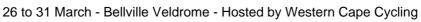




Program

Day 1 - Tue, 26 March 2019 - Session 1 starting at 9am

1	1500m	Under 11 & 13 Girls	1500		
2	1500m	Under 15 & 17 Girls	1500		
3	1500m	Under 11 Boys	1500		
4	1500m	Under 13 Boys	1500		
5	1500m	Under 15 Boys	1500		
6	1500m	Under 17 Boys	1500		
7	1500m	Vets Woman	1500		
8	1500m	35-44 Men			
9	1500m	45-54 Men			
10	1500m	55+ Men			
		- Medal Presentation -			
11	Individual Pursuit	35-39 Woman	2000		
12	Individual Pursuit	40-44 Woman	2000		
13	Individual Pursuit	45-49 Woman	2000		
14	Individual Pursuit	50-54 Woman	2000		
15	Individual Pursuit	55-59 Woman	2000		
16	Individual Pursuit	60-64 Woman	2000		
17	Individual Pursuit	65-69 Woman	2000		
18	Individual Pursuit	70-74 Woman	2000		
19	Individual Pursuit	75+ Woman	2000		
		- Interval -			
20	Individual Pursuit	35-39 Men	3000		
21	Individual Pursuit	40-44 Men	3000		
22	Individual Pursuit	45-49 Men	3000		
23	Individual Pursuit	50-54 Men	2000		
24	Individual Pursuit	55-59 Men	2000		
25	Individual Pursuit	60-64 Men	2000		
26	Individual Pursuit	65-69 Men	2000		
27	Individual Pursuit	70-74 Men	2000		
28	Individual Pursuit	75+ Men	2000		
29	Individual Pursuit	Para C2	3000		
30	Individual Pursuit	Para C3	3000		
	- Medal Presentation -				
31	Scratch Race	Under 11 & 13 Girls	3000		
32	Scratch Race	Under 15 Girls	3000		
33	Scratch Race	Under 17 Girls	5000		
34	Scratch Race	Under 11 Boys	3000		





Program

Day 1 - Tue, 26 March 2019 - Session 1 starting at 9am

35	Scratch Race	Under 13 Boys	3000
36	Scratch Race	Under 15 Boys	5000
37	Scratch Race	Under 17 Boys	5000
38	Time Trial	Para C2	1000
39	Time Trial	Para C3	1000
		- Medal Presentation -	
Day 1 - Tue, 26 March 2019 - Session 2 starting at 5pm			
Day	1 - Tue, 26 Ma	arch 2019 - Session 2 starting at 5p	m
	,		
40	1500m	Elite Woman	1500
	,		
40	1500m	Elite Woman	1500

	- Medal Presentation -				
44	Elimination	Elite Woman			
45	Elimination	Elite Men			
46	Time Trial	Junior Woman	500		
47	Time Trial	Junior Men	1000		

- Medal Presentation -



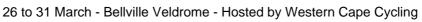
26 to 31 March - Bellville Veldrome - Hosted by Western Cape Cycling



Day 2 - Wed, 27 March 2019 - Session 1 starting at 9am

48	Individual Pursuit	Para C4	4000
49	Individual Pursuit	Para C5	4000
50	Keirin	Vets Woman	
51	Keirin	35-44 Men	
52	Keirin	45-54 Men	1500
53	Keirin	55+ Men	1500
		- Medal Presentation -	
63	Time Trial	Under 15 Girls	500
64	Time Trial	Under 17 Girls	500
69	Time Trial	Under 15 Boys	500
70	Time Trial	Under 17 Boys	500
		- Medal Presentation -	
57	Scratch Race	Vets Woman	5000
58	Scratch Race	35-44 Men	10000
59	Scratch Race	45-54 Men	10000
60	Scratch Race	55+ Men	7500
		- Medal Presentation -	
54	Points Race	Under 15 & 17 Girls	6000
55	Points Race	Under 15 Boys	10000
56	Points Race	Under 17 Boys	10000
65	Time Trial	Para C4	1000
66	Time Trial	Para C5	1000
61	Time Trial	Under 11 Girls	500
62	Time Trial	Under 13 Girls	500
67	Time Trial	Under 11 Boys	500
68	Time Trial	Under 13 Boys	500
		- Medal Presentation -	



