



ROAD CYCLING HANDBOOK 2026

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GENERAL PROVISIONS

1. ROLES AND OBLIGATIONS OF CYCLING SOUTH AFRICA, THE COMMISSIONS AND AFFILIATES

- 1.1. The role and obligations of Cycling SA is to govern the cycling disciplines and events inclusive of racing and recreational elements.
- 1.2. These regulations, in association with the other regulations, shall apply to and bind any individual who participates, organizes, or officiates in any type of Road Cycling Events and competitions in South Africa.
- 1.3. The aim of the Cycling SA Road Commission is to promote and manage a safe environment for road cycling in South Africa and all road cycling events held under the auspices of Cycling SA. These events may be timed or non-timed, seeded, or unseeded, include specific age category starting bunches; seeded starting bunches and offers any form of reward (time, prizes etc.).
- 1.4. Due to the nature of the sport of cycling, events in South Africa, racing and mass participation competitions are often combined. Cycling SA therefore needs to take into consideration the requirements of national racing and riding development.
- 1.5. Except if explicitly made provision for in this handbook, the rules and regulations of the UCI as made provision for as PART 2 ROAD RACES (hereafter referred to as UCI PART 2), shall take precedence.
- 1.6. As UCI PART 2 focus and defines regulations for the junior, under 23 and elite categories for men and women, this handbook shall make provision for youth categories as well as clearly define the regulations for Master riders.
 - 1.6.1. Cycling SA shall recognize the UCI PART 15 CYCLING FOR ALL Regulations incorporating UCI Gran Fondo World Series and World Championships for the Veteran and Master racing categories. Due to the nature of development of the sport in South Africa and in particular the Veterans and master's racing distances, Chapter 15.5 will take precedence for the governance of all master events, categories, and distance in South Africa with some exceptions indicated in this handbook.
- 1.7. Cycling SA Road Commission works closely with several other commissions to successfully develop and govern the sport, these include:
 - 1.7.1. The Youth, Transformation and Development Commission
 - 1.7.2. The Women's Commission
 - 1.7.3. The Technical Commission
 - 1.7.4. The Coaching Commission
- 1.8. Within this framework, it is the responsibility of the Technical and Commissaires' Commission and the administrative organization of Cycling SA to assist and regulate road cycling events.

- 1.9. To organize its tasks effectively, Cycling SA makes use of provincial affiliates and external service providers where required. This work piece makes an important contribution in an area that is of vital importance in our sport, which is practiced in an open space, on the road, where dangers are not always easy to control.
- 1.10. The provincial cycling body affiliated to Cycling SA governs all levels of cycling in its area of jurisdiction, except events listed on the UCI calendar which requires direct affiliation with Cycling SA as well.

2. BASIC REQUIREMENTS

- 2.1. Any event registering as part of any UCI category shall apply to the UCI through Cycling SA.
- 2.2. Prior to hosting an international cycling event in South Africa, permission must be obtained from the National Department of Sport, Art and Culture (DSAC) and the South African Sports Confederation and Olympic Committee (SASCOC).
- 2.3. All cycling events are required to be sanctioned through Cycling SA, the official Cycling federation for Cycling in the country. Excluded from this are social events such as club rides, social rides (can also be a charge to cover cost but cannot have podiums or prizes), Strava timed events (not group rides), virtual events/race, social outrides, and training rides.
- 2.4. The Cycling SA Road Cycling Calendar shall start on 1 January annually and conclude on 31 December.
- 2.5. The dates of all events shall be approved by the respective provincial affiliates and Cycling SA's Sports and Technical Manager. The calendar shall be released during October annually.

3. CLUB AND TEAM REGISTRATIONS 2026

- 3.1. UCI Continental Teams will be administered through Cycling SA in 2026
- 3.2. Domestic Team registration shall be administered through Cycling SA in 2026.
- 3.3. Club Team registrations shall be administered through each respective provincial affiliate.
- 3.4. Refer to section 35 for the registration process.

4. REPRESENTING TEAM SOUTH AFRICA

- 4.1. From time-to-time riders will be selected to represent South Africa at international events, either as a member of a federation team or as a national team. Clubs and teams will be required to release the riders for those events.
- 4.2. Should a rider, or rider(s), be selected, teams will be permitted to substitute riders into their domestic, club team or invite guest rider(s) for the duration that the rider(s) are absent, with written consent from that rider's team / provincial or club team;
- 4.3. If a rider refuses to ride for the national team without a valid reason, he will be un-selectable for 12 months.

5. BICYCLES AND WHEELS

- 5.1. Unless expressly authorized by the format of the competition, Events held under these Regulations are restricted to ROAD and TIME TRIAL bicycles and equipment that are compliant with the technical specifications in UCI Regulations PART 1.
- 5.2. The use of TIME TRIAL bicycles and/or equipment is not allowed in road races and also not for age categories u15 and younger in time trials.
- 5.3. The use of MOUNTAIN bicycles, BMX and PARACYCLING cycles are allowed in road races. The specific characteristics of such cycles are set out in the UCI PART regulating the discipline in question.
- 5.4. All wheels must conform to the UCI's "List of Approved Wheels".
- 5.5. In particular, handlebar ends shall be plugged, not merely covered by tape, and other projections shall be protected as far as possible.
- 5.6. Youth riders' wheel depth may not be greater than 50mm.
- 5.7. The maximum wheel rim depth for mass-start road races under UCI rules starting January 1, 2026, is **65 mm**. This rule is part of the UCI's effort to enhance rider safety by mitigating crosswind effects and to reduce overall speeds in racing.

6. GEARS

- 6.1. Gear checks have been removed for all age groups.

7. CLOTHING

- 7.1. Riders must be clothed from the neck to at least mid-thigh. Jerseys must be sleeved beyond the shoulder according to the regulation in UCI Part 1.
- 7.2. Full Licensed riders and competitive members from Junior and older must wear the registered design and colors of the School, Academy, Club, Team, Region, Province or Home Country they are representing unless required to wear the clothing prescribed by the Event, they are participating in.
- 7.3. Riders not representing a School, Academy, Club, Team, Region, Province or Home Country must wear predominantly plain clothing free of any lettering save for the mark of the manufacturer.
- 7.4. Day License holders are permitted to wear any suitable clothing whilst competing.
- 7.5. Advertising, including the national champion's jersey, shall be subject to the UCI regulations.

8. OTHER EQUIPMENT

- 8.1. The helmet must be a standard helmet without a visor.
- 8.2. All accessories must be securely fastened and any equipment that is not essential for racing purposes must be removed.
- 8.3. The use of non-shatterproof vessels, including glass, of any kind is prohibited.

