



Western Cape XCO # 4-2021



WC XCO SERIES

Hoogekraal

08 May 2021

Group or Category	Pos in		Participants Details				Split Times							Final Results		
	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Status
Sports Class	1	1	803	SC	Philip	Van Schalkwyk	00:05.49	00:06.38						00:12.27	2	
	2	2	815	SC	Jacques	Badenhorst	00:08.24	00:10.20						00:18.44	2	
	3	3	808	SC	Marius	Nel	00:09.36	00:11.00						00:20.36	2	
	4	4	853	SC	Joshua	Rhode	00:09.34	00:11.26						00:21.00	2	
	5	5	805	SC	Johann	Knobel	00:10.02	00:11.45						00:21.47	2	
	6	6	852	SC	Marno	Esterhuizen	00:10.10	00:12.09						00:22.19	2	
	7	7	851	SC	Marius	Burger	00:10.09	00:12.18						00:22.27	2	
	8	8	901	SC	Ruhann	Slabber	00:10.40	00:13.08						00:23.48	2	
	9	9	903	SC	Emilia	Langenegger	00:11.28	00:12.44						00:24.12	2	
	10	10	952	SC	Thomas	Blatherwick	00:11.21	00:13.51						00:25.12	2	
	11	11	806	SC	Jemma	Pope	00:13.52	00:16.17						00:30.09	2	
	12	12	809	SC	Jacob	Langenegger	00:14.48							00:14.48	1	-1 Lap
	13	13	807	SC	Peter	Marais	00:14.50							00:14.50	1	-1 Lap
	14	14	954	SC	Sharyn	Marais	00:14.51							00:14.51	1	-1 Lap
	15	15	959	SC	Zander	Keizer	00:15.55							00:15.55	1	-1 Lap
	16	16	609	SC	William	Stevens	00:20.38							00:20.38	1	-1 Lap
	17	17	656	SC	Olivia	Stevens	00:21.34							00:21.34	1	-1 Lap
	18	18	804	SC	Juan	Smit	00:29.50							00:29.50	1	-1 Lap
	--	--	904	SC	Marius	Visagie	00:12.25							00:12.25	1	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Nipper Boys	1	1	604	NB	Willem	Durandt	00:09.40	00:10.53	00:10.42					00:31.15	3	
	2	2	603	NB	Dylan	Van De Langenberg	00:09.40	00:10.51	00:11.19					00:31.50	3	
	3	3	615	NB	Nick	Barbrock	00:10.03	00:11.25	00:11.00					00:32.28	3	
	4	4	602	NB	Tienie	Louw	00:10.55	00:10.44	00:10.52					00:32.31	3	
	5	5	614	NB	James	Bird	00:10.52	00:11.42	00:12.02					00:34.36	3	
	6	6	605	NB	Maximillian	Brown	00:10.02	00:12.21	00:12.22					00:34.45	3	
	7	7	617	NB	Christiaan	Botha	00:11.01	00:12.43	00:12.50					00:36.34	3	
	8	8	616	NB	Luan	Webb	00:11.02	00:12.52	00:12.44					00:36.38	3	
	9	9	607	NB	Connor	Roebuck	00:10.59	00:12.50	00:13.28					00:37.17	3	
	10	10	608	NB	Jacobus	Burger	00:11.39	00:12.56	00:13.34					00:38.09	3	
	11	11	613	NB	Daniel	Pichon	00:11.32	00:13.17	00:13.33					00:38.22	3	
	12	12	612	NB	Daniel	Lutz	00:11.09	00:12.51	00:16.09					00:40.09	3	
	13	13	611	NB	Divan	Meyers	00:12.18	00:14.48	00:15.00					00:42.06	3	
	14	14	610	NB	Jack	White	00:12.30	00:14.41	00:15.06					00:42.17	3	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Nipper Girls	1	1	652	NG	Vivienne	Dockter	00:11.07	00:13.05						00:24.12	2	
	2	2	654	NG	Lienka	De Jager	00:11.41	00:13.36						00:25.17	2	
	3	3	653	NG	Isabella	Stermin	00:11.43	00:13.41						00:25.24	2	
