



2021 Western Cape XCM Championships

Doringlaagte - Montagu

04 September 2021



Group	Pos	No	Cat	First Name	Last Name	Time	Status	Team
Nipper Girls 17km	1	538	NG	Mieke	Joubert	01.00.19		
	2	540	NG	Alrie	Eloff	01.04.00		
	3	539	NG	Isabella	Stermin	01.23.17		
Group	Pos All	No	Cat	First Name	Last Name	Time	Status	Team
Nipper Boys 17km	1	536	NB	Marko	Pruis	00.55.56		
	2	533	NB	James	Nieuwoudt	01.11.07		Paarl Boys Primary #2
	3	528	NB	Willem	Durandt	01.13.55		
	4	529	NB	Connor	Roebuck	01.23.15		Paarl Boys Primary #2
	5	531	NB	Nicholas	Franken	01.27.47		
Group	Pos All	No	Cat	First Name	Last Name	Time	Status	Team
Sprog Girls 17km	1	525	SG	Rebecca	Jacobs	00.46.36		
	2	527	SG	Catalina Rose	Lamers	00.55.07		
	3	526	SG	B B	Strydom	00.56.17		
	4	524	SG	Stella	Keers	00.56.59		
Group	Pos All	No	Cat	First Name	Last Name	Time	Status	Team
Sprog Boys 17km	1	504	SB	Tristan	Mc Given	00.39.39		Curro
	2	515	SB	Ryan	Koorzen	00.39.45		
	3	512	SB	Nick	Van Zyl	00.42.58		
	4	503	SB	Konrad	Kotze	00.43.13		Curro
	5	522	SB	Thomas	White	00.46.05		
	6	523	SB	Janko	Cronje	00.47.03		Paarl Boys Primary #2
	7	511	SB	Christof	Franken	00.47.54		
	8	509	SB	Joshua	Rhode	00.48.39		Curro
	9	521	SB	Ferdi	Botha	00.48.41		Curro
	10	517	SB	Owen	Volschenk	00.49.00		
	11	500	SB	Luke	Schonegevel	00.49.53		
	12	513	SB	Matthias	Loubser	00.50.06		
	13	506	SB	Cameron	Le Roux	00.50.07		
	14	519	SB	Le Roux	Terblanche	00.51.34		Paarl Boys Primary #1
	15	516	SB	Christian	Roelofse	00.51.40		
	16	507	SB	Adriaan	De Goede	00.53.17		
	17	508	SB	Zondagh	Zaayman	00.54.10		
Group	Pos All	No	Cat	First Name	Last Name	Time	Status	Team
Fun 17km 17km	1	546	OF	Liam	Coetzee	00.31.09		
	2	552	OF	Maritz	Engelbrecht	00.33.27		
	3	548	OF	Gustav	Olsen	00.33.44		Paarl Boys Primary #2
	4	550	OF	Edward	Schon	00.34.19		
	5	542	OF	Daniël	Van Niekerk	00.41.05		
	6	551	OF	Erasmus	Engelbrecht	00.41.24		
	7	520	OF	Aiden	Coetzee	00.48.26		Paarl Boys Primary #2
	8	545	OF	Carla	Joubert	00.59.05		
	9	543	OF	Franz	Lamers	01.18.59		
	10	537	OF	Sebastian	Lamers	01.19.01		