ELIGIBILITY FOR PARTICIPATION

9. REQUIREMENTS FOR MEMBERSHIP AND / OR LICENSING

- 9.1. Cycling SA Membership and Licensing Policy shall apply and is adopted annually at the AGM.
- 9.2. All cyclists participating in road cycling events sanctioned by Cycling SA are required to hold a membership and / or license issued by Cycling SA or recognized by the UCI. Licenses may consist of one of the following:
 - 9.3. International License recognized by the UCI.
 - 9.4. Full Racing License, inclusive of membership issued by CyclingSA. Racing License holders are eligible to participate in national competitions such as National Championships and National Series events and be eligible for Provincial and National selection.
 - 9.5. Cycling SA Adult Membership.
 - 9.6. Cycling SA Youth Membership issued to U17 riders and younger.
 - 9.7. A Day Membership which is issued to a cyclist not holding at least a valid and current membership or who is unable to produce a valid and current license upon being requested to do so.
 - 9.7.1 All sanctioned events of Cycling SA shall be obligated to check the membership status of entrants, and if not a member of Cycling SA and its affiliates, make provision for entrants to obtain a day membership.
 - 9.7.2 A day membership is issued to a cyclist who practices cycling as a recreational activity and is valid for a 24-hour period between 00:00 – 23.59 per day and shall not be required to be a member of a constituted club or academy.
 - 9.7.3 The holder of a day membership shall not be eligible to race in any championship event as there is a requirement for all members participating in such events to be a member of a constituted club.
 - 9.7.4 The holder of a day membership shall not be eligible for prize money or be permitted to race in specified age categories in A, B or C category events sanctioned by Cycling South Africa.
 - 9.7.5 A Day Membership shall be issued in accordance with the regulations of the UCI and as per the Cycling SA membership and licensing policy.
- 9.8. No cyclist holding a Cycling SA license may participate in any non-sanctioned cycling event (see section 2.3 for exclusions).

10. REGULATING ENTRY

- 10.1. The President Commissaire will be responsible to make sure a National Commissaire is present at the registration of cyclists participating in road cycling events to check all competitive racing group licenses and seeding.
- 10.2. The Organizer shall make available a start list of each of the Age categories to the Commissaires panel and the racing clubs and teams.
- 10.3. The Organizer shall make available to the Province and Cycling SA a full participation list of the entire event.

CATEGORY REGULATIONS

11. AGE CATEGORIES OF RIDERS

- 11.1. For road cycling events in South Africa, the following youth and elite categories shall be as follows:

Under 11:	A cyclist who turns 10 years of age or younger on or before 31 December of the registration year.
Under 13:	A cyclist who turns 11 or 12 years of age or younger on or before 31 December of the registration year.
Under 15:	A cyclist who turns 13 or 14 years of age or younger on or before 31 December of the registration year.
Under 17:	A cyclist who turns 15 or 16 years of age or younger on or before 31 December of the registration year.
Junior:	A cyclist who turns 17 or 18 years of age or younger on or before 31 December of the registration year. Also referred to as the Under 19 age category.
Under 23:	A cyclist who turns 19, 20, 21 or 22 years of age on or before 31 December in a registration year.
Elite:	A cyclist who turns 23 years of age on or before 31 December in the registration year.

- 11.2. The age categories for veteran cyclists are determined by Cycling SA in five (5) year categories.
- 11.3. A veteran cyclist becomes eligible to compete in an age category in the year in which he or she has a birthday in the youngest age group in each age category.
- 11.4. These categories are 30 - 34 | 35 - 39 | 40 – 44 | 45 – 49 | 50 – 54 | 55 - 59 | 60 - 64 65 - 69 | 70-74 | 75-79 and 80+ category.
- 11.5. Cycling SA may from time to time decide to amend some of these categories into ten (10) year age categories, or request and / or approve revised racing categories depending on the number of entrants at an event, inclusive of Provincial and National Championships.
- 11.6. For the avoidance of doubt and by way of example, a cyclist who turns 30, 31, 32, 33, 34, etc. up to and including the year in which he or she turns 39 years of age in a registration year shall be eligible to apply for a Full Racing License in the Veterans 30+ age category.
- 11.7. A veteran cyclist may apply for a Full Racing License in a younger age category (including the Elite category) **for 2026**, in which event that cyclist shall not be permitted to change to another age category during the registration year. **Example, if you are a 30-34 rider and you opt to take out an elite license for 2026 you will then not be able to change your license to vet 30-34 for the year 2026 and vice versa, this applies to all veteran and master riders. Elite and U23 Riders may not change to a younger age category.**
- 11.8. **You will ride that age category that is on your license for all events including Provincial Championships, SA Championships and all Cycling SA Events.**

12. MAXIMUM DISTANCES – ROAD CYCLING EVENTS

The following maximum race distances will apply to the following age categories:

12.1. Maximum Distances – Road Races:

	Boys / Men	Girls / Women
Under 11:	20 km	20 km
Under 13:	30 km	30 km
Under 15:	60 km	60 km
Under 17:	80km (National and Provincial Championships) 105km – other road cycling events	80 km (National and Provincial Championships) 105 km– other road cycling events
Under 19 (Junior):	140km	100km (National Championships) Allowance up to 110km*

Under 23 / Elite	Road Races as per UCI Part 2 Gran Fondo events as per UCI Part 15
Masters	Road Races as per the UCI Part 15 Gran Fondo events as per UCI Part 15

- 12.2. The maximum race distances referred to above shall be strictly enforced, save in the following instances:
- 12.2.1. For Junior Women, the maximum distance restrictions will apply for Provincial and National Championship as well as road races where they race in there category alone.
 - 12.2.1.1. * If these categories are seeded / batched with another racing category (E.g., Junior Women and Elite Women | Junior Women and Under17 Boys | U17 Boys and Master 45-49 etc.), they may race up to 110km.
 - 12.2.2. In the event where a female rider who is aged 17 years or older on 1 January (i.e., a second-year junior) would like to ride with the elite women, she may apply to the Road Director who will consult for input from the selectors panel and a High-Performance commission or High-Performance consultant to do so.
 - 12.2.2.1. An application shall be submitted to enter a specific road race(s) in the Elite or Under 23 age categories where she shall compete as an Elite or Under 23 riders, as the case may be.
 - 12.2.2.2. An application shall be made in writing not less than 30 (thirty) days or such shorter period as the High-Performance Commission may allow, before a specific race, to the High-Performance Forum and copies of that application shall be provided to the Road and Technical and Commissaires Commissions.