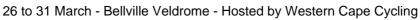




Program

Day 2 - Wed, 27 March 2019 - Session 2 starting at 5pm

71	1500m	Junior Woman	1500	
72	1500m	Junior Men	1500	
77	Time Trial	Elite Woman	500	
78	Time Trial	Elite Men	1000	
	- Medal Presentation -			
75	Elimination	Junior Woman		
76	Elimination	Junior Men		
73	Points Race	Elite Woman	20000	
74	Points Race	Elite Men	30000	
	- Medal Presentation -			

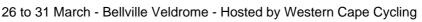




Program

Day 3 - Thu, 28 March 2019 - Session 1 starting at 9am

79 70	Match Sprint	35-39 Men	Qualifier Qualifier	200 200
79 80	Match Sprint Match Sprint	40-44 Men 45-54 Men	Qualifier	200
81	Match Sprint	55+ Men	Qualifier	200
82	Match Sprint	35-44 Woman	Qualifier	200
83	Match Sprint	45-54 Woman	Qualifier	200
84	Match Sprint	55+ Woman	Qualifier	200
85	Individual Pursuit	Under 11 Girls	Qualifier	1000
86	Individual Pursuit	Under 13 Girls		1500
88	Individual Pursuit	Under 11 Boys		1000
89	Individual Pursuit	Under 13 Boys		1500
90	Match Sprint	40-44 Men	Semi Final - Heat 1	200
91	Match Sprint	45-54 Men	Semi Final - Heat 1	200
92	Match Sprint	55+ Men	Semi Final - Heat 1	200
93	Match Sprint	35-44 Women	Final - Heat 1	200
94	Match Sprint	45-54 Women	Final - Heat 1	200
95	Match Sprint	55+ Women	Final - Heat 1	200
		- Medal Pres		
96	Match Sprint	40-44 Men	Semi Final - Heat 2	200
97	Match Sprint	45-54 Men	Semi Final - Heat 2	200
98	Match Sprint	55+ Men	Semi Final - Heat 2	200
99	Match Sprint	35-44 Women	Final - Heat 2	200
100	Match Sprint	45-54 Women	Final - Heat 2	200
101	Match Sprint	55+ Women	Final - Heat 2	200
		- Interv	al -	
102	Match Sprint	40-44 Men	Semi Final - Heat 3	200
103	Match Sprint	45-54 Men	Semi Final - Heat 3	200
104	Match Sprint	55+ Men	Semi Final - Heat 3	200
105	Match Sprint	35-44 Women	Final - Heat 3	200
106	Match Sprint	45-54 Women	Final - Heat 3	200
107	Match Sprint	55+ Women	Final - Heat 3	200
		- Interv	al -	
108	Individual Pursuit	Under 15 Girls		1500
109	Individual Pursuit	Under 17 Girls		2000
110	Match Sprint	35-39 Men	Final - Straight	200
110	Match Sprint	40-44 Men	Ride off - Straight - Pos 5, 6 & 7	200
110	Match Sprint	40-44 Men	Final - Heat 1	200

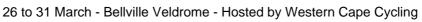




Program

Day 3 - Thu, 28 March 2019 - Session 1 starting at 9am

111	Match Sprint	45-54 Men	Final - Heat 1	200	
112	Match Sprint	55+ Men	Final - Heat 1	200	
113	Individual Pursuit	Under 15 Boys		1500	
114	Individual Pursuit	Under 17 Boys		2000	
115	Match Sprint	40-44 Men	Final - Heat 2	200	
116	Match Sprint	45-54 Men	Final - Heat 2	200	
117	Match Sprint	55+ Men	Final - Heat 2	200	
		- Int	erval -		
118	Match Sprint	40-44 Men	Final - Heat 3	200	
119	Match Sprint	45-54 Men	Final - Heat 3	200	
120	Match Sprint	55+ Men	Final - Heat 3	200	
	- Medal Presentation -				





