



WC XCO SERIES

Western Cape XCO Series - Round #5



Event: **Western Cape XCO # 5-2021**

Venue: **Hermanus Adventures - Hemel & Aarde Valley**

Date: **29 May 2021**

Group or Category	Pos in		Participants Details				Split Times								Final Results		
	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sports Class	1	1	969	SC	Iann	Coetzee	00:13.13	00:12.15							00:25.28	2	
	2	2	975	SC	Gerhard	Lamprecht	00:13.02	00:13.08							00:26.10	2	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Nipper Girls	1	1	656	NG	Leonè	Theron	00:13.53	00:13.56							00:27.49	2	
	2	2	652	NG	Vivienne	Dockter	00:16.00	00:15.43							00:31.43	2	
	3	3	654	NG	Lienka	De Jager	00:16.33	00:15.52							00:32.25	2	
	4	4	653	NG	Isabella	Stermin	00:16.30	00:16.48							00:33.18	2	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Nipper Boys	1	1	602	NB	Willem	Durandt	00:12.50	00:11.52	00:12.09						00:36.51	3	
	2	2	603	NB	Dylan	Van De Langenberg	00:13.11	00:12.51	00:13.16						00:39.18	3	
	3	3	611	NB	Tienie	Louw	00:13.35	00:12.59	00:13.31						00:40.05	3	
	4	4	607	NB	James	Bird	00:14.22	00:12.55	00:13.07						00:40.24	3	
	5	5	604	NB	Maximillian	Brown	00:13.27	00:13.48	00:14.22						00:41.37	3	
	6	6	613	NB	Nick	Barbrock	00:14.35	00:13.49	00:13.39						00:42.03	3	
	7	7	605	NB	Connor	Roebuck	00:14.48	00:14.41	00:14.43						00:44.12	3	
	8	8	610	NB	Daniel	Lutz	00:15.27	00:14.26	00:14.24						00:44.17	3	
	9	9	608	NB	Luan	Webb	00:15.09	00:15.14	00:15.02						00:45.25	3	
	10	10	616	NB	Christiaan	Botha	00:14.38	00:14.47	00:16.00						00:45.25	3	
	11	11	615	NB	Finn	Pearson	00:16.20	00:16.34	00:16.34						00:49.28	3	
	12	12	655	NB	Connor	Harman	00:16.14	00:16.14	00:17.53						00:50.21	3	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sprog Girls	1	1	552	SG	Lara	Van Der Vyver	00:12.21	00:11.55	00:11.57						00:36.13	3	
	2	2	553	SG	Liliana	Dockter	00:12.42	00:12.10	00:12.23						00:37.15	3	
	3	3	556	SG	Rebecca	Jacobs	00:12.37	00:12.55	00:12.34						00:38.06	3	
	4	4	554	SG	Catalina Rose	Lamers	00:14.06	00:13.35	00:15.36						00:43.17	3	
	5	5	555	SG	Emma	Swart	00:18.31	00:19.21							00:38.37	2	-1 Lap
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sprog Boys	1	1	501	SB	Camryn	Marais	00:10.21	00:10.01	00:10.19	00:09.38					00:40.19	4	
	2	2	502	SB	Lincoln	Zietsman	00:10.20	00:10.02	00:10.20	00:10.00					00:40.42	4	
	3	3	503	SB	Tristan	Mc Given	00:11.07	00:11.07	00:11.27	00:11.07					00:44.48	4	
	4	4	506	SB	Luke	Schonegevel	00:11.49	00:11.13	00:11.25	00:11.40					00:46.07	4	
	5	5	504	SB	Henri	Coetzee	00:12.02	00:11.23	00:11.51	00:11.29					00:46.45	4	
	6	6	520	SB	Nick	Van Zyl	00:11.45	00:11.37	00:11.52	00:11.33					00:46.47	4	
	7	7	511	SB	Konrad	Kotze	00:12.22	00:11.08	00:11.57	00:11.24					00:46.51	4	
	8	8	505	SB	Reece	Meyer	00:11.52	00:11.32	00:12.02	00:11.36					00:47.02	4	
	9	9	512	SB	Matthew	Ratcliffe	00:12.19	00:11.37	00:11.32	00:11.36					00:47.04	4	
	10	10	514	SB	Daniël	Steyn	00:12.14	00:11.43	00:12.12	00:12.11					00:48.20	4	
	11	11	513	SB	Erik	Van Zyl	00:12.16	00:11.56	00:12.24	00:12.45					00:49.21	4	