- 12.2.2.3. The application made shall include, as a minimum, a Curriculum Vitae of the applicant with effect from 1 January of the preceding year (i.e., the date from which such rider became eligible to compete in the Under 19 age category).
- 12.2.2.4. The Curriculum Vitae shall include the name of each race, the number of entrants in the racing group, the position attained by the rider, the rider's position on the National Seeding Index (if available) and any other information which may assist the Coaching Commission in considering the application.
- 12.2.2.5. Upon receipt of an application by an Under 19-woman rider to participate in the Elite or Under 23 racing group at a specific event, the High-Performance Forum shall decide within 10 (ten) days after receipt of such application and, in making that determination, shall consider the following:
 - 12.2.2.5.1. The Curriculum Vitae of the applicant.
 - 12.2.2.5.2. The participation of the applicant and her position in the National Road Championships applicable to her, in the prior year.
 - 12.2.2.5.3. The participation of the applicant and her position in the relevant Provincial Championships in the year in which the application is made.
 - 12.2.2.5.4. The participation of the applicant and her position in the National Youth Championships in the year prior to the year in which she became eligible to participate in the Under 19 age category.
 - 12.2.2.5.5. Any available empirical, scientific, or other data, including the knowledge and expertise of the Coaching Commission.
- 12.2.2.6. If the application is approved, the said Under 19 applicants shall be permitted to participate as an Elite or Under 23 competitors, as the case may be, in the event for which approval has been given and subject to the following:

- 12.2.2.6.1. The- Road Commission shall notify the applicant in writing.
- 12.2.2.6.2. She shall be eligible for a position and prize money as if she were an Elite or Under 23 riders.
- 12.2.2.6.3. She shall not be eligible for a position or prize money in the Under 19 or Junior age category.
- 12.2.2.6.4. At registration, she shall produce to the Commissaire written approval from Cycling SA that her application to compete as an Elite or Under 23 riders in that event has been approved. Failure to do so shall not entitle her to compete in the Elite or Under 23 age categories for that event.
- 12.2.2.6.5. An Under 19 woman shall not be permitted to participate in Elite stage races, or UCI category races, unless such race takes place after 31 August of that year, and she is a 2nd year junior (i.e., 18 years of age on or before 31 December) and she is a trainee rider for an Elite team.
- 12.2.2.6.6. No Under 19 riders shall, under any circumstances, compete in the Elite or Under 23 age categories of the National or Provincial Road and Time Trial Championships.
- 12.2.2.7. If the application is not approved:
 - 12.2.2.7.1. The Road Commission shall notify the applicant in writing stating the reason for rejecting the application.
 - 12.2.2.7.2. The decision of the Road Commission shall be final, and no appeal shall be permitted.

12.3. Maximum Distances – Time Trials:

	Boys / Men	Girls / Women
Under 11:	10 km	10 km
Under 13:	12km	12km
Under 15:	15km	15km
Under 17:	20km	20km
Under19 (Junior):	Reference the UCI rulebook Part 2	
Elite / Under 23:	Reference the UCI rulebook Part 2	
Para:	Reference the UCI rulebook Part 16	
Masters:	Reference the UCI rulebook Part 15	

12.4. Maximum Distances – Endurance events

- 12.4.1. Road, Time Trial or Team Trial Events which exceed the above distances shall be classified as Endurance events and not be subject to a maximum distance.
- 12.4.2. If the distance in an Endurance event exceeds the maximum distance for riders in age category under 19 and younger, they will only be allowed in the Open category and without any podiums for their age categories.

NATIONAL CHAMPIONSHIPS

13. CHAMPIONSHIP DATES

- 13.1. The National Elite, U23 and Junior Road and Time Trial Championships will take place annually by no later than the end of February.
- 13.2. The National Paracycling Road and Time Trial Championships shall take place as part of the National Elite, U23 and Junior Road and Time Trial Championships, except if otherwise decided by the Executive Board of Cycling SA.
- 13.3. The National Masters Road and Time Trial Championships may take place as part of National Elite, U23 and Junior Road and Time Trial Championships or may be a separate event if so, decided by the Executive Board of Cycling SA and Road Commission of Cycling SA.
- 13.4. The National Youth Championships may take place as part of National Elite, U23 and Junior Road and Time Trial Championships or may be a separate event if so, decided by the Executive Board of Cycling SA and the Road Commission and Youth, Transformation and Development Commission of Cycling SA.

14. ELIGIBILITY FOR PARTICIPATION, JERSEYS AND MEDAL AWARDS

- 14.1. Licensing requirements
 - 14.1.1. All riders participating in the Junior and older categories at any National Championship must be in possession of a Full Racing license issued by Cycling SA or any other body recognized by the UCI.
 - 14.1.2. Youth riders participating in a National Championship event shall only require a full membership but shall be a member of a club or academy.
 - 14.1.3. No day licenses or membership shall be accepted for any National Championship event.
- 14.2. The National Championships of the Elite, U23 and Junior men and women are closed events. As a closed Championship, only South-African Citizens with an RSA UCI license number can be awarded medals and the winner's National Champion Jersey.
- 14.3. All other championships will be open to riders from other nations. If a non-South African rider wins a championship, s/he will be awarded the medal, but the champion jersey shall be awarded to the first eligible South African rider.

15. AWARDING OF MEDALS AND CHAMPIONSHIP JERSEYS AT NATIONAL CHAMPIONSHIP

- 15.1. Elite and Under 23 Men and Women Championships
 - 15.1.1. Road Race and Time Trials
 - 15.1.1.1. The individual time trial and the road race comprise the Under23 (MU, WU) and the Elite (ME) (WE) categories in each event excluded the Team Time trial and the mixed relay.

- 15.1.1.2. Only one UCI ranking will be established for each event for Elite and U23 Men combined, and the Elite and U23 Women combined.
- 15.1.1.3. The title of South African Champion is attributed to the best rider in each category and rewarded with the winner's jersey and the gold medal.
 - 15.1.1.3.1. Should a rider of the U23 category win the overall result, s/he is the winner of both categories, U23 and Elite.
 - 15.1.1.3.2. The same rule is applied for 2nd and 3rd position.
- 15.1.1.4. Gold, silver and bronze medals and championship jerseys shall be awarded to all categories if there are:
 - 15.1.1.4.1. A minimum of eight (8) or more riders that start the race in each category of the Elite and U23 Men categories (total of 16 riders minimum).
 - 15.1.1.4.2. A minimum of five (5) or more riders that start the race in each category of the Elite and U23 Women categories, total of 10 riders minimum)
 - 15.1.1.4.3. Should the number of riders starting to be less than eight (8) or five (5) respectively, the categories will be combined as an Elite Category only.
- 15.1.2. Closed Circuit Criterium Championships
 - 15.1.2.1. A combined elite and U23 for men and women shall only be scheduled if 15 entrants minimum participate in each of the respective races.
 - 15.1.2.1.1. Only one jersey shall be awarded to the winner.
 - 15.1.2.1.2. Gold, Silver and Bronze to the top 3 riders in each event.
- 15.2. Juniors Men and Women, Veteran Men and Women Road Race and Time Trials Championships
 - 15.2.1. The individual time trial and the road race comprise of categories in each event subject to a minimum number of starters.
 - 15.2.1.1. All age categories shall have at least five (5) or more riders start the race to have separate classified results.
 - 15.2.1.2. Should the number of riders starting to be less five (5), then the age category shall be combined with another category to form a '10 year or 15 years' category to meet the requirements.

