

WESTERN CAPE CYCLING

together with CAPE METROPOLE

PRESENTS

Western Cape Track & Para Cycling Championships 2025

Faure Stadium, Paarl



Saturday 15 November @ 09h00 - Registration from 07h30			Sun 16 November @ 09h00 - Registration from 07h30	
DAY 1: Session 1 - SATURDAY 15 NOVEMBER				
No.	Event name	Category	Comment	Round
1	4000m individual pursuit	Elite men	Medals for top 3	Finals
2	3000m individual pursuit	Junior men	Medals for top 3	Finals
3	3000m individual pursuit	Masters men 35-39	Medals for top 3	Finals
4	3000m individual pursuit	Masters men 45-49	Medals for top 3	Finals
5	2000m individual pursuit	Masters men 50-54	Medals for top 3	Finals
6	2000m individual pursuit	Masters men 55-59	Medals for top 3	Finals
7	2000m individual pursuit	Masters men 60+	Medals for top 3	Finals
8	2000m individual pursuit	Masters women 40-44	Medals for top 3	Finals
9	2000m individual pursuit	Masters women 45+	Medals for top 3	Finals
10	1000m individual pursuit	Girls u11	Medals for top 3	Finals
11	1500m individual pursuit	Girls u13	Medals for top 3	Finals
12	1500m individual pursuit	Girls u15	Medals for top 3	Finals
13	2000m individual pursuit	Girls u17	Medals for top 3	Finals
14	1000m individual pursuit	Boys u11	Medals for top 3	Finals
15	1500m individual pursuit	Boys u13	Medals for top 3	Finals
16	1500m individual pursuit	Boys u15	Medals for top 3	Finals
17	2000m individual pursuit	Boys u17	Medals for top 3	Finals
18	4000m team pursuit	Masters men 35+	Medals for top 3	Finals
19	4000m team pursuit	Open men (Jr and Elite)	Medals for top 3	Finals
20	200m sprint - qualifiers	Elite men	4 fastest riders to final	Finals
21	200m sprint - qualifiers	Junior men	4 fastest riders to final	Qualifiers
22	200m sprint - qualifiers	Boys u17	4 fastest riders to final	Qualifiers
23	200m sprint - qualifiers	Masters men 35-49	4 fastest riders to final	Qualifiers
24	200m sprint - qualifiers	Masters men 50+	4 fastest riders to final	Qualifiers
Interval 15 minutes				
25	500m tt	Girls u11	Medals for top 3	Finals
26	500m tt	Girls u13	Medals for top 3	Finals
27	500m tt	Girls u15	Medals for top 3	Finals
28	500m tt	Girls u17	Medals for top 3	Finals
29	500m tt	Boys u11	Medals for top 3	Finals
30	500m tt	Boys u13	Medals for top 3	Finals
31	500m tt	Boys u15	Medals for top 3	Finals
32	500m tt	Boys u17	Medals for top 3	Finals
33	500m tt	Masters ladies 35+	Medals for top 3	Finals
34	500m tt	Masters men 60+	Medals for top 2	Finals
35	500m tt	Masters men 55-59	Medals for top 3	Finals
36	500m tt	Masters men 50-54	Medals for top 3	Finals
37	1000m tt	Elite men	Medals for top 3	Finals
38	1000m tt	Junior men	Medals for top 3	Finals
39	1000m tt	Masters men 35-39	Medals for top 3	Finals
40	750m tt	Masters men 45-49	Medals for top 3	Finals
Medal ceremony				
Lunch for 60 minutes				
Session 2				
41	Team sprint	Open men (Jr and Elite)	Medals for top 3	Finals
42	Team sprint	Masters men 35+	Medals for top 3	Finals
43	5km scratch race	Boys u17	Medals for top 3	Finals
44	5km scratch race	Masters men 50+	Medals for top 3	Finals
45	7.5m scratch race	Masters men 35-49	Medals for top 3	Finals
46	7.5m scratch race	Junior men	Medals for top 3	Finals
47	10km scratch race	Elite men	Medals for top 3	Finals
Interval 15 minutes				
48	1500m	Boys u17	Medals for top 3	Finals
49	1500m	Boys U15	Medals for top 3	Finals
50	1500m	Masters men 35-49	Medals for top 3	Finals
51	1500m	Masters men 50+	Medals for top 3	Finals
52	1500m	Junior men	Medals for top 3	Finals
53	1500m	Elite men	Medals for top 3	Finals
End of Day 1				
DAY 2: Session 1 - SUNDAY 16 NOVEMBER				
No.	Event name	Category	Comment	Round
54	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
55	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
56	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
57	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
58	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
59	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
60	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
61	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
62	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 1
63	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 1
64	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
65	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
66	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
67	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
68	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
69	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
70	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2
71	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2
72	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 2

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73	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 2	
74	Match sprint	Elite men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3	
75	Match sprint	Elite men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3	
76	Match sprint	Junior men	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3	
77	Match sprint	Junior men	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3	
78	Match sprint	Boys u17	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3	
79	Match sprint	Boys u17	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3	
80	Match sprint	Masters men 35-49	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3	
81	Match sprint	Masters men 35-49	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3	
82	Match sprint	Masters men 50+	Ride for 3 rd place medal – best out of 3	3 rd and 4 th ride 3	
83	Match sprint	Masters men 50+	Ride for 1 st and 2 nd places – best out of 3	1 st and 2 nd ride 3	
84	3km scratch race	Boys U11 & Girls U11 & Girls U13	Seperate Medals per age cat - top 3	Finals	
85	3km scratch race	U13 Boys	Medals for top 3	Finals	
86	3km scratch race	Girls U15 & Girls U17	Seperate Medals per age cat - top 3	Finals	
87	3km scratch race	U15 Boys	Medals for top 3	Finals	
88	Elimination	Junior men	Medals for top 3	Finals	
89	Elimination	Elite men	Medals for top 3	Finals	
Medal ceremony					
Lunch for 45 minutes					
Session 2					
90	1500m	Boys U11 & Girls U11 & Girls U13	Seperate Medals per age cat - top 3	Finals	
91	1500m	Boys U13	Seperate Medals per age cat - top 3	Finals	
92	1500m	Girls U15 & Girls U17	Seperate Medals per age cat - top 3	Finals	
93	Keirin	Masters men 55+	Medals for top 3	Finals	
94	Keirin	Masters men 50-54	Medals for top 3	Finals	
95	Keirin	Masters men 45-49	Medals for top 3	Finals	
96	Keirin	Masters men 35-44	Medals for top 3	Finals	
97	3km points race	Boys U15 & Girls U17	Seperate medals per age cat - top 3	Finals	
98	7.5km points race	Masters men 50+	Medals for top 3	Finals	
99	7.5km points race	Boys U17	Medals for top 3	Finals	
100	30km points race	Elite men	Medals for top 3	Finals	
101	20km points race	Junior men	Medals for top 3	Finals	
102	10km points race	Masters men 35-49	Medals for top 3	Finals	
103	Keirin	Elite men	Medals for top 3	Finals	
104	Keirin	Junior men	Medals for top 3	Finals	
105	Keirin	Boys U17	Medals for top 3	Finals	
Interval 20 minutes					
106	30km Madison	Open men (Jr, Elite & Masters)	Medals for top 3	Finals	
Medal ceremony					
End of day 2 and Close of Champs					