	12	12	521	SB	Thomas	Henn	00:12.41	00:12.42	00:12.28	00:11.56					00:49.47	4	
	13	13	507	SB	Gabriel	Burke	00:12.25	00:12.24	00:12.23	00:12.46					00:49.58	4	
	14	14	517	SB	Michael	Oberholzer	00:12.40	00:12.24	00:12.40	00:12.45					00:50.29	4	
	15	15	515	SB	Janko	Webb	00:12.38	00:12.49	00:13.22	00:12.20					00:51.09	4	
	16	16	508	SB	Lian	De Jager	00:13.16	00:12.18	00:13.05	00:12.32					00:51.11	4	
	17	17	522	SB	Ruben	Kleynscheldt	00:13.04	00:12.46	00:13.54	00:14.51					00:54.35	4	
	18	18	519	SB	Jonathan	Dunkley	00:13.46	00:13.32	00:13.38						00:40.56	3	-1 Lap
	19	19	516	SB	Sebastian	Lowe	00:13.47	00:13.32	00:13.45						00:41.04	3	-1 Lap
	20	20	523	SB	Nicholas	Delplanque	00:14.36	00:14.37	00:15.06						00:44.19	3	-1 Lap
	--	--	524	SB	Gerhard	Kruger	00:15.49	00:17.28							00:33.17	2	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sub Jun Girls	1	1	454	JG	Nadia	Van Wyk	00:15.31	00:15.51	00:15.54						00:47.16	3	
	2	2	461	JG	Mianette	Theron	00:15.33	00:15.59	00:15.59						00:47.31	3	
	3	3	453	JG	Nikalau	Volsteedt	00:16.14	00:16.28	00:16.03						00:48.45	3	
	4	4	452	JG	Chloe	Chesterton	00:15.56	00:16.48	00:16.11						00:48.55	3	
	5	5	455	JG	Eryn	Marais	00:15.59	00:16.57	00:16.18						00:49.14	3	
	6	6	457	JG	Kelly	Mall	00:16.29	00:16.42	00:16.33						00:49.44	3	
	7	7	463	JG	Hannie	Vreken	00:17.47	00:17.57	00:18.29						00:54.13	3	
	8	8	458	JG	Miane	Van Jaarsveldt	00:17.56	00:18.31	00:18.20						00:54.47	3	
	--	--	460	JG	Isabel	Lutz	00:16.48								00:16.48	1	DSQ
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sub Jun Boys	1	1	402	JB	Jeandre	Ungerer	00:12.53	00:12.31	00:13.05	00:11.58					00:50.27	4	
	2	2	403	JB	Robert	Nieuwenhuizen	00:12.51	00:12.34	00:13.05	00:12.25					00:50.55	4	
	3	3	413	JB	Juan	Van Zyl	00:13.10	00:12.47	00:13.10	00:13.44					00:52.51	4	
	4	4	404	JB	Neil	Van Der Vyver	00:13.05	00:12.44	00:13.16	00:13.57					00:53.02	4	
	5	5	412	JB	Samuel	Cleary	00:13.07	00:14.04	00:12.56	00:12.58					00:53.05	4	
	6	6	411	JB	Jaco	Van Zyl	00:13.26	00:13.33	00:13.20	00:13.35					00:53.54	4	
	7	7	415	JB	Reek	Roos	00:14.06	00:13.37	00:13.43	00:13.23					00:54.49	4	
	8	8	409	JB	Luca	Zietsman	00:13.39	00:13.52	00:13.57	00:13.28					00:54.56	4	
	9	9	408	JB	Liam	Henning	00:13.33	00:13.18	00:13.46	00:14.48					00:55.25	4	
	10	10	410	JB	Morgan	Jones	00:13.40	00:14.07	00:14.25	00:14.20					00:56.32	4	
	11	11	414	JB	Luca	Wiese	00:14.56	00:14.02	00:14.04	00:13.41					00:56.43	4	
	12	12	420	JB	P G	Groenewald	00:14.26	00:14.10	00:14.16	00:13.52					00:56.44	4	
	13	13	417	JB	Alexander	Jonker	00:14.24	00:14.11	00:14.16	00:15.58					00:58.49	4	
	14	14	434	JB	Likho	Mayekiso	00:14.07	00:14.18	00:15.18	00:15.20					00:59.03	4	
	15	15	423	JB	Van Zyl	Steyn	00:15.02	00:14.57	00:14.58	00:14.52					00:59.49	4	
	16	16	418	JB	Connor	Kitching	00:14.28	00:15.10	00:16.05	00:14.58					01:00.41	4	
	17	17	433	JB	Aidan	Redmond	00:15.22	00:16.07	00:15.40	00:15.01					01:02.10	4	
	18	18	431	JB	Jaco	De Wet	00:15.05	00:15.43	00:15.47	00:15.37					01:02.12	4	