- 15.2.1.3. If there are less than five (5) riders start in their own or combined veteran men and women categories, medals, but no jerseys, will be awarded, irrespective of the number of participants, as follows:
 - 15.2.1.3.1. Four (4) or three (3) riders starting – silver and bronze medals.
 - 15.2.1.3.2. Two (2) riders starting – bronze medal only.
 - 15.2.1.3.3. One (1) rider starting – no medal.
- 15.2.2. Closed Circuit Criterium Championships – if included as a national championship race.
 - 15.2.2.1. A championship race shall only be scheduled if 15 entrants minimum participate in each of the respective races.
 - 15.2.2.1.1. A national championship jersey shall be awarded to the winner.
 - 15.2.2.1.2. Gold, Silver and Bronze to the top 3 riders in each event.
- 15.3. Youth Boys and Girls Road Race and Time Trials Championships
 - 15.3.1.1. The individual time trial and the road race comprise of categories in each event subject to a minimum number of starters.
 - 15.3.1.1.1. All age categories shall have at least five (5) or more riders start the race to have separate classified results.
 - 15.3.1.1.2. Should the number of riders starting to be less five (5), then the age category shall be combined with another category to form a '4 year' category to meet the requirements.
 - 15.3.1.2. If there less than five (5) riders start in their own or combined categories, medals, but no jerseys, will be awarded, irrespective of the number of participants, as follows:
 - 15.3.1.2.1. Four (4) or three (3) riders starting – silver and bronze medals.
 - 15.3.1.2.2. Two (2) riders starting – bronze medal only.
 - 15.3.1.2.3. One (1) rider starting – no medal.
- 15.4. Para Cycling Road Race and Time Trials Championships
 - 15.4.1. Jerseys are awarded to riders irrespective of the number of participants.
 - 15.4.2. The general provisions for para cycling championships follows that of road and time trials – any specific rules shall be contained in the Para Cycling Handbook and based on UCI Part XVI.

16. CHAMPIONSHIP RACE DISTANCES

- 16.1. Depending on the difficulty of the course, the distances for Cycling SA Road Cycling Championships shall be determined by the Road Commission taking into consideration the following guidelines:

	Men	Women
Youth	The youth championships shall apply the same maximum distances as for other road races and time trials in South Africa as outlined under point 10.	
Juniors	Road Race between 110 and 140 km Individual time trial of 20-30 km	Road Race between 80 and 100 km Individual time trial of 12 - 15 km
U23 / Elite	Road Races as per UCI Part 2	Road Races as per UCI Part 2
30 – 34	Road Race between 100 – 140 km Individual Time Trial of 30-40 km	Road Race between 80 – 100 km Individual Time Trial of 20 - 30 km
35 – 39	Road Race between 100 - 140 km Individual Time Trial of 30-40 km	Road Race between 80 – 100 km Individual Time Trial of 20 - 30 km
40 – 44	Road Race between 100 - 140 km Individual Time Trial of 30-40 km	Road Race between 60 - 90 km Individual Time Trial of 20 - 30 km
45 - 49	Road Race between 100 - 140 km Individual Time Trial of 30 - 40 km	Road Race between 60 - 90 km Individual Time Trial of 20 - 30 km
50 – 54	Road Race between 100 - 140 km Individual Time Trial of 20 - 30 km	Road Race between 60 - 90 km Individual Time Trial of 15 - 20 km
55 – 59	Road Race between 100 - 140 km Individual Time Trial of 20 - 30 km	Road Race between 60 - 90 km Individual Time Trial of 15 - 20 km
60 – 64	Road Race between 80 – 100 km Individual Time Trial of 20 - 30 km	Road Race between 40 -70 km Individual Time Trial of 15 - 20 km
65 - 69	Road Race between of 80 – 100 km Individual Time Trial of 15 - 20 km	Road Race between 40 - 70 km Individual Time Trial of 15 - 25 km
70 – 74	Road Race between of 60 – 90 km Individual Time Trial of 15 - 20 km	Road Race between 40 - 70 km Individual Time Trial of 15 - 20 km
75 - 79	Road Race between of 60 – 90 km Individual Time Trial of 15 - 20 km	Road Race between 40 - 70 km Individual Time Trial of 15 - 20 km
80+	Road Race between of 60 – 90 km Individual Time Trial of 15 – 20 km	Road Race between 40 - 70 km Individual Time Trial of 15 - 20 km

16.2. Para-Cycling Men's and Women's Championships

16.2.1. Para-cycling categories shall be as defined by the UCI and IPC and shall be organized in line with those distances as specified within the current UCI regulations for each gender and rider classification:

16.2.1.1. Closed Circuit or Road Race, dependent on route profile as agreed to by the Para Cycling Director.

16.2.1.2. Individual Time Trial profile as agreed to by the Para Cycling Director.

DOMESTIC CALENDAR

17. ONE-DAY EVENTS: NATIONAL CLASSICS SERIES EVENTS

- 17.1. National Classics Series event (formerly CSA-R1 events) are Category A events according to the CyclingSA Calendar Sanctioning and Event Organizers Obligations Policy.
- 17.2. A National Classic event shall have exclusivity for a radius of 500km from their start venue on a confirmed date.
- 17.3. A National Classic shall be open to and cater for the following levels of participation:
 - 17.3.1. All Cyclists holding a valid Full Racing License
 - 17.3.2. Members of Cycling SA, inclusive of all Veterans Groups, will be seeded.
 - 17.3.2.1. Veterans holding a Full Racing License will receive preferential seeding for their respective age categories.
 - 17.3.3. Non-Members of Cycling SA (Seeded or non-seeded with Temporary / Day Membership)
- 17.4. Racing Groups:
 - 17.4.1. Elite and Under 23 men
 - 17.4.1.1. Open to riders holding an Elite, under 23 licenses, as well as Junior riders holding a Full Racing License,
 - 17.4.1.2. Limited to several 6 riders per club or team
 - 17.4.1.3. Races that include juniors may not exceed 140km.
 - 17.4.1.4. Prize money for the first 3 juniors must be paid out.
 - 17.4.2. Junior Category
 - 17.4.2.1. Open to riders holding a UCI recognized Junior License.
 - 17.4.2.2. This category may be combined with the Elite and U23 Racing category
 - 17.4.3. Women Category
 - 17.4.3.1. Open to all women holding a Full Racing License as well as women with a qualifying seeding index.

17.4.4. Veteran Men and Women

- 17.4.4.1. Open to riders holding a minimum of a membership license.
- 17.4.4.2. The Men's categories shall be open to riders in 5- or 10-year age category racing groups, dependent on number of entries.
- 17.4.4.3. The Women's categories shall be open to riders in combined categories of 5 – 20 years.
- 17.4.4.4. Riders will receive preferential seeding. The Organizer may apply the seeding index of the timing company or National Seeding Index.

