



# WESTERN CAPE CYCLING

PRESENTS  
Western Cape Track Cycling Championships 2019



Bellville Velodrome

Saturday 26 October @ 09h00 - Registration from 08h00		Sun 27 October @ 10h00 - Registration from 09h00		
DAY 1: Session 1 - SATURDAY 26 OCTOBER				
No.	Event name	Category	Comment	Round
1	3000m individual pursuit	Para	Medals for top 3	Finals
2	4000m individual pursuit	Elite men	Medals for top 3	Finals
3	3000m individual pursuit	Junior men	Medals for top 3	Finals
4	3000m individual pursuit	Elite ladies	Medals for top 3	Finals
5	3000m individual pursuit	Masters men 35-39	Medals for top 3	Finals
6	3000m individual pursuit	Masters men 40-44	Medals for top 3	Finals
7	3000m individual pursuit	Masters men 45-49	Medals for top 3	Finals
8	2000m individual pursuit	Masters men 50+	Medals for top 3	Finals
9	2000m individual pursuit	Masters ladies 35+	Medals for top 3	Finals
10	2000m individual pursuit	Junior ladies	Medals for top 3	Finals
11	1000m individual pursuit	Girls u11	Medals for top 3	Finals
12	1500m individual pursuit	Girls u13	Medals for top 3	Finals
13	1500m individual pursuit	Girls u15	Medals for top 3	Finals
14	2000m individual pursuit	Girls u17	Medals for top 3	Finals
15	1000m individual pursuit	Boys u11	Medals for top 3	Finals
16	1500m individual pursuit	Boys u13	Medals for top 3	Finals
17	1500m individual pursuit	Boys u15	Medals for top 3	Finals
18	2000m individual pursuit	Boys u17	Medals for top 3	Finals
19	3000m team pursuit	Masters men 35+	Medals for top 3	Finals
20	4000m team pursuit	Open men (jr and elite)	Medals for top 3	Finals
21	200m sprint qualifiers	Elite men	4 fastest riders to final	Qualifiers
22	200m sprint qualifiers	Junior men	4 fastest riders to final	Qualifiers
23	200m sprint qualifiers	Boys u17	4 fastest riders to final	Qualifiers
24	200m sprint qualifiers	Open ladies	4 fastest riders to final	Qualifiers
25	200m sprint qualifiers	Masters men 35-44	4 fastest riders to final	Qualifiers
26	200m sprint qualifiers	Masters men 45+	4 fastest riders to final	Qualifiers
Interval 15 minutes				
27	500m tt	Para	Medals for top 3	Finals
28	500m tt	Girls u11	Medals for top 3	Finals
29	500m tt	Girls u13	Medals for top 3	Finals
30	500m tt	Girls u15	Medals for top 3	Finals
31	500m tt	Girls u17	Medals for top 3	Finals
32	500m tt	Boys u11	Medals for top 3	Finals
33	500m tt	Boys u13	Medals for top 3	Finals
34	500m tt	Boys u15	Medals for top 3	Finals
35	500m tt	Boys u17	Medals for top 3	Finals
36	500m tt	Masters ladies 35+	Medals for top 3	Finals
37	500m tt	Open ladies	Medals for top 3	Finals
38	500m tt	Junior ladies	Medals for top 3	Finals
39	500m tt	Masters men 50+	Medals for top 3	Finals
40	1000m tt	Elite men	Medals for top 3	Finals
41	1000m tt	Junior men	Medals for top 3	Finals
42	1000m tt	Masters men 35-39	Medals for top 3	Finals
43	750m tt	Masters men 40-44	Medals for top 3	Finals
44	750m tt	Masters men 45-49	Medals for top 3	Finals
Medal ceremony				
Lunch for 60 minutes				
Session 2				
45	Team sprint	Open men (jr and elite)	Medals for top 3	Finals
46	Team sprint	Masters men 35+	Medals for top 3	Finals
47	7.5km scratch race	Open ladies	Medals for top 3	Finals
48	7.5km scratch race	Boys u17	Medals for top 3	Finals
49	7.5km scratch race	Masters men 45+	Medals for top 3	Finals
50	10km scratch race	Junior men	Medals for top 3	Finals
51	10km scratch race	Masters men 34-44	Medals for top 3	Finals
52	15km scratch race	Elite men	Medals for top 3	Finals
Interval 15 minutes				
53	1500m	Elite men	Top 8 to finals – event 61	Heat 1
54	1500m	Elite men	Top 8 to finals – event 61	Heat 2
55	1500m	Boys u17	Medals for top 3	Finals
56	1500m	Open ladies	Medals for top 3	Finals
57	1500m	Boys u15 and girls u17	Separate Medals per age cat - top 3	Finals
58	1500m	Masters men 35-44	Medals for top 3	Finals
59	1500m	Masters men 45+	Medals for top 3	Finals
60	1500m	Junior men	Medals for top 3	Finals
61	1500m	Elite men	Medals for top 3	Finals
End of day 1				