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Group	Pos All	No	Cat	First Name	Last Name	Time	Team
Sub Junior Boys 32km	1	302	JB	Jeandre	Ungerer	01.14.30	Hoërskool Durbanville
	2	312	JB	Luca	Zietsman	01.15.19	Paul Roos #1
	3	301	JB	Samuel	Cleary	01.15.44	Paarl Boys High
	4	314	JB	Juan	Van Zyl	01.16.09	
	5	323	JB	Morgan	Jones	01.20.52	Paul Roos #2
	6	311	JB	Francois	Coetzee	01.21.22	
	7	300	JB	Liam	Henning	01.22.02	
	8	305	JB	Daniel	Le Roux	01.22.56	
	9	316	JB	Christiaan	Davel	01.23.31	Parel Vallie Lactic Acids
	10	315	JB	Luca	Wiese	01.26.02	Paul Roos #1
	11	318	JB	Jack	Goosen	01.28.12	
	12	321	JB	Dean	Woolley	01.30.07	
	13	313	JB	Myndert	Laubscher	01.30.08	
	14	310	JB	Jean	Breytenbach	01.32.49	
	15	304	JB	Yaron	Hattingh	01.33.45	
	16	325	JB	Sias	Meyer	01.34.11	
	17	307	JB	Liechen	Pretorius	01.36.07	
	18	309	JB	Matthew	Hudson	01.37.02	
	19	326	JB	Philip	Malherbe	01.38.07	
	20	356	JB	Marius	Nel	01.47.33	Stellenberg High #1
	21	327	JB	Etienne	Du Preez	01.53.53	Paul Roos #2
	22	308	JB	Ruan	Nel	01.54.05	
Group	Pos All	No	Cat	First Name	Last Name	Time	Team
Sub Junior Girls 32km	1	336	JG	Chloe	Chesterton	01.28.53	
	2	333	JG	Kelly	Mall	01.31.59	
	3	337	JG	Zoe	Green	01.33.07	
	4	331	JG	Nikalau	Volsteedt	01.33.31	Parel Vallie Nitros
	5	332	JG	Alice	Keers	02.00.01	
	6	338	JG	Miane	Van Jaarsveldt	02.01.49	
Group	Pos All	No	Cat	First Name	Last Name	Time	Team
Open 32km 32km	1	345	OS	Jamelyn	Maart	01.15.59	
	2	346	OS	Luciano	Michaels	01.16.33	
	3	365	OS	William	Loubser	01.21.18	
	4	363	OS	De Wet	Du Plooy	01.23.33	Stellenberg High #1
	5	359	OS	Jhann	Van Niekerk	01.29.16	
	6	328	OS	Jade	Cornelius	01.31.25	
	7	369	OS	Mark	Cornelius	01.31.27	
	8	368	OS	Nicolaas	Van Zyl	01.31.31	
	9	361	OS	Elfranco	Fortuin	01.32.58	
	10	372	OS	J D	Tomlinson	01.35.42	
	11	366	OS	Floris	Van Jaarsveldt	01.37.17	
	12	351	OS	Andrew	Van Huffel	01.38.15	
	13	330	OS	Mikyle	Van Jaarsveldt	01.40.20	Stellenberg High #2