- 17.4.5. Under 17 Category
 - 17.4.5.1. A separate race category should exist for the Under 17 racing category wherever possible. This may be on route as per the allowed distance or as a separate criterium event.
 - 17.4.5.2. Race categories for Under 17 are encouraged subject to the distances tabled in this document. This may be on route as per the allowed distance or as a separate criterium event.
 - 17.4.5.3. Categories can be combined subject to the distance restrictions.
 - 17.4.5.4. Allowance for support vehicles can be made by the President Commissaire subject to consideration of the course, number of riders and rider safety.
- 17.4.6. Youth categories
 - 17.4.6.1. Race categories for youths are encouraged subject to the distances in article 10. This may be on route as per the allowed distance or as a separate criterium event.
 - 17.4.6.2. Categories can be combined subject to the distance restrictions.
 - 17.4.6.3. Allowance for support vehicles can be made by the President Commissaire subject to consideration of the course, number of riders and rider safety.
- 17.5. Rider support and following vehicles
 - 17.5.1. Team managers requiring access to the route to follow riders, shall be required to attend a compulsory meeting prior to the event.
 - 17.5.2. The minimum number of riders in a team to qualify for a following vehicle is 4 (four) registered and paid-up starters participating at the event.
 - 17.5.3. All vehicles to be driven by a licensed team manager (Cat c minimum). Should a manager not have a valid license issued by Cycling SA, s/he cannot form part of the convoy. No exceptions shall be made to this safety requirement.
- 17.6. Convoy draw shall be conducted as follows (Subject to event specific rulings):
 - 17.6.1. World Tour teams and then World Tour riders (riders will be allowed to have their own car but this vehicle can only service the rider and not include for example other club teams or club riders), subject to event specific rulings.
 - 17.6.2. Continental Teams and then Continental riders (riders will be allowed to have their own car but this vehicle can only service the rider and not include for example other club teams or riders)
 - 17.6.3. Registered domestic teams and visiting international national teams.
 - 17.6.4. Clubs and other mixed teams.
 - 17.6.5. Provision of suitable and adequate radio communication is compulsory.

17.7. Timing and Results

- 17.7.1. Adequate photo finish equipment must be used.
- 17.7.2. One frame and two body numbers, conforming to the UCI standard, shall be provided for each Full Racing age category.
- 17.7.3. The use of electronic timing devices for all competitors / categories shall be compulsory. The service provider shall timeously produce provisional results and update these once the official results have been made available by the President Commissaire.
- 17.7.4. A complete set of race results shall be forwarded to Cycling SA within 48 hours of the event.

17.8. Prize Giving

- 17.8.1. Prize giving will be conducted within 30 minutes or as soon as it is practical after the finish of the Elite and Under 23 men's race.

17.9. Prize Money

- 17.9.1. Total prize money shall be more than R40 000 and shall be confirmed prior to the race by the Cycling SA Sports and Technical Management.
- 17.9.2. Women
 - 17.9.2.1. Elite and U23 Women shall be combined as one category with a minimum of 10 riders to be eligible for top 5 positions.
 - 17.9.2.2. Should only 7-8 riders participate, only the top four (4) positions shall be paid.
 - 17.9.2.3. Should only 5-6 riders participate, only the top three (3) positions shall be paid.
 - 17.9.2.4. Should only 3-4 riders participate, only the top two (2) positions shall be paid.
 - 17.9.2.5. Dependent on the number of entrants, Veteran Women may race in a separate bunch or as part of the Elite Women. Events with separate Veteran Women racing categories shall have the same prize money as the respective Veteran Men's Category. However, an event organizer may combine categories as one classification and prize fund, in the event of limited entrants to one or both categories.
- 17.9.3. Veteran Men
 - 17.9.3.1. Veteran Men 30 – 34 may also race as part of the Elite / U23 Open category, but provision shall be made for their own additional prize money.

- 17.9.3.2. Dependent on the number of entrants, Veteran Men 50 – 59 and 60 + may be split into separate 5-year racing groups and provision shall be made in addition to the prize money stipulations, thus, each 5-year category shall be allocated their own prize-fund as outline above.

17.10. Appointment of officials

- 17.10.1. The President Commissaire shall be appointed by the Cycling SA Technical Manager and Technical Commissioner.

18. ONE-DAY EVENTS: REGIONAL MASS PARTICIPATION ROAD EVENTS

- 18.1. Regional Mass Participation Road events (formerly CSA-R2 and R3 events) are Category B, C and D events according to the CyclingSA Calendar Sanctioning and Event Organizers Obligations Policy.
 - 18.1.1. These events can apply to the Road Commission to become part of the National Classic Series.
- 18.2. Regional Mass Participation Road events shall have exclusivity as determined by the provincial affiliate involved.
- 18.3. A Regional Mass Participation Road event shall be open to and cater for the following levels of participation:
 - 18.3.1. All Cyclists holding a valid Full Racing License
 - 18.3.2. Members of CyclingSA, inclusive of all Veterans Groups, will be seeded. Veterans holding a Full Racing License will not receive preferential seeding for their respective age categories.
 - 18.3.3. Members of CyclingSA (Seeded).
 - 18.3.4. Non-Members of CyclingSA (Day Licenses)
- 18.4. Racing Groups:
 - 18.4.1. Elite and Under 23 men
 - 18.4.1.1. Open to riders holding an Elite, under 23 licenses, as well as Junior riders holding a Full Racing License, limited to a number of 6 riders per club or team.
 - 18.4.1.2. Races that include Juniors may not exceed 140km and prize money for the first 3 Juniors must still be paid out.
 - 18.4.2. Junior Category
 - 18.4.2.1. Open to riders holding a UCI recognized Junior License.
 - 18.4.2.2. This category may be combined with the Elite and U23 Racing category

- 18.4.3. Women Category
 - 18.4.3.1. Open to all women holding a Full Racing License as well as women with a qualifying seeding index, but subject to team restrictions as may be applicable to any team, series or league competitions.
- 18.4.4. Veteran Men and Women
 - 18.4.4.1. Open to riders holding a minimum of a membership license.
 - 18.4.4.2. The Men's categories shall be open to riders in 5- or 10-year age category racing groups, dependent on number of entries.
 - 18.4.4.3. The Women's categories shall be open to riders in combined categories of 5 – 20 years.
 - 18.4.4.4. Riders will receive preferential seeding. The Organizer may apply the seeding index of the timing company or National Seeding Index.
- 18.4.5. Under 17 Category
 - 18.4.5.1. A separate race category should exist for the Under 17 racing category wherever possible. This may be on route as per the allowed distance or as a separate criterium event.
 - 18.4.5.2. Race categories for Under 17 are encouraged subject to the distances tabled in this document. This may be on route as per the allowed distance or as a separate criterium event.
 - 18.4.5.3. Categories can be combined subject to the distance restrictions.
 - 18.4.5.4. Allowance for support vehicles can be made by the President Commissaire subject to consideration of the course, number of riders and rider safety.
- 18.4.6. Youth categories
 - 18.4.6.1. Race categories for youths are encouraged subject to the distances outlined in this handbook. This may be on route as per the allowed distance or as a separate criterium event.
 - 18.4.6.2. Categories can be combined subject to the distance restrictions.
 - 18.4.6.3. Allowance for support vehicles can be made by the President Commissaire subject to consideration of the course, number of riders and rider safety.
- 18.5. Rider support and following vehicles
 - 18.5.1. Team managers requiring access to the route to follow riders, shall be required to attend a compulsory meeting prior to the event.
 - 18.5.2. The minimum number of riders in a team to qualify for a following vehicle is 4 (four) registered and paid-up starters participating at the event.

