



TRACK CYCLING HANDBOOK

2023

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PREAMBLE

1. PURPOSE

This document establishes rules and regulations for track cycling racing in South Africa with multiple disciplines taking place on a symmetrical circuit (preferably under 500 metres) constructed for cycle racing and generally having banked corners.

CHAPTER 1: GENERAL

2. APPLICATION OF RULES

- 2.1. Associations affiliated to Cycling SA and their clubs shall hold all their races under the Rules of Cycling SA and the UCI, stating so in their advertisements, programmes and official notices. The rules for competition must be strictly enforced and observed.
- 2.2. In all events stated to be held under the rules of the UCI and Cycling SA, these regulations and those of the UCI shall be enforced in respect of all types of track races in accordance with all recent and updated UCI rules and regulations.
- 2.3. These regulations apply to the organisation of the National Track Championships and in a modified form to all similar type races organised at any meeting held under the UCI and Cycling SA rules.
- 2.4. The racing will be in an anti-clockwise direction.
- 2.5. The UCI Track Rules have been added on the 10th of November 2022, please take note that the rules in The Track Guide could be different to those of the UCI, please revert to the UCI Rule book as the rules in the UCI Rule book will be the up-to-date rules and are the rules we need to follow.

3. CIRCUITS AND TRACK MEASUREMENTS OF CYCLING VELODROMES

- 3.1. Events shall take place on circuits of which the surface may be concrete, asphalt, wood, shale, cinders or grass, the dimensions being in accordance with the current recommendations of the Federation.
- 3.2. A certified copy of the plan of the track, showing the markings, lap distance and the number of laps plus any extra distance, for each officially recognised race distance shall be lodged with Cycling SA. –
- 3.3. The Provincial Body or Cycling SA reserves the right to refuse to sanction racing upon a track, which it considers unsuitable for such purposes.

4. TRACK CAPACITY

- 4.1. UCI Rule 3.1.009 shall apply for track capacity and shall apply as follows per bunch race in South Africa:
- 4.1.1. 24 riders on a 250m track. (maximum) 18 Madison Teams
 - 4.1.2. 38 riders on a 400m track (maximum) 20 Madison Teams
 - 4.1.3. 42 riders on a 450m track (maximum) 20 Madison Teams
 - 4.1.4. 48 riders on a 500m track (maximum) 20 Madison Teams

5. PADS ON TRACK

- 5.1. For tracks longer than 250 metres, the blue band shall be made un-rideable by placing the pads every 5 metres starting from each Pursuit Line, up until the end of the second turn after that Pursuit Line.
- 5.2. On 250 meters track or shorter, no pads are required on the blue band, except if stipulated different in these regulations.
- 5.3. Only officials of the meeting and Cycling SA representatives shall be allowed in the enclosure and, except by special permission of the Secretary of the meeting or the President Commissaire, competitors and their attendants only during the heat proceeding and those events in which they are engaged.

Bellville Velodrome will be the only track where Competitors, accredited managers and support staff will be allowed in the center of the track for the entire event.

CHAPTER 2: AGE CATEGORIES AND GEAR RESTRICTIONS

6. JUNIOR ELITE, UNDER 23, VETERAN AND MASTERS

- 6.1. The age categories for all races for Juniors, Under23s, Elites and Masters shall be as outlined by the UCI regulations.
- 6.2. The application of a new racing season per annum, which will start on 1 January and end on 31 December. In such an event, a rider shall move to the next age category the following calendar year.
- 6.3. The age categories for Veteran / Masters cyclists may be determined differently by Cycling SA from time to time in either five (5) or ten (10) year age categories. AGE CATEGORIES FOR MASTERS WILL START AT 35 YEARS OF AGE: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75-79 / 80-84 / 85+.
- 6.4. A Master cyclist is eligible to compete in an age category in the year in which he or she has a birthday in the youngest age group in each age category.
- 6.5. A Master cyclist may apply for a Full Racing Licence in a younger age category (including the Elite

category), in which event that cyclist shall not be permitted to change to another age category during the registration year.

- 6.5.1. For the avoidance of doubt and by way of example, a cyclist who turns 40-45, etc. up to and including the year in which he or she turns 45 years of age in a registration year shall be eligible to apply for a Full Racing Licence in the Masters 35-39 age category and so for the older Masters age categories.

OR

- 6.5.2. Masters will be allowed to enter a competition in a younger age group that what is stated on his licence. He must however then compete in that age group for the Entire Event and cannot just do certain events in said age group (Ruling must be verified by Executive)

7. YOUTH CATEGORIES

- 7.1 The age categories for riders up to Junior level shall be:
- 7.1.1. Under 11: A cyclist who turns 9 or 10 years of age in a registration year.
 - 7.1.2. Under 13: A cyclist who turns 11 or 12 years of age in a registration year.
 - 7.1.3. Under 15: A cyclist who turns 13 or 14 years of age in a registration year.
 - 7.1.4. Under 17: A cyclist who turns 15 or 16 years of age in a registration year.
- 7.2 Second Year youth riders may apply in writing to the National Track Commission of Cycling South Africa (Cycling SA) to ride in their next age category for specific events. These requests must be made a minimum of 21 days prior to the closing of entries for said events. Additional motivation from their District and Provincial Track Commissioners will also be required

8. GEAR RESTRICTIONS

- 8.1 Maximum Gear Ratios (must be "rolled out" by comms - suggested gearing ie 50X17 etc is only a guide and will vary according to wheel and tyre size)

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- 8.1.1. Under 11 - 6.353metres (79.412") 50X17
 - 8.1.2. Under 13 - 6.75metres (84.375") 50X16
 - 8.1.3. Under 15 - 7.2metres (90") 50X15
 - 8.1.4. Under 17 – 7.488metres (93.6") 52X15
 - 8.1.5. Juniors - No Restriction

Youth riders who have permission to ride in an older age category will be allowed to use the gearing as prescribed for such age category.

CHAPTER 3: OFFICIATING

9. APPOINTMENT OF OFFICIALS FOR TRACK MEETINGS

- 9.1 At Track National Championships, Provincials Championships and Grand Prix Events, the officials shall be appointed by the Cycling SA Technical Manager and the Technical Track Commission.
- 9.2 Only licensed officials shall be allowed to officiate.
- 9.3 No official shall be permitted to compete and officiate in the same event.
- 9.4 Probation Officials / Training Officials, Timekeepers and Judges, Regional Commissaires, National Commissaires and Elite National Commissaires are to hold a membership licence as well as a Technical Licence with Cycling SA. Officials' licences should be active at all times, failing which, they will not be allowed to officiate.
- 9.5 It is compulsory that each official has their own, clipboard, stopwatch and stationery to fulfill their duties.
- 9.6 All Officials are to know their CSA and UCI Rules prior to all events.
- 9.7 Commissaires have a code of conduct that needs to be adhered to. Please revert to the Code of Conduct.

10. OFFICIALS TO BE APPOINTED FOR NATIONAL EVENTS

- 10.1. Management Officials: Race director / Clerk of course, Secretary,
- 10.2. Technical Manager.
- 10.3. Competition Officials: President Commissaire, Judge Referee, Starter.
- 10.4. Corner Commissaires, Judges (3 or more),
- 10.5. Timekeepers (minimum of 3 per a station or more).
- 10.6. Starter's assistant, Machine Examiner, Announcer.
- 10.7. Lap Scorer (2 or More), Recorders (1 or more).
- 10.8. Competitors and Press.

11. OFFICIALS TO BE APPOINTED FOR PROVINCIAL EVENTS

- 11.1. Judge Referee
- 11.2. Starter
- 11.3. Assistant Starter
- 11.4. 3-4 judges
- 11.5. Timekeepers (minimum of 3 per a station)

12. TRACK OFFICIALS TECHNICAL RULES AND REGULATIONS

PREAMBLE

These Rules and Regulations of Cycling SA are to be read in conjunction with the Rules and Regulations of the UCI and the Rules relating to each specific discipline, which will take precedence in the event of any conflict in content, context or interpretation.

In many respects, Cycling Officials are the face of cycling in South Africa to the riders, spectators, sponsors and the general public.