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	14	350	OS	Wayne	Petersen	01.40.56		
	15	354	OS	Ettienne	Van Biljon	01.54.19		
	16	355	OS	Hendro	Van Biljon	01.54.19		
	17	371	OS	Jan	Hening	01.57.33		
	18	358	OS	Jonathan	Wright	01.59.02		
	19	370	OS	Ilse	Zwiegers	02.04.32		
	20	343	OS	Dirkie	Labuschagne	02.07.24		
	21	344	OS	Iain	Coetzee	02.08.03		
	22	324	OS	Tayne	Herbst	02.13.49		
	23	347	OS	Natalie	Moos	02.19.48		
	24	348	OS	Luzanne	Sluyt	02.19.49		
	25	357	OS	Claudia	Wright	02.33.42		
	26	339	OS	Hilton	Sharp	02.39.08		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Youth Women 48km	1	164	YW	Angeliq	Coetzer	02.18.17		Parel Vallie Nitros
	2	168	YW	Anya	Du Plessis	02.18.56		
	3	166	YW	Christelle	Joubert	02.31.44		HTS Drostdy A
	4	167	YW	Lineke	Groenewald	02.45.41		
	5	169	YW	Léna	Wiroth	02.46.10		
	6	204	YW	Emogene	Prinsloo	02.53.36		D F Malan
	7	170	YW	Mari	Swanepoel	03.25.40		Jan Van Riebeeck High
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Youth Men 48km	1	130	YM	Cronje	Beukes	01.49.01		
	2	127	YM	Rupert	Taljaard	02.04.48		Paul Roos #1
	3	118	YM	Tiaan	Steenkamp	02.05.51		HTS Drostdy A
	4	131	YM	Jaco	Jacobs	02.06.06		
	5	141	YM	Zander	Compion	02.06.58		Parel Vallie Lactic Acids
	6	116	YM	Ruan	Badenhorst	02.08.07		Paul Roos #2
	7	138	YM	M J	Visagie	02.08.08		HTS Drostdy A
	8	136	YM	Thomas	Dunkley	02.10.00		Paarl Boys High
	9	123	YM	Jaydan	Durandt	02.14.06		
	10	125	YM	Lood	Goosen	02.14.12		Paarl Boys High
	11	129	YM	Streicher	Swart	02.14.21		
	12	137	YM	Jean-Pierre	Du Plessis	02.14.22		Paul Roos #2
	13	117	YM	Christian	Van Zyl	02.14.53		
	14	119	YM	Jean	Surridge	02.19.05		Parel Vallie Nitros
	15	142	YM	Philip	Van Schalkwyk	02.23.11		Paul Roos #1
	16	122	YM	Janco	Louw	02.24.30		Hoërskool Durbanville
	17	155	YM	Luc	White	02.24.46		
	18	124	YM	Petri	Fourie	02.25.15		
	19	156	YM	Daniel	Grutter	02.26.58		Jan Van Riebeeck High
	20	144	YM	Zander	Groenewald	02.27.30		
	21	149	YM	Christian	Mocke'	02.29.04		
	22	132	YM	Awie	Smit	02.30.12		HTS Drostdy B



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	23	148	YM	Christiaan	Joubert	02.32.49		
	24	153	YM	Tomas	Smuts	02.34.44		
	25	157	YM	Johann	Jordaan	02.37.35		Jan Van Riebeeck High
	26	120	YM	Ruan	Portwig	02.47.44		
	27	151	YM	Theodore	Moss	02.48.03		Paul Roos #1
	28	159	YM	Gerhard	Snijders	02.48.06		Jan Van Riebeeck High
	29	143	YM	Reynhardt	Du Plessis	02.53.35		Parel Vallie Lactic Acids
	30	150	YM	Kaiyen	Govender	03.12.35		
	31	158	YM	Stef	Mostert	03.25.36		Jan Van Riebeeck High
	32	139	YM	Hanro	Grove	04.07.21		Stellenberg High #1
	33	145	YM	Alexander	Coetzee	09.27.15		Stellenberg High #2
	--	146	YM	Alec	Coleské	02.04.16	DNF	D F Malan
	--	115	YM	Tristan	Swart		DNF	
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Junior Women 48km	1	161	JW	Anna	Marx	02.22.15		
	2	163	JW	Capucine	Wiroth	02.32.37		
	3	162	JW	Linel	Engelbrecht	02.39.56		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Junior Men 48km	1	104	JM	Zandr�	Gerber	01.52.28		
	2	103	JM	Vincent	Buter	01.52.34		Parel Vallie Nitros
	3	113	JM	Jonatan	Van Jaarsveldt	01.53.18		Paul Roos #2
	4	100	JM	Jean-Marc	De Beer	02.05.00		Parel Vallie Lactic Acids
	5	108	JM	Xander	Van Dyk	02.07.02		
	6	102	JM	Jaydrian	Pietersen	02.11.32		
	7	105	JM	Juan	Rossouw	02.17.03		HTS Drostdy B
	8	106	JM	Gert	Beukes	02.18.41		
	9	109	JM	Alexander	Schulz	02.21.00		
	10	101	JM	Christiaan	Botha	02.22.49		Parel Vallie Lactic Acids
	11	114	JM	Morne	Immelman	02.23.09		
	12	110	JM	Tyron	Visser	02.27.30		Parel Vallie Nitros
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Master Women 48km	1	179	MW	Francis	Visser	02.46.38		
	2	182	MW	Mari	Kleynhans	02.55.43		
	3	183	MW	Lisa	Selley	03.14.28		
	4	180	MW	Helen	Erasmus	03.17.36		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Grand Master Men 48km	1	171	GM	Jimmy	Mills	02.12.54		
	2	174	GM	Guy	De Cafmeyer	02.14.26		
	3	173	GM	P A	Botha	02.24.39		
	4	178	GM	Erik	Knoetze	02.28.10		
	5	176	GM	Daniel	Whitfield	02.34.14		
	6	177	GM	Cobus	Slabbert	02.41.09		
	7	172	GM	Sakkie	Jansen Van Rensburg	02.42.50		
	8	175	GM	John	Rodger	03.31.36		