	4	4	655	NG	Leila	Van Den Bergh	00:20.39	00:22.55						00:43.34	2	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Sprog Boys	1	1	501	SB	Camryn	Marais	00:07.46	00:08.55	00:09.23	00:08.42				00:34.46	4	
	2	2	502	SB	Lincoln	Zietsman	00:07.45	00:08.57	00:09.20	00:08.44				00:34.46	4	
	3	3	503	SB	Tristan	Mc Given	00:07.58	00:09.41	00:09.58	00:09.57				00:37.34	4	
	4	4	505	SB	Henri	Coetzee	00:09.04	00:09.59	00:10.04	00:10.20				00:39.27	4	
	5	5	525	SB	Konrad	Kotze	00:09.09	00:09.53	00:10.16	00:10.29				00:39.47	4	
	6	6	506	SB	Luke	Schonegevel	00:09.11	00:10.23	00:10.41	00:10.33				00:40.48	4	
	7	7	508	SB	Gabriel	Burke	00:09.05	00:10.47	00:10.47	00:10.20				00:40.59	4	
	8	8	527	SB	Reece	Meyer	00:09.06	00:10.27	00:11.02	00:10.30				00:41.05	4	
	9	9	515	SB	Erik	Van Zyl	00:09.25	00:10.50	00:11.00	00:10.46				00:42.01	4	
	10	10	521	SB	Daniel	Steyn	00:09.23	00:10.49	00:11.01	00:10.49				00:42.02	4	
	11	11	522	SB	Ryan	Viviers	00:09.31	00:10.57	00:11.14	00:11.05				00:42.47	4	
	12	12	516	SB	Janko	Webb	00:09.28	00:10.49	00:11.30	00:11.19				00:43.06	4	
	13	13	523	SB	Sebastian	Lowe	00:09.41	00:10.48	00:11.23	00:11.26				00:43.18	4	
	14	14	509	SB	Lian	De Jager	00:09.26	00:11.05	00:11.17	00:11.30				00:43.18	4	
	15	15	520	SB	Michael	Oberholzer	00:09.30	00:11.05	00:11.19	00:11.42				00:43.36	4	
	16	16	510	SB	Ruben	Kleynscheldt	00:10.13	00:11.41	00:11.30	00:12.46				00:46.10	4	
	17	17	512	SB	Jonathan	Dunkley	00:10.16	00:11.49	00:12.24	00:12.03				00:46.32	4	
	18	18	513	SB	Adriaan	De Goede	00:10.48	00:11.49	00:12.01	00:12.56				00:47.34	4	
	19	19	524	SB	Luan	Van Zyl Smit	00:10.49	00:12.09	00:11.56					00:34.54	3	-1 Lap
	20	20	511	SB	Christof	Franken	00:10.04	00:12.25	00:12.46					00:35.15	3	-1 Lap
	21	21	528	SB	Jan-Lukas	Van Der Westhuizen	00:13.05	00:17.32	00:16.40					00:47.17	3	-1 Lap
	--	--	518	SB	Haybre	Marais	00:11.53							00:11.53	1	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Sprog Girls	1	1	552	SG	Lara	Van Der Vyver	00:09.08	00:10.10	00:10.22					00:29.40	3	
	2	2	553	SG	Liliana	Dockter	00:09.40	00:11.21	00:10.49					00:31.50	3	
	3	3	554	SG	Catalina Rose	Lamers	00:09.52	00:11.07	00:11.47					00:32.46	3	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Sub Jun Boys	1	1	402	JB	Jeandre	Ungerer	00:13.45	00:15.04	00:14.30					00:43.19	3	
	2	2	403	JB	Robert	Nieuwenhuizen	00:13.43	00:15.07	00:14.47					00:43.37	3	
	3	3	404	JB	Neil	Van Der Vyver	00:13.44	00:15.07	00:14.54					00:43.45	3	
	4	4	412	JB	Jaco	Van Zyl	00:14.00	00:15.14	00:14.52					00:44.06	3	
	5	5	411	JB	Juan	Van Zyl	00:14.00	00:15.12	00:14.56					00:44.08	3	
	6	6	409	JB	Luca	Zietsman	00:13.57	00:15.18	00:15.22					00:44.37	3	
	7	7	408	JB	Francois	Coetzee	00:14.12	00:16.07	00:15.31					00:45.50	3	
	8	8	410	JB	Morgan	Jones	00:14.12	00:15.43	00:15.58					00:45.53	3	
	9	9	414	JB	Reek	Roos	00:14.46	00:16.16	00:16.19					00:47.21	3	