WC XCO SERIES

Western Cape XCO Series - Round #5



Event: **Western Cape XCO # 5-2021**

Venue: **Hermanus Adventures - Hemel & Aarde Valley**

Date: **29 May 2021**

Group or Category	Pos in		Participants Details				Split Times								Final Results		
	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sub Jun Boys	19	19	432	JB	Christiaan	Davel	00:16.06	00:15.32	00:15.41	00:16.11					01:03.30	4	
	20	20	437	JB	Evan	Lategan	00:16.08	00:15.25	00:16.01	00:16.51					01:04.25	4	
	21	21	435	JB	James	Adendorff	00:16.10	00:16.01	00:16.54	00:16.29					01:05.34	4	
	22	22	430	JB	Reagan	Bristow-Gomes	00:15.59	00:16.54	00:16.41	00:16.36					01:06.10	4	
	23	23	425	JB	Ruan	Nel	00:16.15	00:16.37	00:16.53	00:18.14					01:07.59	4	
	24	24	419	JB	Matthew	Hudson	00:16.20	00:16.31	00:17.44						00:50.35	3	-1 Lap
	25	25	436	JB	Mivuyo	Mndini	00:17.05	00:17.25	00:18.09						00:52.39	3	-1 Lap
	26	26	426	JB	Daniel	Franken	00:18.11	00:18.21	00:18.32						00:55.04	3	-1 Lap
	27	27	427	JB	Joshua	Ord	00:17.22	00:20.17	00:20.30						00:58.09	3	-1 Lap
--	--	428	JB	Ross	Carelse	00:19.35								00:19.35	1	DNF	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Youth Women	1	1	353	YW	Angeliq	Coetzer	00:14.40	00:14.00	00:14.33	00:14.27					00:57.40	4	
	2	2	355	YW	Olivia	Penfold	00:14.38	00:14.48	00:15.11	00:15.33					01:00.10	4	
	3	3	356	YW	Anya	Du Plessis	00:15.40	00:14.37	00:17.41	00:15.14					01:03.12	4	
	4	4	357	YW	Jana	Visser	00:15.52	00:16.49	00:16.22	00:17.12					01:06.15	4	
	5	5	359	YW	Linel	Kruger	00:16.33	00:16.24	00:16.55	00:16.55					01:06.47	4	
	6	6	360	YW	Milani	Dingani	00:18.55	00:17.23	00:18.14	00:19.27					01:13.59	4	
	7	7	363	YW	Emogene	Prinsloo	00:17.49	00:18.33	00:18.24	00:27.25					01:22.11	4	
	--	--	361	YW	Jenna	Pereira											DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Youth Men	1	1	317	YM	Luke	Kavanagh	00:11.58	00:11.49	00:11.49	00:11.36	00:11.35				00:58.47	5	
	2	2	301	YM	Alec	Coleské	00:11.54	00:11.52	00:11.43	00:11.44	00:11.35				00:58.48	5	
	3	3	304	YM	Lood	Goosen	00:12.29	00:12.30	00:12.38	00:12.30	00:11.54				01:02.01	5	
	4	4	309	YM	Jaydan	Durandt	00:12.30	00:12.28	00:12.40	00:12.29	00:12.05				01:02.12	5	
	5	5	318	YM	Streicher	Swart	00:12.32	00:12.28	00:12.39	00:12.29	00:12.20				01:02.28	5	
	6	6	312	YM	Greg	Lawson	00:13.09	00:12.59	00:13.04	00:13.21	00:12.42				01:05.15	5	
	7	7	306	YM	Jean	Surridge	00:13.27	00:12.56	00:12.46	00:13.09	00:13.07				01:05.25	5	
	8	8	313	YM	M J	Visagie	00:13.28	00:12.56	00:12.56	00:13.08	00:13.09				01:05.37	5	
	9	9	329	YM	Christian	Van Zyl	00:13.25	00:13.05	00:13.10	00:13.01	00:13.12				01:05.53	5	
	10	10	305	YM	Tiaan	Steenkamp	00:13.37	00:13.08	00:13.07	00:13.03	00:13.30				01:06.25	5	
	11	11	303	YM	Rupert	Taljaard	00:13.29	00:12.42	00:13.34	00:13.32	00:13.22				01:06.39	5	
	12	12	314	YM	Thomas	Dunkley	00:13.30	00:12.43	00:13.34	00:14.00	00:13.26				01:07.13	5	
	13	13	324	YM	Amila	Mntuyedwa	00:13.34	00:13.14	00:13.36	00:13.29	00:13.28				01:07.21	5	
	14	14	310	YM	Seth	Barton	00:13.24	00:13.20	00:13.44	00:13.45	00:13.37				01:07.50	5	
	15	15	319	YM	Ruan	Badenhorst	00:13.27	00:13.03	00:13.47	00:13.59	00:14.32				01:08.48	5	
	16	16	316	YM	Luke	Caetano	00:13.44	00:13.16	00:13.42	00:13.30	00:14.48				01:09.00	5	
