



## **WESTERN CAPE CYCLING ASSOCIATION (WCCA)**

Affiliated to Cycling South Africa (CSA)



# **WESTERN CAPE MOUNTAIN BIKING COLOURS CRITERIA** **XCM CHAMPIONSHIPS 2021**

## **GENERAL**

Good sportsmanship and conduct on and off the course will be a prerequisite for any athlete to be awarded provincial colours.

A cyclist can only be considered for provincial colours if he/she meet the following criteria.

1. Elite and Junior category cyclists must be in possession of a valid Cycling SA Racing Licence
2. All other categories beside Elite and Junior must be in possession of a valid Cycling SA Membership.
3. The cyclist Licence/Membership must state that he/she is affiliated to the Western Cape Province.
4. The cyclist must be a resident of South Africa or be in possession of a valid residence permit.

Only Age Categories that are recognised by Cycling SA will qualify for Western Cape Colours.

In the event that there is an objection to the inclusion or exclusion of a cyclist during the awarding of the provincial colours, a written objection is to be submitted, the final decision with regards to the awarding of provincial colours remains with the Western Cape Cycling EXCO.

## **QUALIFICATION THROUGH THE WESTERN CAPE XCM CHAMPIONSHIPS**

Number of riders that can qualify for colours:

Individuals finishing in the first (1st) place at the Western Cape Championship race will qualify for Western Cape colours in the event that the race has fewer than five (5) participants.

Individuals finishing in the first (1st) and second (2nd) place at the Western Cape Championship race will qualify for Western Cape colours in the event that the race has five (5) to nine (9) participants.

Individuals finishing in first (1st), second (2nd) or third (3rd) place at the Western Cape Championships will qualify for Western Cape colours in the event that the race has a minimum of ten (10) participants.

## **QUALIFICATION THROUGH THE SOUTH AFRICAN XCM CHAMPIONSHIPS**

Individuals finishing in first (1st), at the SA National XCM Championship race will qualify for Western Cape colours in the event that the race has fewer than five (5) participants.

Individuals finishing in first (1<sup>st</sup>) or second (2nd) place at the SA National XCM Championship race will qualify for Western Cape colours in the event that the race has fewer than ten (10) participants.

Individuals finishing in first (1st), second (2nd) or third (3rd) place at the SA National XCM Championship race will qualify for Western Cape colours in the event that the race has fewer than fifteen (15) participants.

Individuals finishing in first (1st), second (2nd) or third (3rd), fourth (4th) and fifth (5th) place at the SA National XCM Championship race will qualify for Western Cape colours only in the event that the race has a minimum of fifteen (15) participants.

Please note that the above does not apply to Nippers, Sprogs and Sub-Juniors as the SA XCM Championships is not an official championship for these 3 categories.

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## **The age categories and distances as per Cycling South Africa (CSA) rules are as follows:**

<b>Category codes</b>	<b>Boys/Men Code</b>	<b>Girls/Women code</b>	<b>Distances</b>	<b>Race</b>
Nipper Boys and Girls (8 -10)	NB	NG	11 – 25 km	Half Marathon Short
Sprog Boys and Girls (11-12)	SB	SG	11 – 25 km	Half Marathon Short
Sub Junior Boys and Girls (13-14)	JB	JG	11 – 35 km	Half Marathon Short
Youth Men and Women (15-16)	YM	YW	36 – 60km	Half Marathon Long
Junior Men and Women (17-18)	JM	JW	36 – 60km	Half Marathon Long
Elite Men and Women (19+)	EM	EW	61 – 80km	Full Marathon
Sub Vet Men and Women (30-39)	SV	SX	61 – 80km	Full Marathon
Veteran Men and Women (40-49)	VM	VW	61 – 80km	Full Marathon
Master Men (50-59)	MM		61 – 80km	Full Marathon
Master Women (50-59)		MW	36 – 60km	Half Marathon Long
Grand Master Men and Women (60+)	GM	GW	36 – 60km	Half Marathon Long

**The Western Cape XCM Championships 2021 category distances are as follows:**

1. Nippers and Sprogs - 17km
2. Sub-Juniors – 32km
3. Youth, Juniors, Master Women, Grand Master Women and Grand Master Men – 48km
4. Elite, Sub-Veteran Men and Women, Veteran Men and Women and Master Men – 65km

Please take note of the following:

- No rider under 19 may compete in the 65km race as per Cycling South Africa (CSA) rules.
- Parents may not ride with children U/10 (Nippers) and U/12 (Sprogs) under any circumstances.
- Transgressions may be reported to race officials on the day.
- Transgressions will result in the rider being disqualified from the race.