Program

Day 3 - Thu, 28 March 2019 - Session 2 starting at 5pm

147 148 149 150	Match Sprint Match Sprint Match Sprint Scratch Race Scratch Race	Junior Woman Elite Men Junior Men - Medal Pr Junior Woman Junior Men	Final - Heat 3 Final - Heat 3 Final - Heat 3 Final - Heat 3 esentation -	200 200 200 7500 10000			
148	Match Sprint Match Sprint Match Sprint	Junior Woman Elite Men Junior Men - Medal Pr	Final - Heat 3 Final - Heat 3 Final - Heat 3	200 200			
	Match Sprint Match Sprint	Junior Woman Elite Men Junior Men	Final - Heat 3 Final - Heat 3 Final - Heat 3	200			
	Match Sprint Match Sprint	Junior Woman Elite Men	Final - Heat 3 Final - Heat 3	200			
147	Match Sprint Match Sprint	Junior Woman	Final - Heat 3 Final - Heat 3	200			
4 4 7	·			200			
146	'	- Inte	erval -				
	<u> </u>	- Interval -					
145	Match Sprint	Junior Men	Final - Heat 2	200			
144	Match Sprint	Elite Men	Final - Heat 2	200			
143	Match Sprint	Junior Woman	Final - Heat 2	200			
		- Inte	erval -				
142	Match Sprint	Junior Men	Final - Heat 1	200			
141	Match Sprint	Elite Men	Final - Heat 1	200			
140	Match Sprint	Junior Woman	Final - Heat 1	200			
139	Match Sprint	Junior Men	Semi Final - Heat 3	200			
			esentation -				
138	Match Sprint	Elite Men	Semi Final - Heat 3	200			
137	Match Sprint	Elite Woman	Final - Heat 3	200			
136	Match Sprint	Junior Woman	Semi Final - Heat 3	200			
135	Match Sprint	Junior Men	Semi Final - Heat 2	200			
134	Individual Pursuit	Elite Men	0	4000			
133	Match Sprint	Elite Men	Semi Final - Heat 2	200			
132	Match Sprint	Elite Woman	Final - Heat 2	200			
131	Match Sprint	Junior Woman	Semi Final - Heat 2	200			
130	Match Sprint	Junior Men	Semi Final - Heat 1	200			
		- Into	erval -				
129	Match Sprint	Elite Men	Semi Final - Heat 1	200			
128	Match Sprint	Elite Woman	Final - Heat 1	200			
127	Match Sprint	Junior Woman	Semi Final - Heat 1	200			
126	Match Sprint	Junior Men	Quarter Final - Straight	200			
125	Individual Pursuit	Elite Woman	O	3000			
124	Match Sprint	Elite Men	Qualifier	200			
123	Match Sprint	Elite Woman	Qualifier	200			
122	Match Sprint	Junior Woman	Qualifier	200			
121	Match Sprint	Junior Men	Qualifier	200			



26 to 31 March - Bellville Veldrome - Hosted by Western Cape Cycling



Program

Day 4 - Fri, 29 March 2019 - Session 1 starting at 9am

151	Match Sprint	Under 15 Girls	Qualifier	200
152	Match Sprint	Under 17 Girls	Qualifier	200
153	Match Sprint	Under 15 Boys	Qualifier	200
154	Match Sprint	Under 17 Boys	Qualifier	200
167	Time Trial	35-39 Woman		500
168	Time Trial	40-44 Woman		500
169	Time Trial	45-49 Woman		500
170	Time Trial	50-54 Woman		500
171	Time Trial	55-59 Woman		500
172	Time Trial	60-64 Woman		500
173	Time Trial	65-69 Woman		500
174	Time Trial	70-74 Woman		500
175	Time Trial	75+ Woman		500
176	Time Trial	35-39 Men		1000
177	Time Trial	40-44 Men		750
178	Time Trial	45-49 Men		750
179	Time Trial	50-54 Men		500
180	Time Trial	55-59 Men		500
181	Time Trial	60-64 Men		500
182	Time Trial	65-69 Men		500
183	Time Trial	70-74 Men		500
184	Time Trial	75+ Men		500
		- Medal Pr	esentation -	
159	Match Sprint	Under 15 Girls	Finals - Bottom 3 - Straight	200
160	Match Sprint	Under 15 Girls	Finals - Top 3 - Straight	200
161	Match Sprint	Under 17 Girls	Finals - Bottom 3 - Straight	200
162	Match Sprint	Under 17 Girls	Finals - Top 3 - Straight	200
163	Match Sprint	Under 15 Boys	Finals - Bottom 3 - Straight	200
164	Match Sprint	Under 15 Boys	Finals - Top 3 - Straight	200
165	Match Sprint	Under 17 Boys	Finals - Bottom 3 - Straight	200
166	Match Sprint	Under 17 Boys	Finals - Top 3 - Straight	200
		- Medal Pr	esentation -	
155	Points Race	Vets Woman		10000
156	Points Race	35-44 Men		20000
157	Points Race	45-54 Men		20000
158	Points Race	55+ Men		15000
		- Medal Pr	esentation -	