This policy applies to all Cycling Officials, who officiate at cycling events sanctioned by Cycling SA and to Commissaires assigned by the TC to International, National or Regional events hosted by Cycling SA.

Cycling Officials shall adhere to and uphold the Rules and Regulations of the UCI and Cycling SA in all disciplines of cycling as a sport.

Communication with Cycling Officials will be primarily through e-mail and by telephone.

Cycling Officials shall ensure that their current e-mail address and phone number/s are on file with the TCC and Cycling SA.

LICENSING

Cycling Officials and Probation Officials are required to hold a valid licence, issued annually by Cycling SA or the UCI, in order to be assigned to officiate at any sanctioned event.

The licence shall display the discipline and level at which the Cycling Official is qualified and the year for which it is issued.

A licence with the designation of Commissaire may be issued only to those who have an active or trained status.

Each year Cycling Officials shall apply to Cycling SA for a licence to be issued.

Cycling SA shall only issue a licence to a Cycling Official on written application and, provided such application is endorsed by the Director of the TCC, an authorised nominee of the Director or in the absence of either, a Technical Commissioner.

13. CYCLING SOUTH AFRICA OFFICIALS DUTIES AND RESPONSIBILITIES

- 13.1 Officials shall have a valid Cycling SA Technical Licence and appropriate for the duty to be performed.
- 13.2 It is compulsory for Probation Officials to apply for the membership licence as well as their probation licence. Failure to do so will result in the Probation Official not being allowed to work at any CSA Sanctioned event.
- 13.3 Officials shall wear the official commissaires clothing as directed by CyclingSA.
- 13.4 Officials appointed to a cycling event shall be compensated for their services for each day of such event, including registration, according to the fees published by CyclingSA or as agreed upon between the Province and/or Event Organiser.

14. APPOINTMENT OF OFFICIALS

- 14.1 Officials shall be appointed as described in the preceding sections for National and Regional events. For National Championships events, the President Commissaire, Chief Judges, Commissaires Panel and technical delegates shall be appointed by the Cycling SA Technical Manager in conjunction with the Technical Committee Chairperson. The Technical Committee chairperson may consult with the relevant discipline commission prior to finalising appointments.
- 14.2 The President Commissaire, and technical commissioner shall appoint all other required officials, taking into consideration those qualified from the hosting province first.
- 14.3 The Commissaires Panel will be managed and chaired by the Commissaires Panel chairperson, who will be elected by the Commissaire Panel.
- 14.4 The duties of the President Commissaires are as follows:
- 14.4.1 S/he is responsible for the overall competition.
 - 14.4.2 Supervises the start arrangements, the officials, the Commissaires and the results service.
 - 14.4.3 Ensures the application and respect of the regulations in all circumstances and collaborates with the Race Director in the completion of his/her duties.
 - 14.4.3 Will discuss any penalties with the appropriate officials. Receives complaints from competitors.
 - 14.4.4 Ensure a race report/s is submitted to the CyclingSA Technical Manager.

15. RACE REPORTS

Within 24 hours after each cycling event, the Cycling Officials shall submit to the President Commissaire a written report setting out details of the event from the perspective of the Cycling Official, including but not limited to:

Any injuries or fatalities sustained by cyclists, Cycling Officials, members of the public or any other person.

Any contravention of the Rules and Regulations of CyclingSA or the UCI and any sanctions imposed.

Any information which may be helpful for future events.

Any other aspect which the Cycling Officials may deem appropriate to assist the President Commissaire in preparing a report.

Within five (5) days after each National or Provincial Event, the President Commissaire shall submit, to the Technical Commissioner, a written report.

Upon receipt of a race report, the Technical Commissioner shall, unless the President Commissaire has done so, submit that report to the Event Organizer, CyclingSA and any other person or body which is entitled to a copy.

The report of the Cycling Officials shall be in the form and in accordance with the requirements of Cycling SA or the UCI.

CHAPTER 4: TYPES OF RACES AND RULES APPLICABLE FOR TRACK RACES IN SOUTH AFRICA

16. RECOGNISED MISHAP

3.2.021 The following shall be considered recognised mishaps:

1. A legitimate fall.
 2. A puncture.
 3. The breakage of an essential part of the bicycle.
- All other incidents are considered un-recognised mishaps.

17. 200M TIME TRIAL

Definition

3.2.022 A “200 metres Time Trial” shall take a flying start from the 200 metres line and shall be used to select the participants and rankings for the sprint competition.

Race procedure

03.2.023 Riders shall take the start in the order determined by the commissaires.

3.2.024 The rider shall enter the track as soon as he has been passed by the previous rider who has triggered the timing device.

3.2.025 The distance to accomplish including the momentum and the 200 metres is fixed as follows, depending on the length of the track:

- 250 metres track or smaller: 3.5 laps
- 285,714 metre tracks: 3.0 laps
- 333,33 metre track: 2.5 laps
- 400 metres track and longer: 2.0 laps.

A “200 meters Time Trial” shall take a flying start from the 200 meters line and shall be used to select the participants and rankings for the sprint competition.

Pads shall be placed every 5 meters in the corners only.

18. SPRINT

18.1 The sprint is a race between 2 to 4 riders over 2 or 3 laps.

Organisation of the competition.

3.2.030 The competition shall be organised according to the table in article 3.2.050.

3.2.031 (N) The competition shall at least include: - 8 riders; - a 200 meters time trial, flying start; - 1/4 finals, straight; - 1/2 finals, best of three heats; - finals 3rd-4th and 1st-2nd, best of three heats.

3.2.032 [abrogated on 20.06.14]

3.2.033 During Nations Cup and World Championships, 28 riders shall participate in the sprint tournament. For other competitions, the same format can be used with a lower number of riders based on the table of article

3.2.050 qualifying either 16 or 8 riders. Prior to the first round a qualifying 200 m time trial shall be run to determine the fastest 28 riders taking part to the sprint tournament and the make-up of the heats.

Sprint Race

3.2.034 [abrogated on 01.01.02]

3.2.035 On tracks of less than 333.33 metres, races shall be ridden over 3 laps. On tracks of 333.33 metres or more, races shall be ridden over 2 laps.

3.2.036 Should a rider drop out of a two-up heat, his opponent shall go to the starting line to be declared the winner. He need not cover the distance.

3.2.037 The starting position shall be determined by drawing lots. The rider drawing number 1 shall start on the inside of the track. In two-heat races, the other rider shall take the position on the inside of the track in the second heat. For the deciding round, a fresh draw shall take place. (text modified on 01.01.02) Race procedure

3.2.038 The start shall be given by whistle.

3.2.039 The rider on the inside of the track, unless overtaken, shall lead at least at walking pace and make no manoeuvre to force his opponent through until reaching the pursuit line on the opposite side of the track. A maximum of two standstills shall be permitted for each race. The maximum period for a standstill shall be 30 seconds following which, the leading rider shall be directed by the starter to continue. If he fails to do so, the starter shall stop the race and declare the other rider the winner of the heat. In a three or four-up race, the race shall be immediately rerun as a two or three-up race, without the relegated rider.

3.2.040 [abrogated on 01.01.02]

3.2.041 Before the last 200 metres line or the start of the final sprint, riders may avail themselves of the full width of the track but must nevertheless leave sufficient space for their opponent to pass and shall refrain from any manoeuvres that could provoke a collision, a fall or cause any rider to ride off the track.

3.2.042 During the final sprint, even if launched before the last 200 metres, each rider shall remain in his lane up to the finish, unless he has at least a clear cycle-length lead and shall not make any manoeuvre to prevent the opponent from passing.

3.2.043 A rider may not challenge or pass on the left an opponent riding in the sprinters' lane. If the leading rider leaves the sprinters' lane and his opponent attempts to pass to his left, he may not return to that lane unless he still has a clear cycle-length lead.

3.2.044 A rider passing on the right of his opponent, who is in the sprinters' lane, may not crowd him or cause him suddenly to reduce speed.

3.2.045 A rider starting the sprint outside the sprinters' lane may not drop into that lane if it is already occupied by his opponent unless there is a clear cycle-length lead.

