall be penalised as indicated below:

1) participation or attempt to participate, in a cycling competition or event without holding the requisite licence:

- start refused and
- a waiting period of one year before obtaining a licence.

2) participation or attempt to participate, in a cycling competition or event without carrying the licence:

- start refused or disqualification And - fine of CHF 50 to 100.

12.3. Race Categories

- 12.3.1. As per the UCI regulations: Riders of the under 23 category can take part in elite competitions. Junior riders of 18 years old can take part in competition for categories under 23 and elite.
- 12.3.2. As per the Cycling SA regulations and directive of the Executive Board and NOB of Cycling SA, any U17 rider aged 16 years in 2023, who had been

issued with a Junior License, shall be eligible to ride as part of the Junior event with 17- and 18-year-old riders.

- 12.3.3. Any veteran / master rider however, who had been issued with an Elite License for 2023 will be required to race in the Elite category events and will not be eligible for entry into the master events.
- 12.3.4. No rider will race in a higher age category without the correct issued license as written consent from Cycling South Africa – this must be presented at registration. A rider must compete in this category for the entire competition.
- 12.3.5. The UCI rules applicable to this section:
 - 12.3.5.1. 3.2.001 The track season starts on January 1st and ends on December 31st. Track competitions shall be held in the categories as defined in article 1.1.036 Riders of the under 23 category can take part in elite competitions. Junior riders of 18 years old can take part in competition for categories under 23 and elite.
 - 12.3.5.2. 1.1.031 Articles 1.1.011 to 1.1.029 shall not apply to riders in the youth category, such matters being governed by the national federations.
 - 12.3.5.3. 1.1.036 / 1.1.037 Youth **This category denotes riders aged 16** years or under and is controlled by national federations, except as provided for BMX and Para-cycling in article 1.1.035.
 - 12.3.5.4. As the Paarl Boxing Day is not an event registered on the UCI's international calendar, the following rule from "Part I: General organization of cycling as a sport" version on 01/10/2023 shall not be applied:
 1.1.034 For participation in events on the international calendar, riders' categories are determined by the age of those competing as defined by the difference between the year of the
- 12.4. Categories may be combined with others of similar ability to form bunches of a minimum of 6 riders. A suitable distance as determined by the President Commissaire will be ridden.

event and the year of birth of the rider.

- 12.4.1. When individual categories are combined prizes will be awarded separately.
 - 12.4.1.1. Specifically: Elite and Junior women will race as one combined category with separate prize money.

- 12.4.2. Handicap races, U11 U13 B&G/U15 U17 G, will however race for one set of prize money. The President of the Commissaires Panel will determine the handicap.
- 12.4.3. Riders can't enter multiple age category races e.g., Masters can't race both Masters and Open events, except if selected for invitation into the main events on the day.

13. RACE NUMBERS

Race numbers are to be pinned on the left side of the rider's jersey for clear visibility.

14. EQUIPMENT

- 14.1. Bike check will take place for all youth riders prior to racing where gear restrictions will be checked. All bicycles will be checked for compliance to UCI Regulations.
- 14.2. Power meters and cycle computers are not permitted.
- 14.3. Wheels with 3, 4, 5 or more spokes will be allowed for mass start events.
- 14.4. Riders may not carry ANY OBJECTS on them or on their bicycles that could drop onto the track. They may nor bare or use any music player, radio communication system or cell phone while on the track. A rider shall be disqualified from the event all together if found in contravention of this regulation.
- 14.5. Gearing/Roll out distances:
 - 14.5.1. For the riders racing in the u/17 and younger boys and girls categories, the maximum roll out distances shall apply as per the Cycling SA Track Handbook. Riders may be required to roll in prior and / or upon completion of the event as will be determined by the President commissaire.

15. AWARDS CEREMONY

- 15.1. The awards ceremony will be held during and after the events as per the final event programme. The 25-mile awards will take place after the main event.
- 15.2. All riders must come to the podium presentation in full cycling kit. No glasses or caps will be allowed as per UCI rule 9.1.046

PART 3 : TECHNICAL RULES

16. APPLICABLE RULES

The technical rules as per the Cycling SA Track Handbook and the UCI regulations shall apply, with the addition or exception of rules outlined in this section.

17. RIDER SUPPORT AND MECHANICAL ASSISTANCE

- 17.1. ONLY Event staff, Commissaires, Accredited Photographers, Team managers and riders are permitted on/inside the track during racing.
- 17.2. Wheel changes or mechanicals are to be done inside the designated tech zone ONLY, which is situated in the demarcated area in front of the main stand.

18. HANDICAP RACES

18.1. The President of the Commissaires Panel will determine the handicaps in accordance with the ages of the riders coupled their apparent abilities with the view of setting up an exciting finish.

19. PAARL BOXING DAY INVITATIONAL EVENTS

- 19.1. Riders shall clearly indicate if they want to be eligible for selection into the Open invitational events.
- 19.2. ONLY invited riders will be eligible to compete in the invitational events, who will be selected by a selection panel based on their performances on the day.
- 19.3. These invitational races are:
 - 19.3.1. Keirin Invitational
 - 19.3.2. 1 Mile Invitational
 - 19.3.3. 25 Mile Invitational
- 19.4. The selection for participation shall be done through a selection panel on the day who shall select riders from the Junior, Elite and Veteran/Masters categories. To be eligible for selection, a rider must have participated in at least two (2) events in their licensed category on the day.
- 19.5. The selection panel comprises of Mr D Human, Mr C Bence, Mr N Isaacs.

20. DEVIL / ELIMINATION RACE

- 20.1. 1 rider will be eliminated after every lap in the elimination race. ThePresident Commissaire shall either judge himself or assign a competentCommissaire to judge the last rider every lap.
- 20.2. The last two (2) remaining riders shall sprint to determine the winner.

21. THE 25 MILE EVENT

- 21.1. Only riders invited by the event Panel of Selectors may participate in this event. 2nd year Juniors ONLY will be considered for this event.
- 21.2. Riders who require any technical assistance for a mishap, as defined in the UCI rules, may not take longer than 3 consecutive laps to receive such technical assistance. If the rider takes longer than 3 laps, he will start losing laps and may be relegated or disqualified.
- 21.3. Only 1 mishap is permitted per rider during this event.
- 21.4. Riders may not receive any assistance or return to the race within the last 10 laps of the 25-mile race.

22. KEIRIN

- 22.1. Only riders invited by the event Panel of Selectors may participate in this event.
- 22.2. The event shall be limited to 7 riders and will run in accordance with the UCI rules and regulations as it pertains to finals.

23. ANTI-DOPING

- 23.1. The Anti-doping Commission of the UCI or Drug Free Sport may designate an Anti-doping Inspector and Doctor for the Paarl Boxing Day Track Classic. Riders required to submit to anti-doping control shall be determined by Anti-doping Regulations, the Track Commission, UCI Anti-doping Inspector and Doctor or otherwise.
- 23.2. Directions to the anti-doping centre shall be clearly marked on the day.Riders required for any testing shall be notified upon completion of an event and chaperones.
- 23.3. Also visit the following link for national legislation https://www.drugfreesport.org.za/education/

24. DISCIPLINARY AND PENALTIES

- 24.1. The disciplinary procedures of Cycling SA and the UCI shall apply.
- 24.2. The penalty scale of the UCI shall apply for any infringements on the day.