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Saturday 26 October @ 09h00 - Registration from 08h00		Sun 27 October @ 10h00 - Registration from 09h00		
DAY 2: Session 1 - SUNDAY 27 OCTOBER				
No.	Event name	Category	Comment	Round
62	Match sprint	Elite men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
63	Match sprint	Elite men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
64	Match sprint	Junior men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
65	Match sprint	Junior men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
66	Match sprint	Boys u17	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
67	Match sprint	Boys u17	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
68	Match sprint	Open ladies	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
69	Match sprint	Open ladies	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
70	Match sprint	Masters men 35-44	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
71	Match sprint	Masters men 35-44	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
72	Match sprint	Masters men 45+	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 1
73	Match sprint	Masters men 45+	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 1
74	Match sprint	Elite men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
75	Match sprint	Elite men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
76	Match sprint	Junior men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
77	Match sprint	Junior men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
78	Match sprint	Boys u17	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
79	Match sprint	Boys u17	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
80	Match sprint	Open ladies	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
81	Match sprint	Open ladies	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
82	Match sprint	Masters men 35-44	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
83	Match sprint	Masters men 35-44	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
84	Match sprint	Masters men 45+	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 2
85	Match sprint	Masters men 45+	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 2
86	Match sprint	Elite men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
87	Match sprint	Elite men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
88	Match sprint	Junior men	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
89	Match sprint	Junior men	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
90	Match sprint	Boys u17	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
91	Match sprint	Boys u17	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
92	Match sprint	Open ladies	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
93	Match sprint	Open ladies	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
94	Match sprint	Masters men 35-44	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
95	Match sprint	Masters men 35-44	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
96	Match sprint	Masters men 45+	Ride for 3 <sup>rd</sup> place medal – best out of 3	3 <sup>rd</sup> and 4 <sup>th</sup> ride 3
97	Match sprint	Masters men 45+	Ride for 1 <sup>st</sup> and 2 <sup>nd</sup> places – best out of 3	1 <sup>st</sup> and 2 <sup>nd</sup> ride 3
98	3km scratch race	u11 boys and u13 girls	Seperate Medals per age cat - top 3	Finals
99	3km scratch race	u13 boys and u15 girls	Seperate Medals per age cat - top 3	Finals
100	3km scratch race	u15 boys and u17 girls	Seperate Medals per age cat - top 3	Finals
101	Elimination	Junior men	Medals for top 3	Finals
102	Elimination	Elite men	Medals for top 3	Finals
<b>Medal ceremony</b>				
<b>Lunch for 45 minutes</b>				
<b>Session 2</b>				
103	1500m	Boys u11 and girls u13	Seperate Medals per age cat - top 3	Finals
104	1500m	Boys u13 and girls u15	Seperate Medals per age cat - top 3	Finals
105	Keirin	Junior men	Top 4 to finals - event 123	Heat 1
106	Keirin	Junior men	Top 4 to finals - event 123	Heat 2
107	Keirin	Elite men	Top 4 to finals - event 122	Heat 1
108	Keirin	Elite men	Top 4 to finals - event 122	Heat 2
109	Keirin	Boys u17	Top 4 to finals - event 124	Heat 1
110	Keirin	Boys u17	Top 4 to finals - event 124	Heat 2
111	Keirin	Open ladies	Medals for top 3	Finals
112	Keirin	Masters men 45+	Medals for top 3	Finals
113	Keirin	Masters men 40-44	Medals for top 3	Finals
114	Keirin	Masters men 35-39	Medals for top 3	Finals
115	3km points race	Boys u15 & girls u17	Medals for top 3	Finals
116	7.5km points race	Open ladies	Medals for top 3	Finals
117	7.5km points race	Masters men 45+	Medals for top 3	Finals
118	10km points race	Boys u17	Medals for top 3	Finals
119	20km points race	Elite men	Medals for top 3	Finals
120	15km points race	Junior men	Medals for top 3	Finals
121	15km points race	Masters men	Medals for top 3	Finals
122	Keirin	Elite men	Medals for top 3	Finals
123	Keirin	Junior men	Medals for top 3	Finals
124	Keirin	Boys u17	Medals for top 4	Finals
<b>Interval 20 minutes</b>				
125	20km Madison	Open men	2 riders per team (jr, elite, masters)	Finals
<b>Medal ceremony</b>				
<b>End of day 2 and Close of Champs</b>				