3.2.046 [transferred to article 3.2.008 on 12.06.20]

3.2.047 If, in a three or four-up race, a rider behaves in an irregular manner to favour another rider, he shall be relegated. The race shall be immediately rerun as a two or three-up race.

Race stoppages

3.2.048

The race may be stopped only:

1. in the case of fall. If the fall be intentionally caused by a competitor, that competitor shall be relegated or disqualified from the tournament according to the gravity of the fault committed and the other competitor declared the winner. In three or four-up heats, the race shall be immediately restarted with the remaining two

or three riders. Should the fall have been caused by a competitor riding too slowly in a curve or by any other unintentional fault, the race shall be restarted and the offending rider shall take the inside of the track. If the fall is not caused by a competitor committing a fault, commissaires shall decide whether the race is to be restarted with the riders in the same order or whether the positions at the time of the fall should be considered final.

2. in the case of a puncture.

3. in the case of the breakage of an essential part of the bicycle. In all of these three cases, the commissaires shall decide whether the race is to be restarted with the riders in the same order or whether the positions at the time of the incident should be considered final.

4. in the following cases:

a) If a rider loses his balance, falls or touches an opponent or the barrier, the race shall be restarted and the rider in question shall take the inside of the track.

b) If the starter observes a flagrant infringement and stops the race before the bell rings to indicate the start of the last lap, the commissaires may relegate or disqualify the rider committing the infringement. The other rider shall be declared the winner or in the case of a three or four-up race, it shall be restarted as a two or three-up race.

3.2.049 If the rider committing the infringement is not relegated or disqualified, the race shall be restarted, and the opponent shall decide their starting position.

Cycling SA Track Commission may adjust the structure of the race to ensure maximum participation.

19. INDIVIDUAL PURSUIT

Definition

3.2.051 Two cyclists compete in a fixed distance. The riders start on opposite sides of the track. The winner is determined by either catching the other rider or recording the fastest time.

Organisation of the competition

3.2.052 Races shall be run over: - 4 km for Men - 3 km for Women - 3 km for Junior Men - 2 km for Junior Women.

3.2.053 This event shall be organised in two series:

1. The qualifying rounds to select the best 4 riders on the basis of their times.
2. the finals The riders with the two best times shall ride off in the final for first and second place while the two others shall ride off in the final for third and fourth places.

3.2.054 [abrogated on 04.03.19]

3.2.055 For the qualifying rounds the commissaires shall make up each match from riders presumed to be of equal ability, but without matching the two presumed to be the best.

3.2.056 During the qualifying rounds account shall be taken solely of times. If a rider is caught, he must finish the distance to have a time recorded. A caught rider may not ride in the slipstream of his opponent, nor pass him, on pain of disqualification. Similarly, the catching rider may not ride in the slipstream of his opponent, on pain of disqualification.

3.2.057 In a race between two of the four best riders (finals), if one rider catches the other the race is deemed to have finished.

3.2.058 A rider is considered to have been caught at the point that the chainset on his opponent's bicycle draws level with that on his own bicycle.

3.2.059 [abrogated on 01.10.19]

3.2.060 Should a rider fail to take the start of a final, his opponent is declared the winner. A rider failing to start the final for 1st and 2nd places shall be placed 2nd; a rider failing to start the final for 3rd and 4th places shall be placed 4th. If the reason for failing to ride is not accepted, the absent rider shall be disqualified, and his place shall remain vacant

3.2.061 In the event that riders record the same times, the rider who records the best time for the final lap shall be declared the winner.

3.2.062 [abrogated on 21.06.18].

3.2.063 At the start the two riders shall be positioned at diametrically opposite points on the track.

3.2.064 The starting point in front of the main stand shall be marked by a red disc. The starting point in the back straight shall be marked by a green disc.

3.2.065 At each finishing point a device shall be set up to record the time of each rider and trigger a green light and a red light to indicate the passing of the respective riders.

3.2.066 A lap counter and a bell shall be set up at each rider's finish line.

3.2.067 The order of passing, the number of laps completed, the time of each rider and the difference in time between the two riders on each half-lap and the final time of each rider will be displayed on the electronic scoreboard.

3.2.068 On tracks whose size is such that the distance to be ridden does not comprise a complete number of laps, the point of the final kilometre shall be marked by a red pennant for the rider who starts from the red disc and a green pennant for the rider starting from the green disc. In competitions for Junior Women the last 500 meters will be marked.

3.2.069 (N) At the start, each rider shall be held in a starting block. Race procedure

3.2.070 The start shall be taken on the inside edge of the track.

3.2.071 Riders starting point:

- a) for the qualifying rounds, the commissaires shall determine the starting point for each rider.
- b) in the final, the rider who has in the previous round recorded the best time shall finish in front of the main grandstand.

3.2.072 The starter shall stop the race with a double pistol shot in the event of a false start or of a mishap. The race will then be restarted as per articles 3.2.074 and 3.2.075.

3.2.073 During the finals, a pistol shot shall mark the end of the race at the moment on which each rider crosses his finish line at full distance or at the moment that one rider catches the other.

Mishaps (section subject to article 3.2.021)

3.2.074 Qualifying rounds: In the first half-lap, in the event of a mishap, the race is stopped and restarted immediately. After the first half-lap the race shall not be stopped. A rider who is the victim of a mishap shall be

permitted to ride again at the end of the qualifying rounds (either alone against the watch or matched against another rider in the same situation).

3.2.075 Finals: In the event of a mishap in the first half-lap, the race shall be stopped and restarted immediately by both riders. After the first half-lap no mishap will be taken into consideration. The rider that suffers a mishap shall be considered beaten in finals.

3.2.076 [article transferred to article 3.2.021ter on 04.03.19] 3.2.076 [abrogated on 01.01.02]

19.1 An event organiser does not need to use specialised timing equipment if not available, however difference in times and noted passing of the riders by qualified officials are essential.

19.2 An event organiser may utilise handheld starts if no timing gates are available.

20. TEAM PURSUIT

Team pursuit Definition

3.2.077 The team pursuit is a race with two opposing teams, starting on each side of the track. The winner is determined by either catching the other team or recording the fastest time. The event is run over four kilometres by teams of four riders.

Organisation of the competition

3.2.078 Except for the specific details (even implicit) in this sub-section, the rules of the individual pursuit shall apply equally to the team pursuit.

3.2.079 Teams shall be made up of riders entered for this event. The composition of the team may vary from one round to another. An incomplete team in the sense of article 3.2.077 may not take the start. The team manager must notify the commissaires of any changes at least 30 minutes before the relevant competition round start.

3.2.080 The time and the classification of each team shall be taken on that of the third rider of each team. The time shall be measured on the front wheel of the third rider of each team.

3.2.081 A team is caught when the opposing team (at least 3 riders riding together) arrives at or within a distance of one metre of it.

3.2.082 Qualifying rounds shall be organised to find the 4 best teams, 8 for the Nations Cup, World Championships and the Olympic Games.

3.2.083 In the qualifying rounds, teams shall ride against the clock. Depending on the number of entered teams, the Commissaires' Panel may decide to run qualifying rounds with two teams in each heat. The seeding may be determined taking into account the targeted time communicated by the team manager at the rider confirmation, but without matching the two teams presumed to be the best.

3.2.084 [abrogated on 01.01.02] 3.2.085 This event shall be organised in two phases:

1. The qualifying rounds to select the 4 best teams on the basis of their times;
2. The finals. The teams having made the two best times shall ride off the final for first and second places, the two others shall ride off the final for third and fourth places.

21. KILOMETRE AND 500M TIME TRIAL

Definition

3.2.101 The race known as the «kilometre» or «500 metres» race respectively is an individual time trial race with a standing start.

3.2.102 During the Nations Cup and World Championships, this race is run over a distance of 1000 metres for men and 500 metres for women. Organisation of the competition 3.2.103.

3.2.104 The starting order shall be set by commissaires.

3.2.105 [abrogated on 01.02.11] 3.2.106 Qualifying rounds shall be organised in two-up heats to find the 8 best

riders. In the finals, each participant shall take the track alone

21.1 An event organiser does not need to use specialised timing equipment if not available.

21.2 An event organiser may utilise handheld starts if no timing gates available.

22. POINTS RACE

Definition

3.2.114 The Points Race is a speciality in which the final placings are determined according to accumulated points won by riders during the sprints and by taking laps.