	17	17	315	YM	Devan	Van Zyl	00:14.24	00:14.10	00:14.15	00:14.31	00:14.41				01:12.01	5	
	18	18	330	YM	Tristan	Swart	00:13.31	00:14.00	00:15.13	00:15.35	00:14.01				01:12.20	5	
	19	19	328	YM	Sebastian	Swart	00:14.41	00:14.36	00:14.43	00:14.43	00:14.10				01:12.53	5	
	20	20	320	YM	Ross	Swanevelder	00:14.28	00:14.04	00:15.05	00:15.06	00:14.18				01:13.01	5	
	21	21	326	YM	John	Dunn	00:13.47	00:13.58	00:14.38	00:15.16	00:15.24				01:13.03	5	
	22	22	321	YM	Zander	Compion	00:14.17	00:13.18	00:13.56	00:15.15	00:16.48				01:13.34	5	
	23	23	331	YM	Jacques	Jordaan	00:19.03	00:13.00	00:13.30	00:13.15					00:58.48	4	-1 Lap
	24	24	336	YM	Lakhanya	Skhobongwane	00:14.41	00:14.47	00:14.33	00:15.00					00:59.01	4	-1 Lap
	25	25	333	YM	Liyema	Madolo	00:15.12	00:15.22	00:16.25	00:15.49					01:02.48	4	-1 Lap
	26	26	327	YM	Onesimo	Ndzonyana	00:15.28	00:16.26	00:15.49	00:15.07					01:02.50	4	-1 Lap
	--	--	302	YM	Hendre	De Villiers	00:12.40	00:13.01	00:12.53	00:12.37					00:51.11	4	DNF
	--	--	337	YM	Christian	Mocke	00:14.57	00:14.48	00:15.52						00:45.37	3	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Junior Women	1	1	271	JW	Kayleigh	Scholtz	00:15.52	00:15.44	00:15.27	00:15.49	00:15.15				01:18.07	5	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Junior Men	1	1	204	JM	Aidan	Penfold	00:11.54	00:11.49	00:11.23	00:11.36	00:11.54	00:11.34			01:10.10	6	
	2	2	202	JM	Luca	Ruwiel	00:11.56	00:11.48	00:11.22	00:11.36	00:11.54	00:11.36			01:10.12	6	
	3	3	205	JM	Justin	Chesterton	00:11.57	00:11.48	00:11.46	00:11.53	00:12.20	00:12.30			01:12.14	6	
	4	4	209	JM	Xander	Van Dyk	00:12.36	00:12.06	00:11.57	00:12.09	00:12.11	00:12.18			01:13.17	6	
	5	5	206	JM	Jonatan	Van Jaarsveldt	00:12.24	00:12.17	00:11.59	00:12.09	00:12.16	00:12.15			01:13.20	6	
	6	6	208	JM	Marco	Matthysen	00:12.10	00:12.32	00:12.21	00:12.40	00:12.31	00:13.06			01:15.20	6	
	7	7	207	JM	Luke	Hayward	00:12.21	00:12.21	00:13.06	00:12.57	00:12.57	00:12.40			01:16.22	6	
	8	8	214	JM	Stewart	Francomb	00:12.53	00:13.07	00:13.20	00:13.09	00:13.14	00:13.10			01:18.53	6	
	9	9	222	JM	Jean-Marc	De Beer	00:13.00	00:12.59	00:13.20	00:13.35	00:13.43	00:13.47			01:20.24	6	
	10	10	220	JM	Jean	Joubert	00:14.14	00:14.06	00:14.28	00:15.02	00:15.00				01:12.50	5	-1 Lap
	11	11	217	JM	Zizo	Tshingane	00:15.29	00:12.46	00:17.27	00:13.52	00:13.48				01:13.22	5	-1 Lap
	12	12	211	JM	Andre	Kotze	00:14.36	00:14.39	00:14.45	00:15.02	00:15.11				01:14.13	5	-1 Lap
	13	13	219	JM	Keanu	Kruger	00:14.10	00:14.39	00:15.10	00:18.22	00:17.13				01:19.34	5	-1 Lap
	14	14	213	JM	Matthew	Berry	00:16.00	00:16.41	00:17.14	00:16.39	00:16.09				01:22.43	5	-1 Lap
	--	--	212	JM	Roelf	Van Der Merwe	00:14.16	00:15.26							00:29.42	2	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Elite Women	1	1	102	EW	Janice	Venter	00:14.07	00:13.30	00:13.55	00:13.59	00:13.43	00:13.49	00:13.53		01:36.56	7	
	2	2	105	EW	Monique	Du Toit	00:14.07	00:13.29	00:13.58	00:13.59	00:13.46	00:13.59	00:13.56		01:37.14	7	
	3	3	103	EW	Lehane	Oosthuizen	00:14.23	00:14.05	00:14.23	00:14.25	00:14.49	00:14.39	00:14.29		01:41.13	7	
	4	4	104	EW	Marzelle	Van Der Merwe	00:14.25	00:14.19	00:14.43	00:14.43	00:14.54	00:14.48	00:15.14		01:43.06	7	
	5	5	108	EW	Tyla	Setzkorn	00:14.38	00:14.41	00:14.50	00:15.00	00:15.16						