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Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Open 48km 48km	1	154	OM	Matthew	Russell	01.55.32		
	2	191	OM	Dean	Whitfield	02.15.11		
	3	187	OM	Rashid	Van Rhyn	02.15.12		
	4	185	OM	Nicola	Malvicini	02.32.58		
	5	184	OM	Daniel	Coetzer	02.33.47		
	6	193	OM	Franco	Immelmam	02.39.38		
	7	189	OM	Chris	Marx	02.39.39		
	8	186	OM	Angelo	Zanetti	02.42.37		
	9	192	OM	Hendrik	Rabie	02.46.41		
	10	194	OM	Emmanuelle	Livet	02.47.04		
	11	195	OM	Jean-Baptiste	Wiroth	02.47.05		
	12	196	OM	Fred	Coleske	02.49.05		
	13	199	OM	Jaco	Du Plessis	02.49.22		Stellenberg High #1
	14	197	OM	Esmari	De Wet	02.50.45		
	15	198	OM	Wynand	De Wet	02.51.23		
	16	203	OM	Fabrizio	Trentini	02.55.18		
	17	190	OM	Pieter	Grove	09.02.22		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Elite Women 65km	1	97	EW	Amy	Mcdougall	03.01.51		
	2	89	EW	Marzelle	Van Der Merwe	03.09.10		
	3	93	EW	Elrika	Harmzen-Pretorius	03.10.57		
	4	92	EW	Shauna	Esmeyer	03.12.13		
	5	611	EW	Lehane	Oosthuizen	03.12.55		
	6	95	EW	Karla	Stumpf	03.17.44		
	7	94	EW	Leone	Verster	03.22.51		
	8	90	EW	Julia	Marx	03.39.37		
	9	96	EW	Anzel	Brink	03.51.59		
	10	91	EW	Isabella	Wright	04.06.45		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Elite Men 65km 65km	1	4	EM	Tristan	Nortje	02.18.03		
	2	7	EM	Tristan	De Lange	02.23.32		
	3	2	EM	Marco	Joubert	02.23.33		
	4	5	EM	Rudi	Koen	02.23.34		
	5	11	EM	Franko	Van Zyl	02.32.01		
	6	6	EM	Thomas	Hudson	02.32.42		
	7	22	EM	Zander	Kruger	02.34.15		
	8	3	EM	Matthew	Keyser	02.34.39		
	9	17	EM	Nicholas	Lambrecht	02.34.55		
	10	8	EM	Heinie	Beukes	02.35.08		
	11	24	EM	Eben	Baasden	02.35.43		HTS Drostdy A
	12	21	EM	Bruce	Anderson	02.35.47		
	13	20	EM	Zander	Du Preez	02.44.19		
	14	9	EM	Alexander	Ham	02.51.18		