Organisation of the competition

3.2.115 According to the number of riders entered for the speciality, the commissaires may possibly compose qualifying heats and shall determine how many of the best placed riders from each heat are to participate in the final.

3.2.116 On the 250 metres track or shorter, intermediate sprints shall be run off every 10 laps. On other tracks, intermediate sprints are run off after each number of laps closest to 2 km, that is to say: - every 7 laps on 285.714 metres tracks - every 6 laps on 333.33 metres tracks - every 5 laps on 400 metres tracks

See Rule 3.2.117 regarding the points, number of laps and sprints.

3.2.118 The first rider in each sprint shall be awarded 5 points, the second 3 points, the third 2 points and the fourth one point. Points awarded in the last sprint after the full distance will be doubled (10 points, 6 points, 4 points, 2 points). In the case of a tie in the sprint, the riders shall be awarded the same position, with the corresponding points for that position (for example, if two riders tie for first in a points sprint, they will both score 5 points; there will not be a second place in this case). Any rider that gains a lap on the main field is awarded 20 points. Any rider that loses a lap on the main field is penalised 20 points. (text modified on 01.01.02; 01.01.03; 14.10.16; 12.06.20)

3.2.119 Where two or more riders are equal on points, the places in the final sprint shall declare the winner. See Rule 3.2.120 to Rule 3.2.133 regarding Race Procedures.

23. KEIRIN

Definition

3.2.134 Riders compete in a sprint after completing a number of laps behind a motorised pacer who leaves the track 3 laps to go (250 m tracks). For other track sizes the motorised pacer should leave the track closest to 750m from the finish. The number of laps without the motorised pacer shall equal the number of laps behind the motorised pacer.

Organisation of the competition

3.2.135 (N) The competition shall at least include:

- 10 riders - a qualifying round, 2 heats of 5 riders;
- a final for places 7 to 10; - a final for places 1 to 6.

3.2.136 [abrogated on 01.01.02]

3.2.137 The pacer shall ride within the sprinter line, starting at 30 kph and shall gradually increase speed to 50 kph which should be reached at the latest when leaving the track, after the pursuit line on the home straight, 3 laps to go (250 m tracks).

3.2.138 The starting positions of the riders shall be determined by drawing lots. The riders shall be placed side by side in that order on the pursuit line, the sprinters' lane being left free. The riders shall be held, but not pushed, by assistants.

3.2.139 The start shall be given when the pacer approaches the pursuit line in the sprinters' lane. At the start, riders shall take their positions determined by the draw, directly behind the pacer, for at least the first lap, failing which the race shall be stopped and riders that failed to comply shall be disqualified. In the restart, the remaining riders shall again take their same relative positions behind the pacer.

- 3.2.139** The riders shall remain immediately behind the pacer until such time as the pacer has left the track.
- 3.2.140** In the case when one or more riders pass the leading edge of the front wheel of the pacer before the pursuit line when he leaves the track, the race will be stopped and rerun without the rider(s) at fault, which will be disqualified.
- 3.2.141** The race shall be run according to the Sprint Regulations.
- 3.2.142** The race will be stopped if one or more riders are at fault or behave in an unsporting manner while being placed behind the derny. The race will be rerun without the rider(s) at fault, which will be penalized depending on the gravity of the situation (relegation with a warning, or disqualification).
- 3.2.143** A restart will take place immediately if a mishap occurs within the first half-lap. After the first half-lap no mishap will be taken into consideration.
- 23.1 See tables and diagrams in the UCI Rule Book
- 23.2 Event organiser can adjust process in order to best accommodate event and riders.

24. TEAM SPRINT

The event is run over three laps of a (250m) track by teams of three riders for men and women.

The event is Not specific to distance, but laps. (E.G if the track is 500m long rider three with complete 1500m.

Definition

3.2.144 The Team Sprint is a race with two opposing teams, each of whose riders shall lead for one lap. The event is run over three laps of a track by teams of three riders.

3.2.144 In the qualifying rounds, teams shall ride against the clock. Depending on the number of entered teams, the Commissaires' Panel may decide to run qualifying rounds with two teams in each heat.

Organisation of the competition

3.2.145 This event shall be organised in three phases at Nations Cup, World Championships and Olympic Games:

1. The qualifying heats to select the 8 best teams on the basis of their times;
2. In the first competition round, the 8 best teams shall be matched as follows: The team having obtained the 4th fastest time against the one having obtained the 5th fastest time The team having obtained the 3rd fastest time against the one having obtained the 6th fastest time The team having obtained the 2nd fastest time against the one having obtained the 7th fastest time The team having obtained the fastest time against the one having obtained the 8th fastest time.
3. The finals

The four winning teams from the first competition round shall dispute the finals. The teams having made the two best times shall ride the final for first and second places and the other two teams shall ride the final for third and fourth places. Teams beaten during the first competition round shall be placed fifth to eighth according to their times at that stage of the competition.

3.2.146 At the Olympic Games only: The four losing teams from the first competition round shall dispute the finals for 5th to 8th place. The teams having made the 5th and 6th fastest time shall ride the final for 5th and 6th and the other two teams shall ride the final for 7th and 8th.

3.2.147 In case of a draw, the best time made during the last lap shall decide.

3.2.148 If a team declares forfeit in a final, it shall not be replaced. The other team shall be declared the winner. If the reason for which that team did not ride is not accepted, the absent team shall be disqualified.

3.2.148 If a team fails to take the start in the first competition round, no substitution shall be made. The team failing to start shall be classified in 8th place. If several teams fail to start, they shall be classified in 8th place and above in order of their times in the qualifying rounds. If the reason for failing to ride is not accepted by the Commissaires' Panel, the absent team shall be disqualified, and its place shall remain vacant. The team that takes the start must ride alone to set a time to determine the composition of the finals.

3.2.149 Teams shall be made up of riders entered for this event. The composition of a team may be modified from one heat to another. An incomplete team may not take the start. The team manager must notify the commissaires of any changes at least 30 minutes before the relevant competition round start.

Preparation of the track

3.2.149 The blue band shall be made impassable on both sides of the track by the placing of bis three 50 cm long pads of a synthetic material at 5 meters, at 10 meters and at 15 meters from the pursuit lines. No other pads shall be placed on the blue band.

Race procedure

3.2.150 The start shall be taken in the middle of each straight. During the qualifying races, the place of each team shall be determined by the commissaires. Subsequently, the team having made the best time in the preceding stage of the competition, shall start in front of the main grandstand.

3.2.151 The riders of each team shall start side by side behind the start line. The lateral distance between riders shall be 1.5 metres. (N) The rider, placed on the inside of the track, shall be held by a starting block and shall be the leading rider

See diagrams in the UCI Rue Book.

3.2.152 The leading rider shall lead the first lap and move towards the outside of the track and then drop back to leave the track without hindering the other team. The rider that was in second position shall lead the following lap and then he shall drop out in the same manner. The third rider shall end the last lap alone.

3.2.153 At the completion of his lap, the leading edge of the leading rider's front wheel must cross the pursuit line ahead of the leading edge of the front wheel of the following rider. Thereafter, the leading rider must draw aside immediately and ride above the sprinter's line no later than within 15 meters after the pursuit line. Pushing between members of the same team is strictly forbidden. If there is doubt that the above requirements have been met, a review of available information is to be made. If confirmed, the team shall be relegated to the last place in that stage of the competition.

Mishap (section subject to article 3.2.021)

3.2.154 Qualifying rounds: In the event of a mishap, the team must restart at the end of the qualifying rounds. Any team which may have been hindered by a mishap to its opponents may, by decision of the Commissaires' Panel, be granted a restart at the end of the qualifying rounds. (text modified on 01.01.02; 04.03.19)

3.2.155 First competition round and finals: In the event of a mishap the race shall be stopped and restarted immediately. After the first half-lap no mishap will be taken into consideration. In such a case, the team must stop and will be: - relegated and placed last as per article 3.3.012 in the first competition round; - considered beaten in finals.

