



WC XCO SERIES

Western Cape XCO Series - Round #5



Event: **Western Cape XCO # 5-2021**

Venue: **SA Forest Adventures - Hemel & Aarde Valley**

Date: **29 May 2021**

Friday 28 May 2021

14:00 - 17:00	Registration and Number collection only No late entries	Riders must have CSA Membership or UCI Licence to earn Ranking Points for Seeding, Series Points & Colours
14:00 - 17:00	XCO Official Practise: When course open	Bike Number Boards required
17:00 - 17:30	Riders & Team Managers Briefing	Briefing by email or posted online www.great-time.co.za
17:00 - 17:30	Final Start Lists posted for inspection	Riders - Team Managers to check Start Lists Online

Saturday 29 May 2021

07:00 - 08:00	Registration and Number collection only	No late entry
07:15 - 08:00	Practise lap	Bike Number Boards required
07:00 - 13:00	Final Start Lists available to check	Check start lists by 1 hour before own start
From 08:00	XCO Racing: as per schedule below	See Start Times below - No XCO practise
09:00 - 17:00	Awards Ceremonies: Completed categories	Podiums held directly after the Top 3 finish

08:00 Cross Country Race Schedule 29 May 21							200		Winning Time		Important Rules & Notes!
Start	±End	Grp	Category Name	Laps	No. Range	Color	Qty	Grp	Min	Max	
08:00	08:30	SC	Sports Class	2	801 - 820	Grey			00:20	00:30	Age Categories must have a current CyclingSA Membership Start Times & Laps are subject to change Final Start Times & Laps set by course lap times; check your start and seeding at registration Be at the race venue at least one hour before your race start time Podiums: Top 3 per Category will be held directly after they complete their race
08:45	09:40	SB	Sprogs Boys	4	501 - 550	Green			00:40	00:55	
08:45	09:40	SG	Sprogs Girls	3	551 - 565	Yellow			00:40	00:55	
08:47	09:27	NB	Nippers Boys	3	601 - 630	Blue			00:25	00:40	
08:47	09:27	NG	Nippers Girls	2	671 - 675	Pink			00:25	00:40	
10:00	11:15	YM	Youth Men	5	301 - 350	Yellow			01:00	01:15	
10:02	11:12	JB	Sub Jun Boys	4	401 - 450	Blue			00:55	01:10	
11:30	13:10	EW	Elite Wom 19+	7	101 - 120	Yellow			01:20	01:40	
11:32	12:47	JW	Junior Women	5	271 - 285	Blue			01:00	01:15	
11:34	12:49	YW	Youth Women	4	351 - 380	Green			01:00	01:15	
11:36	12:46	JG	Sub Jun Girls	3	451 - 475	Pink			00:55	01:10	
11:38	13:08	MW	Master Wom 30+	4	751 - 775	Beige			01:15	01:30	
13:30	15:00	SV	Sub Vet Men 30 - 39	6	701 - 750	Yellow			01:15	01:30	
13:30	15:00	VM	Veteran Men 40 - 49	5	701 - 750	Yellow			01:15	01:30	
13:30	15:00	MM	Master Men 50 - 59	4	701 - 750	Yellow			01:15	01:30	
13:30	15:00	GM	Gr Master Men 60+	3	701 - 750	Yellow			01:15	01:30	
15:00	16:40	EM	Elite Men 19+	8	1 - 50	Yellow			01:20	01:40	
15:02	16:17	JM	Junior Men	6	201 - 250	Blue			01:00	01:15	