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	10	10	413	JB	Luca	Wiese	00:14.56	00:16.24	00:16.14					00:47.34	3	
	11	11	417	JB	Connor	Kitching	00:14.54	00:17.13	00:17.34					00:49.41	3	
	12	12	430	JB	P G	Groenewald	00:14.55	00:17.13	00:18.25					00:50.33	3	
	13	13	415	JB	André	Blewett	00:15.54	00:17.37	00:17.13					00:50.44	3	
	14	14	992	JB	Antony	Clayton	00:16.03	00:17.41	00:17.16					00:51.00	3	
	15	15	433	JB	Van Zyl	Steyn	00:16.23	00:17.28	00:17.11					00:51.02	3	
	16	16	431	JB	Likho	Mayekiso	00:15.56	00:18.07	00:18.26					00:52.29	3	
	17	17	434	JB	Adriaan	De Waard	00:16.14	00:18.34	00:18.20					00:53.08	3	
	18	18	421	JB	Jaco	De Wet	00:16.25	00:18.30	00:19.00					00:53.55	3	
	19	19	416	JB	Andre	Kirschstein	00:17.28	00:18.51	00:18.28					00:54.47	3	
	20	20	425	JB	Christiaan	Davel	00:17.03	00:18.47	00:20.16					00:56.06	3	
	21	21	419	JB	Matthew	Hudson	00:17.50	00:18.44	00:19.59					00:56.33	3	
	22	22	420	JB	Sebastian	Dreyer	00:17.05	00:19.12	00:20.47					00:57.04	3	
	23	23	423	JB	Aiden	Colley	00:17.07	00:19.11	00:21.27					00:57.45	3	
	24	24	427	JB	Ruan	Nel	00:17.46	00:19.25	00:22.01					00:59.12	3	
	25	25	422	JB	Matteo	Munna	00:18.05	00:20.45	00:20.51					00:59.41	3	
	26	26	426	JB	Louis	Botha	00:17.55	00:22.42	00:20.31					01:01.08	3	
	--	--	432	JB	Kegan	Damon	00:21.04	00:23.26						00:44.30	2	DNF
	--	--	418	JB	Jean	Coetzee	00:16.38							00:16.38	1	DNF
	--	--	406	JB	Liam	Henning										DNS
	--	--	428	JB	James	Adendorff										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Sub Jun Girls	1	1	454	JG	Nadia	Van Wyk	00:15.41	00:17.20						00:33.01	2	
	2	2	457	JG	Eryn	Marais	00:16.01	00:17.44						00:33.45	2	
	3	3	453	JG	Nikalau	Volsteadt	00:16.03	00:17.48						00:33.51	2	
	4	4	452	JG	Chloe	Chesterton	00:16.50	00:18.33						00:35.23	2	
	5	5	456	JG	Kelly	Mall	00:17.22	00:18.17						00:35.39	2	
	6	6	455	JG	Zoe	Green	00:17.24	00:20.55						00:38.19	2	
	7	7	458	JG	Miane	Van Jaarsveldt	00:18.34	00:20.59						00:39.33	2	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Youth Men	1	1	305	YM	Lood	Goosen	00:12.46	00:14.11	00:14.20	00:14.14				00:55.31	4	
	2	2	318	YM	Streicher	Swart	00:12.53	00:14.35	00:14.23	00:14.21				00:56.12	4	
	3	3	312	YM	Jaydan	Durandt	00:13.11	00:14.15	00:14.38	00:14.48				00:56.52	4	
	4	4	329	YM	Jacques	Jordaan	00:13.48	00:14.43	00:14.56	00:14.49				00:58.16	4	
	5	5	303	YM	Rupert	Taljaard	00:14.03	00:14.38	00:15.03	00:14.45				00:58.29	4	
	6	6	304	YM	Tiaan	Steenkamp	00:14.02	00:14.59	00:14.57	00:14.42				00:58.40	4	
	7	7	319	YM	Ruan	Badenhorst	00:13.57	00:15.00	00:15.09	00:15.03				00:59.09	4	
	8	8	313	YM	Tiaan	Manefeldt	00:13.43	00:15.22	00:15.16	00:15.11				00:59.32	4	
	9	9	315	YM	Thomas	Dunkley	00:14.04	00:14.52	00:15.30	00:15.06				00:59.32	4	
	10	10	302	YM	Hendre	De Villiers	00:13.29	00:15.00	00:15.55	00:15.33				00:59.57	4	