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	15	14	EM	Sabro	Atakligan	02.53.18		
	16	25	EM	Jean-Pierre	Lloyd	02.53.37		
	17	13	EM	Damon	Terblanche	03.12.23		
	18	12	EM	Wayden	Koopman	03.26.07		
	--	16	EM	Freddie	Visser	02.49.29	DNF	
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Sub Vet Men 65km	1	32	SV	Dominic	Calitz	02.32.50		
	2	38	SV	Craig	Boyes	02.35.43		
	3	36	SV	Renay	Groustra	02.42.47		
	4	27	SV	Donovan	Le Cok	02.44.16		
	5	35	SV	Marthinus	Esmeyer	02.49.40		
	6	39	SV	Robert	Du Preez	02.52.22		
	7	37	SV	Michael	Posthumus	02.52.57		
	8	29	SV	Petrus	Malherbe	02.57.17		
	9	40	SV	Seraj	Abrahams	02.58.57		
	10	33	SV	Jacobus	Maree	03.25.40		
	11	41	SV	Herman	Kleinhans	03.26.36		
	12	30	SV	Hurley	Julies	04.02.22		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Veteran Women 65km	1	609	VW	Tandi	Kitching	03.10.58		
	2	601	VW	Tessa	Keers	03.12.16		
	3	610	VW	Nikki	Biesheuvel	03.22.46		
	4	604	VW	Chantelle	Bosch	03.22.46		
	5	605	VW	Sune	Henning	03.28.27		
	6	606	VW	Inge	Du Toit	04.47.45		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Veteran Men 65km	1	68	VM	Malcolm	Isaacs	02.42.21		
	2	66	VM	Ignus	Oosthuizen	02.49.29		
	3	60	VM	Andreas	Studer	02.49.30		
	4	65	VM	Robin	Harris	02.51.47		
	5	70	VM	Nic	White	02.52.48		
	6	46	VM	Hannes	Kotze	02.52.52		
	7	50	VM	Pieter	Rautenbach	02.55.55		
	8	67	VM	Callan	Sexton	02.56.35		
	9	54	VM	Jacques	Van Staden	03.04.43		
	10	53	VM	Neil	Zietsman	03.05.59		
	11	58	VM	Lance	Stephenson	03.06.16		
	12	63	VM	Michael	Potton	03.06.43		
	13	69	VM	Marcel	Van Der Poll	03.09.06		
	14	59	VM	Danie	Viljoen	03.10.29		
	15	51	VM	Wayne	Victor	03.17.56		
	16	61	VM	Craig	Blake	03.18.31		
	17	64	VM	Michael	Manefeldt	03.24.41		
	18	42	VM	Warrick	Stewart	03.35.43		



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	19	56	VM	Paulos	Sigonyela	03.44.15		
	20	62	VM	Wally	Van Rensburg	04.13.50		
	21	57	VM	Yaron	Truter	04.19.09		
	--	55	VM	Dale	Kennedy		DNF	
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Master Men 65km	1	78	MM	Johan	Labuschagne	02.41.31		
	2	79	MM	Fred	Buter	02.51.50		
	3	87	MM	Dawid	De Bruin	02.52.52		
	4	72	MM	Greg	Keers	03.06.48		
	5	75	MM	Andre	Visser	03.11.47		
	6	71	MM	Martin	Vos	03.13.49		
	7	84	MM	Arnold	Barnardo	03.14.03		
	8	85	MM	Grant	Higgo	03.37.42		
	9	80	MM	Michael	Reyneke	03.39.17		
	10	74	MM	Kevin	Jacobs	03.45.36		
Group	Pos All	No	Cat	First Name	Last Name	Time		Team
Open 65km 65km	1	613	OL	Hermias	Vollgraaff	02.42.54		
	2	81	OL	Karl	Lambrecht	02.59.01		
	3	15	OL	Eesaa	Harris	03.48.25		
	4	608	OL	Deirdre	Raats	03.58.56		