25. MADISON

Definition

3.2.156 The Madison Race is a speciality involving teams of 2 riders, in which the final placings are determined according to the accumulated points won by teams during the sprints and by taking laps.

3.2.157 See Rule table in the UCI Rule Book.

There shall be an equal number of laps between all sprints, starting from the final sprint, according to the following: Tracks of less than 200m – 15 laps Tracks of 200m to less than 333.3m – 10 laps Tracks of 333.3m – 6 laps Tracks of 400m and longer – 5 laps In the case where the total number of laps is not divisible by the indicated number of laps between sprints, the "additional" laps shall be ridden prior to the first sprint. (For example, on a 285.7m track, sprints are held every 10 laps. If the race is 56 laps, the first sprint will take place after 16 laps, and then every 10 laps thereafter).

3.2.158 The two riders of each team shall carry the same rider number but of different colours.

3.2.159 At World Championships, each National Federation may enter just one team.

3.2.160 [article transferred to article 3.2.157 on 01.10.19]

3.2.161 The first team in each intermediate sprint shall be awarded 5 points, the second 3 points, the third 2 points and the fourth one point. Points awarded in the last sprint after the full distance will be doubled (10 points, 6 points, 4 points, 2 points). In the case of a tie in the sprint, the teams shall be awarded the same position, with the corresponding points for that position (for example, if two teams tie for first in a points

sprint, they will both score 5 points; there will not be a second place in this case).

3.2.162 Where there is a draw on points, the places in the final sprint shall decide. Any team that gains a lap is awarded 20 points. Any team that loses a lap is deducted 20 points.

Race procedure

3.2.163 A first group of riders, formed of one rider of each team, take their places at the start in the order listed on the start list. Half of this group shall be lined up along the outside balustrade and the other half shall be lined up in the sprinters' lane with holders. A second group of riders, formed of the other riders of each team, shall be lined up along the opposite outside balustrade. A flying start shall be taken by the first group of riders after one neutralised lap. During the neutralised lap, the second group of riders must remain motionless.

3.2.164 Riders of a same team may relay one another at will by a touch of the hand or the shorts.

3.2.165 Sprints shall be run according to the Regulations governing Sprint.

3.2.166 A rider who drops behind the bunch shall not assist chasing rider(s) to gain a lap on the pain of disqualification of his team.

3.2.167 If at the moment of a sprint considered for classification, one or some rider(s) gain a lap, they shall be awarded 20 points. The points awarded for the sprint shall be given immediately to the riders of the break behind or to those ahead of the bunch. (text modified on 01.01.02; 01.10.19)

3.2.168 Teams lapped one or several times may be removed by the Commissaires' Panel.

Mishaps

3.2.169 Should one of the riders suffer a recognised mishap, his team-mate shall immediately take the team position in the race. There shall be no neutralization. (text modified on 01.10.19)

3.2.170 [article transferred to article 3.2.020bis on 04.03.19]

3.2.171 In the case of a fall involving over one-half of the teams (calculated on the basis of one rider per team), the race shall be stopped and the commissaires shall determine the duration of the interruption. A new start shall be taken, and each team shall retain the laps won or lost at the moment of the fall.

3.2.172 If the race is called because of inclement weather, the commissaires shall decide as follows: See table in the UCI Rule Book.

26. SCRATCH RACE

Definition

3.2.173 The Scratch Race is an individual race over a specified distance.

Organisation of the competition

3.2.174 The races shall be held over the following distances: Men Elite 15 km Women Elite 10 km Men Junior 10 km Women Junior 7.5 km (text modified on 01.01.02) The Scratch Race is an individual race over a specified distance.

Race procedure

3.2.176 Before the start, half of the riders shall be lined up along the railings, the other half lining up in single file in the sprinter's lane. A flying start shall be taken after one neutralised lap.

3.2.177 Riders overtaken by the main bunch shall immediately leave the track.

3.2.178 The final placings are determined during the final sprint, taking into account laps gained.

3.2.179 [abrogated on 01.01.02] **3.2.180** [article transferred to article 3.2.002 on 04.03.19] **3.2.181** [article transferred to article 3.2.017 on 04.03.19]

Mishaps

3.2.182 Any rider not ending the race will not be placed.

3.2.183 The race may be stopped in the case of a mass fall. The commissaires shall decide whether a fresh start shall be given for the complete distance or for the part of the distance remaining to be ridden from the positions at the moment of the fall. The same rules shall apply where the race has to be abandoned because of inclement weather.

27. 1500m

27.1 The 1500m is a race specific to events held in South Africa and is a bunch event (number of riders limited to track capacity), completed over a total distance of 1500m or as close to this distance.

27.2 The number of riders per racing track in South Africa shall be determined by the Track Commission and published as Annexure A to this handbook.

28. ELIMINATION RACE

Definition

3.2.218 The Elimination Race is an individual race in which the last rider in each intermediate sprint is eliminated. Organisation of the competition

3.2.219 The organisation of the competition shall be governed by the specific race regulations. In the event of the number of entries exceeding the track maximum allowed, qualifying heats shall take place to reduce the number of riders in order not to exceed the track maximum. All riders entered shall first participate in qualifying Scratch Race heats run over the distance as per the regulations for Scratch Race heats. The heats shall be run in such a way so as to qualify up to the track maximum number of riders, without necessarily qualifying the maximum number of riders permitted. All riders not qualifying to participate in the final of the Elimination Race shall be placed jointly in last position. Any riders not finishing any of the qualifying rounds shall not be placed (DNF).

Race procedure

3.2.220 Before the start, half of the riders shall be lined up along the railings, the other half lining up in single file in the sprinter's lane.

3.2.221 A flying start shall be taken after one neutralised lap during which the riders shall ride in a compact group at a moderate speed.

3.2.222 A sprint shall be run every third lap on tracks of less than 200 metres, every second lap on tracks of 200 metres to less than 333.33 metres, and every lap on tracks of 333.33 metres or more. On tracks of less than 333.33 metres, each lap that precedes the sprint shall be indicated by a bell.

3.2.223 After each sprint the last rider, according to the position of his rear wheel on the finishing line, shall be eliminated. If one or more riders are lapped or abandon the race between sprints, they shall be the riders eliminated in the next sprint. In certain cases, the commissaires may decide to eliminate a rider other than the last rider in the sprint (for example, if a rider passes on the blue band). The President of the Commissaires' Panel shall be responsible for making the final decision on who will be eliminated based on information from the judge-referee and other commissaires. In all cases, the decision on which riders shall be eliminated must be made and announced prior to the riders crossing the pursuit line on the back straight after the elimination sprint. If no decision can be made by this time, then no riders shall be eliminated until the next sprint. This shall be indicated by a green flag on the start line.

An eliminated rider shall leave the track immediately, failing which he shall be penalised depending on the gravity of the situation (relegation with a warning, or disqualification). In the case where the rider does not leave the track immediately, the President of the Commissaires' Panel may decide to neutralise the race in order to remove the rider.

3.2.223 Riders eliminated shall be placed in inverse order according to the time of their elimination (for example, the first rider eliminated is placed last, the second rider eliminated is placed second last, etc).

3.2.224 The last two riders remaining in the race shall ride the final sprint. Their placing shall be based on the position of their front wheels on the finishing line.

3.2.225 The fact that a rider may gain a lap shall not count.

3.2.226 In the case of a recognised mishap by one or more riders, as decided by the President of the Commissaires' Panel, the race shall immediately be neutralised for a maximum distance of the number of laps

closest to 1250 metres to allow the affected riders to return to the bunch. In the case where all riders on the track suffer a recognised mishap, the race shall be neutralised for a maximum of 3 minutes to allow the affected riders to return to the race. The neutralisation shall be indicated by a yellow flag on the start line and all riders on the track shall ride in a compact group at a moderate speed. No account shall be taken of the position of any riders off the front or back of the bunch at the time of the mishap. The race shall be restarted, when affected riders are back on the track or when the neutralization is over, by the withdrawal of the yellow flag and the firing of the starter's pistol. Any riders not able to rejoin the race at this point shall be considered as eliminated and their position determined according to the time of their elimination. The bell shall be rung the following lap to indicate the start of a sprint lap. Except in the case when all riders on the track suffer a recognised mishap, once four or fewer riders remain on the track, no neutralisation shall be granted, and any riders not finishing shall be eliminated and their position determined according to the time of their elimination. The Elimination Race is an individual race in which the last rider in each intermediate sprint is eliminated.