- 18.5.3. All vehicles to be driven by a licensed team manager (Cat C minimum). Should a manager not have a valid license issued by Cycling SA, s/he cannot form part of the convoy. No exceptions shall be made to this safety requirement.
- 18.5.4 In a National Championships and A and B Category events all vehicles accompanying the race are restricted to a maximum height of 1.66m.
- 18.5.5 Allowance can be made in C and D Category events at the discretion of the PC of the race considering aspects such as size of the convoy, allowing non-conforming vehicles to ride at the rear of the convoy, and allowing travelling teams to use non-confirming vehicles.
- 18.6. Convoy draw shall be conducted as follows:
 - 18.6.1. Tour teams and then World Tour riders (riders will be allowed to have their own car but this vehicle can only service the rider and not include for example other club teams or club riders)
 - 18.6.2. Continental Teams and then Continental riders (riders will be allowed to have their own car but this vehicle can only service the rider and not include for example other club teams or riders)
 - 18.6.3. Registered domestic teams and visiting international national teams.
 - 18.6.4. Clubs and other mixed teams.
- 18.7. Provision of suitable and adequate radio communication is not compulsory. Timing and Results
 - 18.7.1. Adequate photo finish equipment must be used.
 - 18.7.2. One frame and two body numbers, conforming to the UCI standard, shall be provided for each Full Racing age category.
 - 18.7.3. The use of electronic timing devices for all competitors / categories shall be compulsory. The service provider shall timeously produce provisional results and update these once the official results have been made available by the President Commissaire.
 - 18.7.4. A complete set of race results shall be forwarded to Cycling SA within 48 hours of the event.
- 18.8. Prize Giving
 - 18.8.1. Prize giving will be conducted within 30 minutes or as soon as is practical thereafter after the finish of the Elite and Under 23 men's race.
- 18.9. Prize Money
 - 18.9.1. Total prize money shall be between R1000 and R40 000 and shall be confirmed.

18.10. Veteran Men and Women

- 18.10.1.1. Veteran Men 30 – 34 may also race as part of the Elite / U23 Open category but no additional prize money will be catered for.
- 18.10.1.2. Dependent on the number of entrants, Veteran Men and Women may race in a separate 5-year category bunches. Events with separate racing categories shall have the same prize money as the other respective Veteran Category. However, an event organizer may combine categories as one classification and prize fund.

18.11. Appointment of officials

- 18.11.1. The President Commissaire shall be appointed by the Cycling SA Technical Manager and Technical Director in consultation with the Provincial Technical Commissioner.

19. ONE DAY EVENTS: LOCAL CLUB AND COMMUNITY EVENTS

- 19.1. Local Club and regional events, categorized as E-category, are established as events providing a safe training environment on a small controlled or closed circuit.
- 19.2. Fun and training races shall be regulated by each respective Provincial and Regional Affiliate.
- 19.3. Fun and training races should not cater for more than 200 people.
- 19.4. Full Racing License holders shall be permitted to participate but shall not be permitted to compete as teams or utilize Team Managers, without the express prior consent of the President Commissaire.
 - 19.4.1. Restrictions as per the UCI shall apply to international participants and riders of Registered UCI teams.
- 19.5. Prize money and lucky draws shall be regulated by each respective Provincial and Regional Affiliate but may not exceed a maximum of R5000.
- 19.6. Provision shall be made to utilize at least one line official appointed by the Province Technical Commissioner – such an official may be an advanced probationer gaining experience.

20. STAGE RACING | NATIONAL TOURS

- 20.1. Stage races in South Africa shall closely follow the regulations, inclusive of prize money of the UCI 2.2 African Tour events with the exception that international team participation shall not be compulsory.
 - 20.1.1. Events shall be categorized as per the Calendar Categorization Policy.
 - 20.1.2. A and B category Road Cycling Stage races shall form part of the National Road Cycling Series.
 - 20.1.3. Stage events not categorized as an A- or B- category may apply to the Road Commission to be upgrade its event status to a B-category event.
- 20.2. Stage races can cater for a combination or separate racing and riding groups, and the tour organizer should consult and work closely with the Cycling SA Road Commission.
- 20.3. Stage races will be open to Elite, under 23, Junior and Veterans holding Full Racing Licenses.
 - 20.3.1. Riders may race all together or as part of separate groups depending on the number of entrants. In this case, provisions shall be made for combined as well as separate results classification.
- 20.4. Youth Stage Racing and youth festival regulations shall be determined by the Youth, Transformation and Development Commission.
- 20.5 The Cycling SA Road Commission may grant permission for Veteran specific stage races where full racing licensing is not compulsory.

21. CRITERIUM RACING

- 21.1. Criterium events are road races taking place on a circuit closed to traffic.
- 21.2. The circuit shall measure between 800 and 10,000 meters.
- 21.3. The general provisions as per UCI Part 2 shall apply.
- 21.4. The program / technical guide of the race shall specify the rules specific to the race, the intermediate sprint system and the allocation of points.

TECHNICAL OFFICIALS

22. OFFICIALS LICENSES

- 22.1. All technical officials must have valid membership and a Cycling SA Technical Support License and be between the ages of 18 and 70.
 - 22.1.1. Licensed officials, at any level, may not work or be associated in any way with any unsanctioned event.
 - 22.1.2. Non-members and unlicensed officials will not be allowed to work at any Cycling SA Sanctioned events.
- 22.2. Technical Licenses include:
 - 22.2.1. Probationer Commissaire, judge or timekeeper.
 - 22.2.2. Regional Commissaire, judge or timekeeper.
 - 22.2.3. National Commissaire, judge or timekeeper.
 - 22.2.4. Elite Commissaire, judge or timekeeper.
 - 22.2.5. UCI Commissaire, judge or timekeeper.

23. APPOINTMENT OF OFFICIALS AT CYCLING SA EVENTS

- 23.1. National Championships
 - 23.1.1. The President Commissaires and Chief Judges shall be appointed by the Cycling SA Technical Manager.
 - 23.1.2. All other technical delegates shall be appointed by the Cycling SA Technical Manager, CSA Road Commissioner, and the Cycling SA Technical Director, taking into consideration those who are qualified from the hosting province first.
 - 23.1.3. The Cycling SA Technical Manager and Technical Director may consult with the relevant Provincial Technical Commissioners where the event is being hosted.
- 23.2. National / Category-A Events
 - 23.2.1. The President Commissaire shall be assigned by the Cycling SA Technical Manager, CSA Road Commissioner and the Cycling SA Technical Director.
 - 23.2.2. All other technical delegates shall be appointed by the Cycling SA Technical Manager, Cycling SA Road Commissioner and the Cycling SA Technical Director taking into consideration those who are qualified from the hosting province first, followed by qualified individuals from neighboring provinces.