WC XCO SERIES

Western Cape XCO Series - Round #5



Event: **Western Cape XCO # 5-2021**

Venue: **Hermanus Adventures - Hemel & Aarde Valley**

Date: **29 May 2021**

Group or Category	Pos in		Participants Details				Split Times								Final Results		
	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Elite Men	4	4	9	EM	Eben	Baasden	00:11.37	00:11.26	00:11.15	00:11.38	00:11.49	00:11.45	00:11.35	00:11.11	01:32.16	8	
	5	5	12	EM	Jamie	Penfold	00:11.36	00:11.23	00:11.21	00:11.33	00:11.51	00:11.45	00:11.36	00:11.36	01:32.41	8	
	6	6	8	EM	Thomas	Hudson	00:11.34	00:11.27	00:11.21	00:11.33	00:11.49	00:11.45	00:11.45	00:12.54	01:34.08	8	
	7	7	14	EM	Heinie	Beukes	00:12.08	00:12.05	00:12.04	00:12.02	00:12.18	00:12.05	00:12.26	00:12.03	01:37.11	8	
	8	8	7	EM	Bruce	Anderson	00:11.49	00:12.02	00:12.04	00:12.06	00:12.14	00:12.48	00:13.18	00:13.40	01:40.01	8	
	9	9	17	EM	Joshua	Louw	00:11.49	00:12.25	00:12.41	00:12.36	00:13.07	00:12.35	00:13.10		01:28.23	7	-1 Lap
	10	10	18	EM	Alexander	Ham	00:12.10	00:12.28	00:12.49	00:12.57	00:13.03	00:13.11	00:13.52		01:30.30	7	-1 Lap
	11	11	11	EM	Sabro	Atakligan	00:12.44	00:13.02	00:12.54	00:13.07	00:13.30	00:13.26	00:13.32		01:32.15	7	-1 Lap
	--	--	4	EM	Nicol	Carstens	00:11.29	00:11.31	00:12.32						00:35.32	3	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Master Women 30+	1	1	753	MW	Ingrid	Youell	00:16.34	00:16.35	00:16.43	00:16.32					01:06.24	4	
	2	2	757	MW	Kris	Le Cok	00:18.27	00:17.38	00:17.56	00:17.27					01:11.28	4	
	3	3	754	MW	Kateryna	Tertienko	00:17.52	00:18.08	00:17.54	00:18.23					01:12.17	4	
	4	4	752	MW	Shirley	Craib	00:18.19	00:18.20	00:18.47	00:18.24					01:13.50	4	
	--	--	756	MW	Megan	Lloyd	00:17.48	00:15.18	00:17.13	00:22.42					01:13.01	4	DSQ
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Sub Vet Men	1	1	739	SV	Dominic	Calitz	00:11.51	00:11.10	00:11.21	00:11.25	00:11.28	00:11.40			01:08.55	6	
	2	2	734	SV	Renay	Groustra	00:11.50	00:11.30	00:11.42	00:11.45	00:11.46	00:11.42			01:10.15	6	
	3	3	733	SV	Donovan	Le Cok	00:12.47	00:12.13	00:12.25	00:12.24	00:12.34	00:13.14			01:15.37	6	
	4	4	737	SV	Petrus	Malherbe	00:12.50	00:12.33	00:12.33	00:12.40	00:12.38	00:12.29			01:15.43	6	
	5	5	738	SV	Ashley	Oldfield	00:13.07	00:12.48	00:12.32	00:12.40	00:12.44	00:12.49			01:16.40	6	