29. SIX DAY RACES

Six-Day Races

3.2.227 A "Six-Day Race" shall last six consecutive days with at least 24 hours' racing time.

3.2.228 The organiser shall be free to set the duration and the programme of the "Six-Day Race" within the limits set in article 3.2.227.

3.2.229 The "Six-Day Race" is a team race, each team comprising 2 or 3 riders who shall all wear jerseys bearing identical riders' number as indicated in article 1.3.044.

3.2.230 A "Six-Day Race" shall be run on a track of minimum length 140 m.

3.2.231 The organizer shall determine the number of teams according to the track length.

3.2.232 At the start of Madisons/chases (handicap races excepted), the illuminated indicator panel shall be set to zero (0) for all teams. After the end of the Madisons/chases, the illuminated indicator panel shall again show the actual general placings for the race. On the last day of race, when the final Madisons/chases is being run, the illuminated indicator panel shall indicate the actual general placings at all times.

3.2.233 [abrogated on 01.01.2004]

3.2.234 Should a mechanical mishap occur and be recognised as valid by the commissaires, or should a rider fall, the team shall be entitled to a of the number of laps closest to 1250 metres (5 laps on a 250m-track). In the case of a mishap not recognised by commissaires or on expiry of the neutralisation, one of the team members shall resume the race 100% from the position occupied at the moment of the mishap, failing which the team shall be penalised by the number of laps lost. (text modified on 01.01.04; 04.03.19)

3.2.235 Laps gained by a team, one of whose members has been neutralised, shall be recognised only if the rider who remained in the race covers the full distance, i.e. does not miss a single relay. **3.2.236** During a timed Madison/chase, a team reduced to a single rider shall leave the track 10 laps before the end of the Madison/chase. (text modified on 01.01.04)

3.2.237 The Track Manager, with the agreement of the Commissaires' Panel, shall be entitled to create a temporary team comprising riders whose team-mates have been eutralized. Such riders shall wear identical jerseys and numbers. To determine the provisional position of such a provisional team, the number of laps covered by each of the original teams from which the members of the provisional team were drawn shall be added, rounded down to the nearest even number and divided by two. When the provisional team is finally disbanded, laps gained or lost and any points won shall be credited towards the general placings of the original teams from which each of the members of the provisional team were drawn.

3.2.238 If a rider is neutralised, his team mate shall continue the ongoing chase according to the articles 3.2.235 and 3.2.236. If the neutralised rider is unable to continue the following chase, all the team shall be neutralised. After the chase, the neutralised team shall be placed in the same position as the closest team in the general classification at the beginning of the race, including the laps lost by this team during the chase. The gained laps shall not be considered. Moreover, the neutralised team shall be penalised by one lap.

3.2.239 The race doctor may decide to neutralise a rider for a maximum period lasting until 36 hours, after which the rider shall be eliminated. (text modified on 01.01.04)

3.2.240 Should a rider abandon the race, the team shall be disbanded. The remaining rider shall participate in all the individual events. If he has not been included in another team within 48 hours, he shall be eliminated.

3.2.241 Should a new team be created, account shall be taken of the placing of the best team disbanded plus one lap's penalty. The points won by the two teams will be added and divided by two.

3.2.242 Points shall be awarded as follows: - Team event; Madison, Madison-Elimination, Team Time Trial (500-1000 m): 20, 12, 10, 8, 6, 4 points

- Individual event; Points race, Elimination, Time Trial (1 lap), Derny, Scratch, Keirin: 10, 6, 5, 4, 3, 2 points - Sprint: 5, 3, 2, 1 points; points double during the final Madison (maximum 6, every 10 laps).

3.2.243 As it is impossible to run all teams on track together for the same race, the event has to be run in heats. The following procedure shall then apply: a) 1 heat with teams from the 1st half of the general classification: with 1 rider or per team: 10-8-6-4-2 points. - per team (one relay in mid-race): 10, 8, 6, 4, 2 points - Madison: 15, 10, 8, 6, 4, 2 points 1 heat with teams from the 2nd half of the general classification: with 1 rider or per team: 10-8-6-4-2 points. - per team (one relay in mid-race): 10, 8, 6, 4, 2 points - Madison: 15, 10, 8, 6, 4, 2 points. b) 2 heats with teams from the 1st half of the general classification: with 1 rider: 5-4-3-2-1 points. 2 heats with teams from the 2nd half of the general classification: with 1 rider: 5-4-3-2-1 points. Laps won in races behind dernys do not count for the overall ranking.

3.2.244 In Madison/chase of the «Six-Day Race», the placing shall be determined by distance according to the number of complete laps covered by each team plus by accrued points. UCI CYCLING REGULATIONS E1021 TRACK RACES 49 Apart from the final Madison/chase of the «Six-Day Race», teams shall be credited with one bonus lap for every 100 points logged. Bonus laps can also be given in special events like time-trials, but only if all teams are allowed to participate in the event.

3.2.245 All points won in the individual and team events shall count towards the general placings. All laps won in races in which there is at least one rider of each team on track shall count towards general classification. Laps won in Elimination races do not count for the overall ranking.

3.2.246 Each day, in addition to the partial classification of the race or stage, a general classification shall also be prepared on the basis of the number of laps completed and points acquired. The total distance covered over the six racing days, expressed in complete laps, and the total number of points obtained shall determine the final classification. The points classification shall be used to classify teams with the same number of laps. The team with the greatest number of laps, regardless of the score obtained, shall be declared the winner. To distinguish team with equal laps and equal points, account shall be taken of the finishing order of the teams in the final sprint.

30. OMNIUM

Definition

3.2.247 The omnium is a single competition consisting of four events run with a maximum number of riders set by the track limit (article 3.1.009) which shall be held over one day in the following order: 1. Scratch 10 km for Men Elite 7.5 km for Women Elite 7.5 km for Men Junior 5 km for Women Junior 2. Tempo Race 10 km for Men Elite 7.5 km for Women Elite 7.5 km for Men Junior 5 km for Women Junior 3. Elimination 4. Points Race 25 km for Men Elite 20 km for Women Elite 20 km for Men Junior 15 km for Women Junior

3.2.247 In competitions for which the number of riders entered exceeds the track limit and bis there is no existing qualification system to establish the number of participating riders, their selection shall be determined as follows: All riders entered shall first participate in qualifying Points Race heats run over the distance and with the number of sprints, as per the regulations for Points Race heats. The heats shall be run in such a way so as to qualify up to the track maximum number of riders, without necessarily qualifying the maximum number of riders permitted. An equal number of riders shall qualify from each heat to participate in the Omnium. All riders not qualifying to participate in the Omnium shall be placed jointly in last position. Any riders not finishing any of the qualifying rounds shall not be placed (DNF).

Organisation of the competition

3.2.248 Whenever possible, there shall be an interval of at least 30 minutes between two events.

3.2.249 Any rider failing to attempt to start in one of the events shall not be allowed to take part in the subsequent events but shall be considered to have abandoned the competition. He shall therefore figure last in

the final classification with the provision “DNF” (did not finish).

3.2.249 For all the races, riders shall be lined up in single file along the railing and in the bis sprinters lane in the order listed on the start list. For the Scratch Race, this order shall be based on the latest UCI Omnium Ranking. For the Points Race, Elimination, and Tempo Race, this order shall be based on the current intermediate Omnium classification.

Ranking

3.2.250 A full result shall be produced for the three events. For these three events, only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point.