- 23.2.3. The Cycling SA Technical manager and Cycling SA Technical Director may consult with the relevant Provincial Technical Commissioners where the event is being hosted.

23.3. Provincial / Regional Events

- 23.3.1. The President Commissaire shall be assigned by the Provincial Road Technical Committee Chairperson.
 - 23.3.2. The President Commissaire in consultation with the Technical Commissioner, shall appoint National and Regional Commissaires / other technical from within or from neighboring provinces.
 - 23.3.3. At all Regional Events, the Provincial Technical Commissioner of the Province in which such event is to be held, shall appoint all Commissaires, according to the safety aspects and requirements of each event.
- 23.4. For all appointments, the Technical Commissions shall endeavor to ensure that Commissaires residing closest to the event are appointed. However, qualifications, experience and other skills required for a specific event should be determined and considered.

24. TRAINING

- 24.1. The Technical Commission shall compile training material for Commissaires, Team Managers, and other stakeholders that may be identified for the training.
- 24.2. The Technical Manager of Cycling SA and the Technical Commission shall appoint training facilitators with the necessary skills and knowledge to present the required training courses.
- 24.3. The appointed facilitators shall conduct Timekeeping and Judging, Commissaire and Team Manager or any other training courses which it may deem necessary and adjudicate the examination of such candidates.
- 24.4. The Technical Commission shall review and evaluate the contents of the cycling course material to ensure quality and compliance with the UCI and Cycling SA Technical and Disciplinary guidelines.
- 24.5. The Technical Commission shall evaluate active Commissaires and Technical Officials for the purpose of performance, grading, training and upgrading.

25. TECHNICAL OFFICIALS CONDUCT

- 25.1. All technical officials are subject to the rules, regulations, policies and codes of Cycling SA. Any remedial or disciplinary action shall be in line with the procedures of Cycling SA through the Compliance and Advisory Board.

26. CLOTHING AND ACCESSORIES

- 26.1. It is mandatory for all Commissaires to wear the official Cycling SA clothing, recommended and approved by Cycling SA, at all cycling events.
- 26.2. The Executive Board of Cycling SA shall approve any sponsors, emblems, or wording reflected on the official clothing to be worn by Technical Officials.
- 26.3. No deviation, including sponsor's branding, of the official clothing for a specific event shall be allowed unless prior written authorization has been obtained from the Executive Board of Cycling SA.
- 26.4. All official clothing to be worn by Commissaires shall be purchased through the service provider contracted to Cycling SA to ensure uniformity of the dress code, as circulated from time to time by Cycling SA Technical Manager.
- 26.5. The clothing and accessories to be worn by Commissaires while officiating:
 - 26.5.1. Men shall wear khaki chino long trousers plus a navy-blue shirt. In extreme weather conditions and at the discretion of the President Commissaire, short khaki trousers may be worn.
 - 26.5.2. Women shall wear khaki slacks or a khaki skirt plus a navy-blue blouse.
- 26.6. While officiating, the wearing of accessories such as golf shirts, jackets, caps, hats or any other clothing, approved by Cycling SA, are optional.

27. COMPENSATION FOR TECHNICAL OFFICIALS

- 27.1. Commissaires and Technical Officials shall be compensated by the Event Organizer according to the compensation structure approved by Cycling SA.
 - 27.1.1. Technical Officials shall receive a daily fee for services rendered at national cycling events, including the days upon which registration takes place, at the rate of R750.00 per day with effect from 1 January 2024 and rate per km which will be R5.50.
 - 27.1.2. Provincial and Regional Fees shall be set by each provincial affiliate, provided that the daily fee for Trainee Commissaires shall be 50% of the daily fee for Regional or National Commissaires.
 - 27.1.3. The daily fee shall be increased with effect from the first day of January of each year, at the rate of the Consumer Price Index.
- 27.2. All Commissaires and Technical Officials shall only receive payment in full once all race reports and results have been received by the Cycling SA Technical Manager. Payments and invoices will only be accepted from the Provincial Body and not from separate entities

28. EXPENSES OF TECHNICAL OFFICIALS

- 28.1. The Event Organizer shall be responsible for compensating or reimbursing Technical Officials for their costs of accommodation, transport to and from the venue where the cycling event is held, meals, transport during the cycling event, and any other legitimate out-of-pocket expenses.
- 28.2. The Provincial Body or the President Commissaire shall provide a budget to the Event Organizer of the estimated day fees and expenses payable by it. The Event Organizer shall deposit the funds reflected in such a budget with the Provincial Body before the date of registration of a cycling event or the first day of competition.
- 28.3. Technical Officials who ordinarily reside further than 150 km from the start or finish of a 1-day or multi-day cycling event shall be provided with accommodation and meals by the Event Organizer for the night before the first day and the night of the last day of such event.
- 28.4. If meals are not provided to Technical Officials, the Event Organizer shall pay to each Cycling Official R150.00 per meal and if Technical Officials are required to secure their own accommodation, that accommodation shall be equivalent to the rack rate of a three-star hotel.
- 28.5. It is the responsibility of each Event Organizer to ensure that adequate timing and photographic equipment is made available to the Technical Officials at a cycling event to record the positions of riders and the times allocated to such riders.
- 28.6. After the event, the Provincial Body or the President Commissaire shall prepare an accurate account of the compensation, including expenses, to be paid to the Technical Officials and any difference between that amount and the amount paid in terms of the budget shall be reimbursed to the provincial body or the Event Organizer as the case may be.
- 28.7. Technical Officials will not be paid their compensation by the Provincial Body or Cycling SA until a written race report in respect of the cycling event has been submitted to Cycling SA.

29. RACE REPORTS

- 29.1. Immediately after the end of each day but within twenty-four hours after each cycling event, the Technical Officials shall submit to the President Commissaire a written report setting out details of the event from the perspective of the Cycling Official, including but not limited to:
 - 29.1.1. Any injuries or fatalities sustained by cyclists, Technical Officials, members of the public or any other person.
 - 29.1.2. Any contravention of the Rules and Regulations of Cycling SA or the UCI and any sanctions imposed.
 - 29.1.3. Any information which may be helpful for future events.
 - 29.1.4. Any other aspect which the Technical Officials may deem appropriate to assist the President Commissaire in preparing a report.
- 29.2. Within five (5) days after each National or Provincial Event, the President Commissaire shall submit, to the Cycling SA Technical Manager and Provincial Technical Commissioner, a written report.
- 29.3. Upon receipt of a race report, the Provincial Technical Commissioner shall, unless the President Commissaire has done so, submit that report to the Event Organizer, Provincial Road Commissioner, and any other person or body that is entitled to a copy.
- 29.4. The report of the Technical Officials shall be in the form and in accordance with the requirements of Cycling SA or the UCI.