	11	11	331	YM	Bernardt	Pretorius	00:14.10	00:15.25	00:15.27	00:15.06				01:00.08	4	
	12	12	317	YM	Luke	Caetano	00:14.12	00:15.10	00:15.33	00:15.20				01:00.15	4	
	13	13	332	YM	Amila	Mntuyedwa	00:13.59	00:15.25	00:15.07	00:15.45				01:00.16	4	
	14	14	306	YM	Jean	Surridge	00:13.46	00:15.30	00:15.47	00:15.55				01:00.58	4	
	15	15	310	YM	Seth	Barton	00:13.47	00:15.16	00:15.43	00:16.45				01:01.31	4	
	16	16	314	YM	M J	Visagie	00:14.35	00:15.51	00:16.13	00:16.36				01:03.15	4	
	17	17	316	YM	Devan	Van Zyl	00:15.00	00:16.17	00:17.36	00:18.26				01:07.19	4	
	18	18	326	YM	Liyema	Madolo	00:15.50	00:17.37	00:17.46	00:18.49				01:10.02	4	
	19	19	325	YM	Lakhanya	Skhobongwane	00:15.28	00:17.57	00:17.46	00:19.03				01:10.14	4	
	20	20	324	YM	Onesimo	Ndzonyana	00:16.02	00:18.08	00:18.16	00:20.30				01:12.56	4	
	21	21	321	YM	Christian	Mocke	00:16.58	00:19.22	00:18.54	00:18.25				01:13.39	4	
	22	22	328	YM	Inathi	Stoyile	00:16.24	00:18.11	00:22.34					00:57.09	3	-1 Lap
	23	23	330	YM	Jade-Lee	Marais	00:18.45	00:21.24	00:20.21					01:00.30	3	-1 Lap
	--	--	309	YM	Greg	Lawson	00:14.13	00:15.55	00:23.27					00:53.35	3	DNF
	--	--	991	YM	Franco	Clayton	00:16.03	00:18.30	00:19.50					00:54.23	3	DNF
	--	--	327	YM	Christian	Van Zyl										DNS
	--	--	322	YM	Van Heerden	Heunis										DNS
	--	--	320	YM	Zander	Compion										DNS
	--	--	301	YM	Alec	Coleske										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Youth Women	1	1	356	YW	Jessie	Munton	00:16.42	00:18.32	00:19.04					00:54.18	3	
	2	2	358	YW	Linell	Kruger	00:17.02	00:18.48	00:19.32					00:55.22	3	
	3	3	353	YW	Lineke	Groenewald	00:17.54	00:19.37	00:20.10					00:57.41	3	
	4	4	355	YW	Jana	Visser	00:17.47	00:20.48	00:20.13					00:58.48	3	
	5	5	357	YW	Milani	Dingani	00:20.54	00:24.15	00:24.49					01:09.58	3	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Junior Men	1	1	202	JM	Justin	Chesterton	00:12.18	00:13.11	00:13.43	00:13.29	00:13.39			01:06.20	5	
	2	2	209	JM	Philip	Kotze	00:12.40	00:13.44	00:13.57	00:13.56	00:14.02			01:08.19	5	
	3	3	204	JM	Jonatan	Van Jaarsveldt	00:12.41	00:13.58	00:14.18	00:14.12	00:14.16			01:09.25	5	
	4	4	205	JM	Marco	Matthysen	00:12.38	00:13.47	00:14.19	00:14.33	00:17.21			01:12.38	5	
	5	5	207	JM	Xander	Van Dyk	00:12.42	00:14.21	00:15.12	00:16.11	00:16.17			01:14.43	5	
	6	6	213	JM	Janco	Olivier	00:13.25	00:15.24	00:15.55	00:16.12	00:16.10			01:17.06	5	
	7	7	17	JM	Jean-Marc	De Beer	00:13.41	00:15.38	00:15.48	00:16.28	00:16.08			01:17.43	5	
	8	8	206	JM	Christiaan	Botha	00:14.17	00:15.49	00:16.20	00:17.19	00:16.43			01:20.28	5	
	9	9	211	JM	Ruben	Hugo	00:14.57	00:16.21	00:16.55	00:18.30				01:06.43	4	-1 Lap
	10	10	212	JM	Thaakir	Thomas	00:16.14	00:18.02	00:19.13	00:19.44				01:13.13	4	-1 Lap



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	--	--	208	JM	Andre	Kotze	00.14.56							00.14.56	1	DNF