3.2.251 Prior to the start of the Points Race, a current ranking with the points totals shall be drawn up, and riders will start the Points Race with these points accrued over the first three events. Riders shall add to, and lose points from, their points totals based on laps gained and lost, and points won in sprints, during the Points Race. Final overall Omnium ranking shall evolve through the Points Race. The winner of the Omnium shall be the rider who has obtained the highest total of points

3.2.251 Any rider abandoning any of the events shall be considered to have abandoned the bis competition and shall be recorded in the final classification after the last placed rider with the provision “DNF” (did not finish) and no rank, as per article 3.3.012. In the case of the Scratch Race and the Tempo Race, a rider losing two laps shall be withdrawn. That rider will be penalised with a deduction of 40 points in the classification of the Omnium and will be allocated the next available rank determined by the number of riders remaining on the track at this moment. If for any reason the rider is not withdrawn, they will be classified as though they had been at the point at which they lost their second lap (including the deduction of points). **3.2.251** In the case of the Scratch Race, any rider not finishing the race due to a fall in the final kilometre, or not being able to return to the track during the final kilometre, will be allocated the next available ranking (and points) considering the laps taken and the number of riders remaining on the track at this moment.

3.2.252 In the event of a tie in the final ranking, the places in the final sprint of the last event, the Points Race shall break the tie.

31. FLYING LAP

Definition

3.2.253 The flying lap is a race against the clock with a flying start from the finish line. (text modified on 18.06.10; 01.07.12; 14.10.16)

Race Procedure

3.2.254 Riders shall take the start in the order determined by the commissaires.

3.2.255 The rider shall enter the track as soon as he has been passed by the previous rider who has triggered the timing device.

3.2.256 The distance to accomplish including the momentum and the lap of the track is fixed as follows, depending on the length of the track:

track of 250 metres or shorter: 3.5 laps

track of 285,714 metres:

3 laps track of 333,33 metres:

2.5 laps track of 400 metres or longer: 2 laps.

3.2.257 In case of tie, riders will be ranked according to the best times in the last 200 metres.

3.2.258 In case of a mishap, the rider shall take a new start. Only one new start per rider is permitted.

32. TEMPO

Definition

3.2.259 The Tempo Race is a speciality in which the final placings are determined according to accumulated points won by riders during the sprints and by taking laps. Organisation of the competition

3.2.260 Except for the specific details (even implicit) in this sub-section, the rules of the Points Race shall apply

equally to the Tempo Race. The races shall be held over the following distances: Men Elite 10 km Women Elite 7.5 km Men Junior 7.5 km Women Junior 5 km (article modified on 01.10.19)

3.2.261 After the first 4 laps, sprints shall be conducted every lap. After the completion of four laps, the bell will be rung to indicate the start of the sprint laps.

3.2.262 The first rider in each sprint shall be awarded 1 point, including for the final sprint. Any rider that gains a lap is awarded 20 points. Any rider that loses a lap is deducted 20 points.

Race Procedure

3.2.263 Before the start, half of the riders shall be lined up along the railings, the other half lining up in single file in the sprinter's lane.

3.2.264 A flying start shall be taken after one neutralised lap during which the riders shall ride in a compact group at a moderate speed. The Tempo Race is a specialty in which the final placings are determined according to accumulated points won by riders during the sprints and by taking laps

CHAPTER 5: TECHNICAL RACING ASPECTS

33. HEATS

- 33.1. All Heats and maximum participation should be race dependent and track capacity dependent.
- 33.2. All Heats shall be held as per the UCI format and distances, and any variance shall be approved by the Track Commission.
- 33.3. Preliminary heats shall be held in track events in which the number of competitors is too large to allow the competition to be conducted satisfactorily in a single race.
- 33.4. In qualifying heats and finals of all scratch races, the maximum number of competitors shall be as follows (unless otherwise sanctioned by Cycling SA):
- 33.4.1. Masters, Elites, Ladies & Juniors: 1500m – 16
 - 33.4.2. Youth:
 - 33.4.2.1. Up to and including 500m – 6
 - 33.4.2.2. From 500m to 3km inclusive – 12
 - 33.4.2.3. Over 3km – 20 depending on track size
- 33.5. The heats and qualifying criteria shall be arranged by the Organiser conducting the meeting. Competitors representing a Province or Club shall be placed as far as possible in different heats.
- 33.6. In all preliminary heats, Inclusive of the Kierin Event, but except Sprint races, at least the first and second in each heat shall qualify for the next round.
- 33.7. A competitor shall not be allowed to compete in a heat other than the one in which his or her name appears, except in circumstances, which the Commissaires may rule.
- 33.8. No late, made up or supplementary heats will be permitted, but the President Commissaire may order that heats be consolidated or divided in cases where the number of competitors justify it.
- 33.9. In all races where the distance of the qualifying heats varies from the distances of the final, full details

shall be given in the prospectus of the meeting. Qualifying heats shall be over a constant distance.

- 33.10. In the event of a dead heat in a heat, the tying competitors shall qualify for the next round.
- 33.11. In 200m time trial if there is a dead heat, the last 100m time is used for qualifying position. If this is the same it then it goes to drawing lots or a coin toss.
- 33.12. In the event of a dead heat in a final of:
- 33.12.1. a handicap or scratch race (other than championships) the Commissaires will order the prizes to be equally divided.
- 33.12.2. National and Provincial Championship events, the competitor's dead- heating shall jointly hold the title, and each shall receive the appropriate award.

34. SCRATCHING

- 34.1. In the event of scratching from the preliminary heats of a race the Commissaire may rearrange the heats in such a way as to divide the riders more evenly between the heats and, if necessary, may reduce the number of heats.
- 34.2. If the number of riders in a heat is reduced to the point where all riders will qualify for the next round, then such riders may go forward to the next round automatically without having to ride the heat.
- 34.3. All riders should be confirmed 24 hours prior to the event and in events where riders are allowed to substitute i.e. Team Sprint, Team Pursuit and Madison and shall a minimum of 1 hour before start of session.

35. COACHING

- 35.1. Only one qualified bona fide Manager or Coach shall be permitted to coach from the inside of the track at the discretion of the President Commissaire should be positioned away from the safety zone
- 35.2. Managers or Coaches shall report their presence to the President Commissaire before the commencement of a track meeting.
- 35.3. Coaching from the inside of the track by persons other than provided for above is strictly forbidden. Offenders shall be liable to disciplinary action and the competitors concerned may be liable to a summary disqualification.

36. STARTS FOR TRACK RACES

- 36.1. Every competitor must be ready to start when required, failing which the race shall be started without them. Any competitor refusing or delaying proceeding to their position may be disqualified.
- 36.2. Each competitor must start from their proper mark, and in default may be disqualified, but with the

consent of the Commissaire he may start from a mark behind the one allotted.

CHAPTER 6: RECORDS

37. GENERAL

- 37.1. Cycling SA shall adjudicate on claims for South African records, and shall:
- 37.1.1. Procure and use any evidence bearing upon the claim and shall retain all documents in connection therewith.
 - 37.1.2. Decline to consider any claim it may consider to be contrary to the interests of the sport. Any person claiming or improperly supporting a record renders himself liable to be dealt with by Executive Board or the Compliance and Advisory Board.
 - 37.1.3. It is not compulsory for the riders to apply for Medical Control, but a rider cannot refuse medical control should they be at the event that the record is broken.
- 37.2. No claim for a record shall be considered unless:
- 37.2.1. the record attempt has been undertaken in the presence of a UCI or National commissaire, who shall be appointed by the Provincial Officials Body or National Officials Body, having jurisdiction;
 - 37.2.2. the record attempt has been timed by at least three official timekeepers;
 - 37.2.3. the particulars on the official application form has been certified by the Commissaire, Chief Timekeeper and in the case of a bunch race by the Chief Judge.
- 37.3. The results of the record attempt must be submitted by the Provincial Body to Cycling SA within 14 days of the attempt, upon the official form provided to Cycling SA.
- 37.4. The Executive Board of Cycling SA shall consider an application after a period at its discretion provided other similar records have not been recorded in the interim and The Executive Board must ratify any national record.
- 37.5. The application to attempt a record in a private time trial shall be made to Cycling SA through the Provincial Body concerned. All arrangements regarding officials and timing of the attempt shall be sanctioned by the Technical and Commissaires Commission.
- 37.6. All costs that may be incurred shall be borne by the applicant.
- 37.7. In private record attempts in any multiple lap time trial, recorded lap times must be compiled by the timekeepers and claims for the records must be accompanied by the lap score chart with recorded times, certified as to its accuracy by the Chief Timekeeper.
- 37.8. South African Records will be recognised only when established by riders holding a current Full Racing Licence.
- 37.9. Records can only be established at:
- 37.9.1. Officially sanctioned Local events which meet the criteria and procedures set out above. When a rider applies for permission to do a record attempt and meets the required criteria and procedures.