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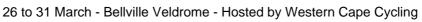
Program

Day 4 - Fri, 29 March 2019 - Session 2 starting at 5pm

185	Individual Pursuit	Junior Woman		2000
186	Individual Pursuit	Junior Men		3000
187	Keirin	Elite Men	Qualifier - Heat 1	1500
188	Keirin	Elite Men	Qualifier - Heat 2	1500
189	Keirin	Elite & Junior Woman	(Separate medals)	1500
190	Keirin	Junior Men	Qualifier - Heat 1	1500
190	Keirin	Junior Men	Qualifier - Heat 2	1500
		- Medal Prese	entation -	
191	Keirin	Elite Men	Final 1	1500
192	Keirin	Elite Men	Final 2	1500
193	Keirin	Junior Men	Final 1	1500
194	Keirin	Junior Men	Final 2	1500
195	Scratch Race	Elite Woman		10000
196	Scratch Race	Elite Men		15000
	- Medal Presentation -			

Day 5 - Sat, 30 March 2019 - Session 1 starting at 9am

197	Team Pursuit	Vets Woman	2000		
198	Team Pursuit	Vets Men	3000		
199	Team Pursuit	Under 15 Boys & Girls	2000		
200	Team Pursuit	Under 17 Boys & Girls	3000		
	- Medal Presentation -				
201	Team Sprint	Vets Woman	500		
202	Team Sprint	Under 17 Girls	500		
203	Team Sprint	35-44 Men	750		
204	Team Sprint	45-54 Men	750		
205	Team Sprint	55+ Men	750		
206	Team Sprint	Under 17 Boys	750		
		- Medal Presentation -			
207	Madison	Vets Men			
208	Madison	Under 17 Boys	16000		
		- Medal Presentation -			

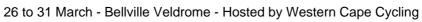




Program

Day 5 - Sat, 30 March 2019 - Session 2 starting at 5pm

209	Team Pursuit	Elite Woman	4000		
210	Team Pursuit	Junior Woman	4000		
211	Team Pursuit	Elite Men	4000		
212	Team Pursuit	Junior Men	4000		
	- Medal Presentation -				
213	Team Sprint	Elite Woman	500		
214	Team Sprint	Junior Woman	500		
215	Team Sprint	Elite Men	750		
216	Team Sprint	Junior Men	750		
		- Medal Presentation -			
217	Madison	Open Woman	32000		
218	Madison	Elite Men	40000		
219	Madison	Junior Men	32000		
	- Medal Presentation -				





Program

Day 6 - Sun, 31 March 2019 - Session 1 starting at 9am

220	Omnium	Under 17 Boys	Omnium Scratch
221	Omnium	35-39 Men	Omnium Scratch
222	Omnium	Junior Woman	Omnium Scratch
223	Omnium	Elite Woman	Omnium Scratch
224	Omnium	Junior Men	Omnium Scratch
225	Omnium	Elite Men	Omnium Scratch
- Interval -			
226	Omnium	Under 17 Boys	Omnium Tempo Race
227	Omnium	35-39 Men	Omnium Tempo Race
228	Omnium	Junior Woman	Omnium Tempo Race
229	Omnium	Elite Woman	Omnium Tempo Race
230	Omnium	Junior Men	Omnium Tempo Race
231	Omnium	Elite Men	Omnium Tempo Race
- Interval -			
232	Omnium	Under 17 Boys	Omnium Elimination
233	Omnium	35-39 Men	Omnium Elimination
234	Omnium	Junior Woman	Omnium Elimination
235	Omnium	Elite Woman	Omnium Elimination
236	Omnium	Junior Men	Omnium Elimination
237	Omnium	Elite Men	Omnium Elimination
- Interval -			
238	Omnium	Under 17 Boys	Omnium Points Race
239	Omnium	35-39 Men	Omnium Points Race
240	Omnium	Junior Woman	Omnium Points Race
241	Omnium	Elite Woman	Omnium Points Race
242	Omnium	Junior Men	Omnium Points Race
243	Omnium	Elite Men	Omnium Points Race
- Medal Presentation -			