RACE INCIDENTS AND INFRINGEMENTS

30. GENERAL PROVISIONS

- 30.1. The infringement related to race incidents concerning riders, teams, and other license holders observed in the context of road events is sanctioned as set out in the table of race incidents defined in UCI Part 2.
- 30.2. A coach /rider/manager can respectfully query an official regarding rules and regulations during the event, separate to an official appeal process.
- 30.3. Officials and in particular the President Commissaire may be held accountable for decisions made at events and provision of supporting documents can be requested to be used to prove beyond reasonable doubt decisions made.

31. WARNINGS

- 31.1. Every individual commissaire may issue a warning when noting an irregularity during a race. The license holder is directly informed of warnings verbally, by gestures or by Radio-Tour at the time of the infringement. The Commissaires' Panel shall decide to impose a sanction if the irregularity for which a warning was issued during the race turns out to be an infringement related to a race incident.

32. PENALTIES AND SANCTIONS IMPOSED BY THE COMMISSAIRES' PANEL

- 32.1. Without prejudice to the sanctions of the table in UCI Part 2, any license holder who is involved in a serious race incident may be immediately disqualified by a commissaire.

33. BEHAVIOUR REFERRED FOR DISCIPLINARY ACTION

- 33.1. In the case of behavior that represents an infringement that can be referred to for Disciplinary Action, the license holder may be summoned to appear before the Disciplinary Panel appointed by the Compliance and Advisory Board.

34. UCI CLOTHING REGULATIONS

- 34.1. Any club or domestic racing team racing in the licensed Junior, U23, and Elite Categories for men and women are required to register their clothing design with Cycling SA at technical@cyclingsa.com and are subject to the regulations and restrictions of the UCI.
- 34.2. A rider whose clothing is not compliant with the regulations of the UCI may be refused to start an event and/or shall be subject to penalties or sanctions imposed by the Commissaires' panel. Any continued infringements shall be referred to the Compliance and Advisory Board for a disciplinary review.

DOMESTIC RACING TEAMS

35. SCOPE OF APPLICATION

Domestic racing teams shall be registered by:

- 35.1. Provincial or regional clubs who wish to have representation in any series of competitions / leagues as part of the road cycling calendar of Cycling SA.
- 35.2. A person or a group of riders who wants to establish a team of riders from different regions or provinces to ride as a sponsored team of riders.
- 35.3. Any club or team who have paid / employed riders participating in events on the road cycling calendar of Cycling SA.
- 35.4. Any club or mixed group of riders who wish to participate in any international or UCI event.

36. TEAM CATEGORIES AND COMPOSITION

The categories and number of registered teams shall be as follows:

- 36.1. U23 and Elite
 - 36.1.1. Men's team with Minimum 4 and Maximum 8 registered Riders.
 - 36.1.2. Women's team with minimum 4 and maximum 6 registered riders.
 - 36.1.3. An exception shall be made to invite additional riders as part of the team should the team register to ride internationally for a period of time or may be required to substitute a rider due to health reasons in domestic competitions. The exception shall only be valid for specific periods of time or events.
 - 36.1.4. Junior, Veteran or Master riders are eligible to form part of a U23 / Elite Team, but the team may not exceed the maximum number of riders and will be subject to restrictions for participation in domestic or international events.
 - 36.1.4.1. A junior rider is not eligible to choose a U23 / Elite Racing License, but a Veteran / Master rider may choose an elite road racing license for the full calendar year.
 - 36.1.4.2. Specifically, riders holding a Veteran / Master or Junior License who is part of a U23, and Elite Category Domestic Racing Team will not be eligible to participate in any UCI events, inclusive of the Elite and Under 23 National Championships.

36.2. Junior Teams:

- 36.2.1. Men Racing Team with Minimum 4 and Maximum 8 registered Riders.
- 36.2.2. Women Racing Team with minimum 4 and maximum 6 registered riders.
- 36.2.3. Junior, Veteran or Master riders are eligible to form part of an U23 / Elite Team, but the team may not exceed the maximum number of riders and will be subject to restrictions for the participation in domestic or international events.
- 36.2.4. An exception shall be made to invite additional riders as part of the team should the team register to ride internationally for a period or may be required to substitute a rider due to health reasons in domestic competitions. The exception shall only be valid for specific periods of time or events.

37. GENERAL

- 37.1. Registered club teams shall be invited to club teams, series, and league competitions first.
- 37.2. Registered domestic teams shall form part of any convoy draw prior to any club or regional teams.
- 37.3. Teams with the same name / main sponsor/clothing will not be allowed to start in the same team event.
- 37.4. Team competitions and events forming part of a series or leagues shall be limited to:
 - 37.4.1. 6 riders per club or per team for men's competitions.
 - 37.4.2. 4 riders per club or per team for women's competitions.
- 37.5. Cycling SA shall issue additional regulations for any series or league competitions.

38. REGISTRATION

- 38.1. Team registration forms can be obtained from membership@cyclingsa.com and technical@cyclingsa.com.
- 38.2. Registration forms shall be submitted to membership@cyclingsa.com and technical@cyclingsa.com.
- 38.3. Registration information required:
 - 38.3.1. Registration form with full names, Identification, and license numbers of all team members.
 - 38.3.2. Full names, Identification and license numbers of team manager and support staff.
 - 38.3.3. A sample of team cycling clothing for registration year and list of sponsors at the time of registration.
 - 38.3.4. Confirmation of Payment of the team registration fee.

39. REGISTRATION FEES

- 39.1. All team administration fees are payable to CyclingSA directly prior to the team being registered and exclude membership and licensing fees.

40. RIDER AGREEMENTS

- 40.1. Contracts between riders who are paid or compensated, and clubs / teams need to comply with the basic contract conditions as per the Basic Conditions of Employment Act.
- 40.1.1. An agreement template can be obtained from technical@cyclingsa.com and a copy of each signed and witnessed rider agreement shall be shared with technical@cyclingsa.com.
- 40.2. Rider transfers to other domestic racing teams can only take place between 25 June and 01 July of a specific year and 25 – 30 November of a specific Calendar year should the agreement be valid for another registration year.
- 40.2.1. Riders can only be released or terminated from teams with written approval / confirmation from the team principal (owner) – (advising reasons for termination of contract) –the release or confirmation must be submitted to CyclingSA, prior to release / Termination of contract.

41. E-Bike

An E-Road Bike is a bike operated with two energy sources, human pedal power and an electric engine, which only provides assistance when the rider is peddling.

- Unless entering in the E-bike category - Riders are NOT permitted to use an e-bike on any part of the course during warm up or within the race. (Any rider found utilizing an E-Bike for racing purposes in a racing category will be disqualified fined and sanctioned)

E-Road Bike Events

- 41.1 E-Road bike events must be organized in accordance with the following bike standards:
- 41.2. Only standard equipment as supplied by the original equipment manufacturer (OEM) may be used.
- 41.3. No throttle device
- 41.4. Pedaling assistance only, although a start-up assistance not exceeding 6km/h without pedaling is allowed.
- 41.5. E-Road Bike events are open to all riders aged 19 and over and include master's categories.
- 41.6. E-Road bike competitors may only compete in E-Road Bike events. E-Road bike competitors may not enter and compete in standard Road events for position or classification.