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Junior Women	1	1	271	JW	Anna	Marx	00.15.11	00.17.36	00.17.45	00.17.44				01.08.16	4	
	2	2	272	JW	Kayleigh	Scholtz	00.16.22	00.19.20	00.19.10	00.18.40				01.13.32	4	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Elite Men	1	1	2	EM	Keagan	Bontekoning	00.11.09	00.12.03	00.12.10	00.12.24	00.12.21	00.12.37	00.12.51	01.25.35	7	
	2	2	1	EM	Luke	Moir	00.11.17	00.12.34	00.12.36	00.12.59	00.13.24	00.13.38	00.13.56	01.30.24	7	
	3	3	6	EM	Thomas	Hudson	00.11.48	00.12.49	00.12.59	00.13.16	00.13.27	00.13.55	00.14.25	01.32.39	7	
	4	4	3	EM	Marc	Fourie	00.11.57	00.13.16	00.13.32	00.13.35	00.14.26	00.13.44	00.13.14	01.33.44	7	
	5	5	21	EM	Oliver	Lennard	00.11.59	00.13.11	00.13.35	00.13.36	00.13.35	00.14.08	00.14.01	01.34.05	7	
	6	6	14	EM	Jamie	Penfold	00.12.06	00.13.19	00.13.20	00.13.25	00.13.57	00.14.19	00.14.01	01.34.27	7	
	7	7	7	EM	Eben	Baasden	00.12.04	00.13.28	00.13.33	00.13.45	00.13.56	00.13.55	00.13.47	01.34.28	7	
	8	8	8	EM	Zander	Kruger	00.12.39	00.13.26	00.13.31	00.13.57	00.14.12	00.14.10	00.14.01	01.35.56	7	
	9	9	12	EM	Heinie	Beukes	00.12.21	00.13.44	00.13.57	00.14.13	00.13.56	00.14.21	00.13.35	01.36.07	7	
	10	10	5	EM	Bruce	Anderson	00.12.27	00.13.59	00.13.54	00.14.22	00.14.19	00.14.40	00.15.05	01.38.46	7	
	11	11	20	EM	Jaco	Pelser	00.12.28	00.13.38	00.14.15	00.14.45	00.14.57	00.15.47		01.25.50	6	-1 Lap
	12	12	9	EM	Sabro	Atakligan	00.13.11	00.14.21	00.14.49	00.15.33	00.15.24	00.15.24		01.28.42	6	-1 Lap
	13	13	11	EM	Rayé	Moolman	00.13.12	00.14.57	00.15.22	00.15.35	00.15.42	00.14.35		01.29.23	6	-1 Lap
	--	--	19	EM	Siyabulela	Tutu	00.13.53	00.16.02						00.29.55	2	DNF
	--	--	18	EM	Thembela	Lukhalo										DNF
	--	--	4	EM	Matthew	Keyser										DNS
	--	--	16	EM	Michael	Sutton										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Elite Women	1	1	103	EW	Lehane	Oosthuizen	00.14.53	00.16.05	00.16.26	00.16.23	00.16.01	00.16.23		01.36.11	6	
	2	2	108	EW	Ila	Stow	00.14.36	00.16.00	00.16.12	00.16.38	00.17.00	00.17.48		01.38.14	6	
	3	3	102	EW	Janice	Venter	00.14.51	00.15.50	00.16.07	00.16.41	00.17.21	00.17.52		01.38.42	6	
	--	--	109	EW	Kateryna	Tertienko	00.20.10	00.21.41	00.22.32	00.22.50				01.27.13	4	DNF
	--	--	104	EW	Sinesipho	Ncapha										DNS
	--	--	105	EW	Liezel	Du Preez										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Master Women 30+	1	1	754	MW	Kylie	Hanekom	00.15.04	00.16.40	00.16.58					00.48.42	3	
	2	2	753	MW	Tandi	Kitching	00.15.06	00.16.18	00.17.25					00.48.49	3	
	3	3	752	MW	Louise	Bezuidenhout	00.15.31	00.16.42	00.16.37					00.48.50	3	
	--	--	751	MW	Sune	Henning										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Sub Vet Men	1	1	718	SV	Dominic	Calitz	00.11.54	00.12.46	00.12.57	00.13.10	00.13.15	00.12.54		01.16.56	6	