	6	6	736	SV	Jean	De Villiers	00:13.30	00:13.27	00:13.12	00:13.10	00:13.06	00:13.17			01:19.42	6	
	7	7	903	SV	Timothy	Hoek	00:13.50	00:13.06	00:13.13	00:13.09	00:13.11	00:13.32			01:20.01	6	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Veteran Men	1	1	722	VM	Malcolm	Isaacs	00:12.49	00:12.06	00:12.30	00:12.25	00:12.33				01:02.23	5	
	2	2	717	VM	Franso	Steyn	00:13.01	00:12.44	00:12.36	00:12.48	00:12.35				01:03.44	5	
	3	3	730	VM	Robin	Harris	00:13.28	00:13.28	00:13.29	00:13.29	00:12.52				01:06.46	5	
	4	4	719	VM	Jody	Moult	00:13.57	00:12.59	00:13.13	00:13.20	00:13.20				01:06.49	5	
	5	5	718	VM	Pieter	Rautenbach	00:14.01	00:13.22	00:13.29	00:13.14	00:13.23				01:07.29	5	
	6	6	727	VM	Andeon	Louw	00:14.03	00:13.31	00:13.32	00:13.39	00:13.36				01:08.21	5	
	7	7	720	VM	Wayne	Victor	00:14.41	00:14.16	00:14.29	00:14.45	00:14.40				01:12.51	5	
	8	8	726	VM	Gernot	Lieberttritt	00:14.39	00:14.49	00:14.53	00:15.08	00:15.25				01:14.54	5	
	9	9	732	VM	Heinrich	Van Rooyen	00:15.47	00:15.02	00:14.59	00:17.50	00:17.06				01:20.44	5	
	10	10	721	VM	Timothy	Blegenhout	00:15.22	00:15.50	00:16.21	00:15.58					01:03.31	4	-1 Lap
	11	11	731	VM	Leon	Kotze	00:16.26	00:16.23	00:16.57	00:17.05					01:06.51	4	-1 Lap
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Master Men	1	1	708	MM	Arnold	Barnardo	00:14.13	00:14.07	00:14.01	00:13.48					00:56.09	4	
	2	2	709	MM	Andre	Visser	00:14.42	00:14.15	00:13.50	00:14.06					00:56.53	4	
	3	3	712	MM	Johan	Malan	00:14.36	00:14.20	00:14.47	00:14.29					00:58.12	4	
	4	4	714	MM	Marc	Ruwiel	00:15.13	00:15.08	00:14.53	00:14.48					01:00.02	4	
	5	5	713	MM	Nico	Vreken	00:15.31	00:14.50	00:14.56	00:14.56					01:00.13	4	
	6	6	710	MM	Allister	Arenson	00:15.29	00:15.04	00:15.21	00:15.37					01:01.31	4	
	7	7	711	MM	Jan	Odendaal	00:15.51	00:15.40	00:15.31	00:15.50					01:02.52	4	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Laps	Status
Gr Master Men	1	1	702	GM	Jimmy	Mills	00:14.54	00:14.21	00:13.56						00:43.11	3	
	2	2	704	GM	Guy	Lanfear	00:15.50	00:14.58	00:14.42						00:45.30	3	
	3	3	703	GM	Erik	Knoetze	00:16.57	00:15.51	00:15.29						00:48.17	3	
	4	4	705	GM	Petie	Viljoen	00:18.09	00:17.23	00:17.16						00:52.48	3	
	5	5	707	GM	P A	Botha	00:18.38	00:17.21	00:17.55						00:53.54	3	