- 37.9.2. International events with provision of electronic timed documents signed off by a chief commissaire.

38. RECORD RECOGNITION

- 38.0.1 Categories in which records will be recognised are as follows:
- 38.0.2 All Comers Record: Records established by Elite or Junior riders
- 38.0.3 Elite Records: Records established by any rider confined to Elite riders.
- 38.0.4 Junior Records: Records established by any Junior rider.
- 38.0.5 Youth Records: Records established by Youths in the age groups recognised by Cycling SA. A record established by a rider in a younger age group can, if good enough be recognised for older age groups as well
- 38.0.6 Masters Records: Records established by Masters.
- 38.0.7 Ladies Records: Records established by Ladies.
- 38.0.8 UCI Rule 3.2144 on tracks bigger than 250m a rider shall lead for 1 lap.

38 SOUTH AFRICAN RECORD HOLDING RACES

38.1 Elite Men:

- 38.1.1 200m
- 38.1.2 1km Time Trial
- 38.1.3 4km Individual Pursuit
- 38.1.4 4km Team Pursuit
- 38.1.5 One hour
- 38.1.6 1500m (Bunch)
- 38.1.7 750m Team Sprint

38.2 Elite Women:

- 38.2.1 200m
- 38.2.2 500m Time Trial
- 38.2.3 3km Individual Pursuit
- 38.2.4 4km Team Pursuit
- 38.2.5 One Hour
- 38.2.6 1500m (Bunch)
- 38.2.7 750m Team Sprint

38.2 Junior Men:

- 38.3.1 200m
- 38.3.2 1km Time Trial
- 38.3.3 3km Individual Pursuit
- 38.3.4 4km Team Pursuit
- 38.3.5 1500m (Bunch)
- 38.3.6 750m Team Sprint

38.4 Junior Women:

- 38.4.1 200m
- 38.4.2 500m Time Trial
- 38.4.3 2km Individual Pursuit
- 38.4.4 4km Team Pursuit

38.4.5 1500m (Bunch)

38.4.6 750m Team Sprint

38.5 Under 17: (Boys and Girls)

38.5.1 200m

38.5.2 500m Time Trial

38.5.3 2km Individual Pursuit

38.5.4 3km Team Pursuit

38.5.5 1500m (Bunch)

750m Team Sprint

38.6 Under 15: (Boys and Girls)

38.6.1 500m Time Trial

38.6.2 1500m Individual Pursuit

38.6.3 2km Team Pursuit

38.6.4 1500m (Bunch)

38.7 Under 11 and under 13: (Boys and Girls)

38.7.1 1500m Time Trial

38.7.2 1500m Individual Pursuit

38.7.3 2km Team Pursuit

38.7.4 1500m (Bunch)

38.8 Masters Men (Ages 30-34 not recognised under masters at UCI masters champs)

38.8.1 200m

38.8.2 Time Trial

1000m – Ages 30-39

500m -Ages 40+

750m -Ages 40-49

38.8.3 Individual Pursuit

2km - Ages 50+,

3km - Ages 35-49,

4km - Ages 30-34

38.8.4 4km Team Pursuit, (currently 3km)

38.8.5 1500m (Bunch),

38.8.6 750m Team Sprint

CHAPTER 7: SOUTH AFRICAN TRACK CHAMPIONSHIPS

38 CONSTITUTING A RACE

38.9 A minimum of 1 riders is required to constitute a race and be eligible to contend for a jersey and medal. If a minimum of 5 Riders are not entered in bunch events these riders may be combined with an appropriate category to race but the results will be split on the line into the separate categories

In the masters' categories are as follows: 35-34, 45-54, 55-59, 60-64,65-69,70-74,75-79, 80 plus.

39 MEDALLING AT NATIONAL CHAMPIONSHIPS

39.1 To encourage participation and competition in national track events, the following will be applied when determining start lists for the various age groups. The lower requirement in some cases, especially in the young categories, is to encourage and reward participation.

39.2 Minimum no. of riders to make up an age group [but awards as in 4 below]:

Category	Number of Riders
Elite	5
Under 23	5
Junior	5
Youth	5
Masters	5

39.3 If less than above, riders to move category step-by-step as below, until minimum is reached:

Age Group	Move to
Youth	Junior (or next higher age cat)
Junior	no move Possible
Elite	no move possible
Masters	Combine with Masters Category with closest Race distances

39.4 Per number of riders prize money and medals should only be awarded as follows:

No. of starters	Positions for medals	Positions for prize money
3	1 st – 2 nd – 3 rd	1 st – 2 nd – 3 rd

40 TEAM COMPETITIONS

40.1 Team Pursuit and Team Sprint at National championships will only be contested by:

- 40.1.1 Club Team
- 40.1.2 Provincial Team
- 40.1.3 Registered Sponsored Team
- 40.1.4 Regional/District Team.

41 Mixed Provinces Team. (Riders that have not been selected for any of the above Teams will be allowed to form a Team Time Trial and Pursuit.

41.1 Dependent on the number of entrants, the track commission may require riders riding individual pursuit and time trials events to ride qualifying times in order to participate in the National Championships. A decision shall be made and communicated at least 30 days prior to the start of the event.

42 EQUIPMENT AND EQUIPMENT CHECK

42.1 All track equipment to be recognised by the UCI according their list of approved track equipment. Refer

to UCI Article 1.3.000 and <https://www.uci.ch/news/2014/equipment-165067> for equipment list. A discretionary decision may be made by the track commission of South Africa for identified events.

43 SOUTH AFRICAN YOUTH TRACK CYCLING EQUIPMENT RULES

- 43.1 The following rules will apply for Regional, Provincial and National Track Cycling Championships.
- 43.2 Should local / regional race promoters wish to keep youth riders (Under 17 and below) on traditional wheel-sets, for their local or regional league racing, this is their prerogative. But this must be communicated in all race flyer and event information, well in advance of the event start date.
- 43.3 Equipment shall be allowed as follows:

SOUTH AFRICAN JUNIOR AND YOUTH TRACK CYCLING EQUIPMENT RULES							
	WHEEL-SETS WITH 16 SPOKES OR MORE AND LESS THAN 30 MM DEEP SECTION	TIME TRIAL HELMETS	WHEEL-SETS WITH 16 SPOKES OR MORE UP TO 50MM DEEP	WHEEL-SETS WITH 16 SPOKES OR MORE UP TO 100MM DEEP	REAR DISC WHEELS	BI, TRI AND FOUR SPOKE FRONT WHEELS AND FRONT DISCS	FRONT FIVE SPOKE WHEELS
UNDER 13's	YES	NO	NO	NO	NO	NO	NO
UNDER 15'S	YES	NO	YES	NO	NO	NO	NO
UNDER 17'S	YES	YES	YES	NO	TIMED EVENTS ONLY	TIMED EVENTS ONLY	TIMED EVENTS ONLY
JUNIORS	AS PER UCI	AS PER UCI	AS PER UCI	AS PER UCI	AS PER UCI	AS PER UCI	AS PER UCI
THE ABOVE RULES APPLY TO REGIONAL, PROVINCIAL AND NATIONAL CHAMPIONSHIPS							

CHAPTER 8: RACE INCIDENTS AND SPECIFIC INFRINGEMENTS

44 APPLICATION OF UCI RULES AND REGULATIONS

- 44.1 The UCI rules 3.10.001 – 3.10.008 shall be applied.
- 44.2 A coach /rider / manager has the ability to respectfully query an official regarding rules and regulations during the event, separate to an official appeal process.
- 44.3 Officials and in particular the President Commissaire may be held accountable for decisions made at events and provision of supporting documents can be requested to be used to prove beyond reasonable doubt decisions made.