	2	2	707	SV	Renay	Groustra	00.11.55	00.13.19	00.13.22	00.13.21	00.13.31	00.13.36		01.19.04	6	
	3	3	702	SV	Donovan	Le Cok	00.12.30	00.13.59	00.14.05	00.14.25	00.14.40	00.14.44		01.24.23	6	
	4	4	716	SV	Ashley	Oldfield	00.13.01	00.14.11	00.14.13	00.14.41	00.14.30	00.14.07		01.24.43	6	
	5	5	755	SV	Waldo	Zevenster	00.13.23	00.14.02	00.14.16	00.14.21	00.14.34	00.14.31		01.25.07	6	
	6	6	713	SV	Petrus	Malherbe	00.13.09	00.14.29	00.14.26	00.14.36	00.14.55	00.15.37		01.27.12	6	
	7	7	712	SV	Jean	De Villiers	00.12.56	00.14.12	00.14.43	00.15.08	00.15.15	00.15.25		01.27.39	6	
	8	8	710	SV	Lloyd	Priestman	00.12.54	00.15.00	00.15.35	00.15.37	00.15.52	00.18.36		01.33.34	6	
	9	9	725	SV	Du Toit	Van Den Bergh	00.15.03	00.15.47	00.16.02	00.16.15	00.16.37			01.19.44	5	-1 Lap
	10	10	730	SV	David	Eastman	00.14.16	00.16.01	00.16.44	00.17.12	00.17.30			01.21.43	5	-1 Lap
	11	11	812	SV	Ntandazo	Vaphi	00.19.11	00.21.06	00.21.28	00.22.17				01.24.02	4	-2 Laps
	--	--	811	SV	Mzwandile	Dlokolo	00.20.15	00.23.58						00.44.13	2	DNF
	--	--	810	SV	Sinethemba	Dini	00.19.36	00.25.18						00.44.54	2	DNF
	--	--	814	SV	Mawethu	Nyakiso	00.19.38							00.19.38	1	DNF
	--	--	717	SV	Jacobus	Maree										DNS
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Veteran Men	1	1	709	VM	Franco	Steyn	00.12.45	00.14.25	00.14.39	00.14.34	00.14.43			01.11.06	5	
	2	2	703	VM	Michael	Potton	00.12.55	00.14.19	00.14.49	00.15.27	00.15.09			01.12.39	5	
	3	3	715	VM	Jody	Moult	00.13.38	00.14.58	00.15.03	00.15.04	00.14.37			01.13.20	5	
	4	4	708	VM	Pieter	Rautenbach	00.13.37	00.14.54	00.15.20	00.15.03	00.15.16			01.14.10	5	
	5	5	726	VM	Andeeon	Louw	00.14.17	00.15.27	00.15.51	00.15.28	00.16.25			01.17.28	5	
	6	6	719	VM	Michael	Manefeldt	00.15.01	00.16.46	00.16.35	00.16.09	00.16.23			01.20.54	5	
	7	7	720	VM	Wayne	Victor	00.14.52	00.16.23	00.16.42	00.17.05	00.17.03			01.22.05	5	
	8	8	728	VM	John	Spangenberg	00.14.44	00.17.24	00.17.44	00.17.50	00.17.00			01.24.42	5	
	9	9	721	VM	Timothy	Blegenhout	00.15.25	00.17.52	00.18.44	00.18.44	00.19.10			01.29.55	5	
	10	10	727	VM	Leon	Kotze	00.16.43	00.18.16	00.18.03	00.18.10				01.11.12	4	-1 Lap
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Master Men	1	1	705	MM	Arnold	Barnardo	00.14.28	00.15.22	00.15.44	00.15.58				01.01.32	4	
	2	2	723	MM	Douglas	Burger	00.14.30	00.15.31	00.16.14	00.16.15				01.02.30	4	
	3	3	706	MM	Andre	Visser	00.14.45	00.15.44	00.16.03	00.16.15				01.02.47	4	
	4	4	714	MM	Allister	Arenson	00.15.16	00.16.59	00.17.18	00.17.16				01.06.49	4	
	5	5	722	MM	Jan	Odendaal	00.15.29	00.16.48	00.17.19	00.17.55				01.07.31	4	
Category	All	Cat	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Time	Laps	Remarks
Gr Master Men	1	1	704	GM	Jimmy	Mills	00.14.50	00.15.48	00.15.36					00.46.14	3	
	2	2	711	GM	Erik	Knoetze	00.15.40	00.16.56	00.17.20					00.49.56	3	