

## COVID-19 Protocol for WC XCO #3 race Paul Cluver Wines, Elgin



Racing in these challenging times requires for a lot of measurements. We kindly ask each and every one to strictly adhere to the following rules and regulations of the event:

### Before the event

- Are you in a risk group of COVID-19? Don't come to the event.
- Each rider / rider assistant / person in attendance will need to fill out the COVID-19 pre-screening questionnaire. Please download, complete and bring to the race.

### Registration

- Only on-line entries will be accepted i.e. no entries will be accepted at the board collection point.
- **No late entries will be accepted.**
- Only cyclists with valid CSA memberships/racing licences or day license will be allowed to enter the race. If required, a day license (R50) must be purchased when doing an entry.
- Riders need to check the start times prior to race day and print their own course map.

### Number Board collection

- Board collection will be on 1 October 2020 from 15h00 to 18h00 in the parking lot in front of DF Malan High School, Frans Conradie Avenue, Bellville.
- There will be no board collection on Friday, 2 October 2020. The course map will be published in due course.

### Race Day

- Every person in attendance i.e. riders, assistants, commissaires, marshals, time-keepers etc. have to wear a face mask at all times.
- Each rider is allowed one person for seconding/feeding.
- No other spectators will be allowed.
- On arrival, all riders and persons seconding must proceed to the COVID-19 tent where:
  - their temperatures will be checked; and
  - they must submit the completed COVID-19- questionnaires.

### Start and race

- Riders must wear a face mask before the start procedure and keep their distance from other riders.
- As soon as a rider enters the start chute, they may remove their masks.
- After finishing the race and cooling off, riders must put their masks on again.

### Technical zone

- The technical zone is set up widely. Keep your 1,5m distance to other feeders/attendants.
- Step away once you have fed your rider.
- No viewing of the race will be allowed from the technical zone.
- You can only enter the technical zone with a feed zone card.
- Attendants/feeders may only pick up the bottle of their own rider(s).

### No prize-giving

- There will be no on-site prize giving after the races.
- Riders need to depart as soon as possible after finishing.
- Try to spend as little time as possible at the event.
- Official results will be posted.

We hope you will understand the challenges we had to overcome to make this happen. We once again ask that you to follow these rules and regulations so that everyone can enjoy the event safely.