

**Western Cape Track
Inter Regionals 2016
Friday 7 October**

Event 1 1500m Ladies Distan

No	Rider	Team
407	Jen Abbot	Panda
440	Elfrieda Wolfhardt	City Cycles
497	Debbie Loffell-Dawson	City Cycles
442	Ashely Parsons	Yorkshire

Event 1A 1500m Vets Distan

No	Rider	Team
417	Chrispin Fourie	City Cycles
220	Abdul Davids	Bellville
280	Hendrik Grobbelaar	Bellville
276	Jaco Scholtz	TCSA

Event 2 1500m Open Men Distan

No	Rider	Team
231	Bernard Esterhuisen	Cape Winelands A
252	Wade Theunisen	Cape Winelands A
213	Rocco King	Western Province B
200	Matthew de Freitas	Western Province A

Event: 3 1500m Junior Development Distan

No	Rider	Team
488	Stefan Marais	Kinetic
284	Daniel Grobbelaar	Kinetic
467	Luke Oldale	Kinetic
493	Jason Bruintjies	Kinetic

Event 4 Devil Ladies

Distan

No	Rider	Team
497	Debbie Loffell-Dawson	City Cycles
407	Jen Abbot	Panda
440	Elfrieda Wolfhardt	City Cycles
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Event 4A Devil Vets

Distan

No	Rider	Team
417	Chrispin Fourie	City Cycles
220	Abdul Davids	Bellville
276	Jaco Scholtz	TCSA
	.	.

Event: 5 Devil Open Men

Distan

No	Rider	Team
231	Bernard Esterhuisen	Cape Winelands A
265	Joshua van Wyk	Cape Winelands B
218	Jean Spies	Western Province B
222	Evan Carstens	Cape Winelands A

Event: 6 2000m Junior Development

Distan

No	Rider	Team
488	Stefan Marais	Kinetic
463	Zakie Martin	Rhadsport
284	Daniel Grobbelaar	Kinetic
423	Ethan Kulsen	Rhadsport

Event: 7 Team Sprint Ladies

Distan

No	Rider	Team
	Jen & Ashley	.
	Elfrieda & Debbie	.
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Event: 8 Team Sprint Vets

Distan

No	Rider	Team
	TCSA	.
	Bellville	
		.
		.

Event: 9 Team Sprint Open Men

Distan

No	Rider	Team
200	Western Province A	Western Province A
222	Cape Winelands A	Cape Winelands A
239	Cape Winelands B	Cape Winelands B
212	Western Province B	Western Province B

Event 10 Team Pursuit Ladies

Distan

No	Rider	Team
442	Ladies	Yorkshire
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	.	.
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Event 11 Team Pursuit Vets

Distan

No	Rider	Team
Cancelled	#N/A	#N/A
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Event 12 Team Pursuit Open Men

Distan

No	Rider	Team
222	Cape Winelands A	Cape Winelands A
259	Cape Winelands B	Cape Winelands B
200	Western Province A	Western Province A
212	Western Province B	Western Province B

Event 13 3000m Junior Development

Distan

No	Rider	Team
284	Daniel Grobbelaar	Kinetic
488	Stefan Marais	Kinetic
463	Zakie Martin	Rhadsport
	.	.

Event 14 Keirin Ladies

Distan

No	Rider	Team
407	Jen Abbot	Panda
440	Elfrieda Wolfhardt	City Cycles
497	Debbie Loffell-Dawson	City Cycles
442	Ashely Parsons	Yorkshire

Event 15 Keirin Vets

Distan

No	Rider	Team
417	Chrispin Fourie	City Cycles
276	Jaco Scholtz	TCSA
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	.	.

Event 16 Keirin Open Men

Distan

No	Rider	Team
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218	Jean Spies	Western Province B
239	Brandon Christiaans	Cape Winelands B
265	Joshua van Wyk	Cape Winelands B
252	Wade Theunisen	Cape Winelands A

Event 17 Scratch 5km Ladies

Distan

No	Rider	Team
417	Chrispin Fourie	City Cycles
220	Abdul Davids	Bellville
276	Jaco Scholtz	TCSA
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Event 17A Scratch 7.5km Vets

Distan

No	Rider	Team
440	Elfrieda Wolfhardt	City Cycles
497	Debbie Loffell-Dawson	City Cycles
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Event 18 Scratch 10km Open Men

Distan

No	Rider	Team
265	Joshua van Wyk	Cape Winelands B
222	Evan Carstens	Cape Winelands A
204	Neil Rossouw	Western Province A
259	Kyle de Wet	Cape Winelands B

ce per lap =	250		
No of laps =	6		
Time/Sec	Min	sec.	Ave. Speed
0			0.000
0			0.000
0			0.000
0			0.000

ce per lap =	250		
No of laps =	6		
Time/Sec	Min	sec.	Ave. Speed
120.65	2	0.65	44.758
0			0.000
0			0.000
0			0.000

ce per lap =	250			
No of laps =	6			
Time/Sec	Min	sec.	Ave. Speed	Points
99.25	1	39.25	54.408	5
0			0.000	3
0			0.000	2
0			0.000	1

ce per lap =	250		
No of laps =	6		
Time/Sec	Min	sec.	Ave. Speed
155.07	2	35.07	34.823
0			0.000
0			0.000
0			0.000

ce per lap =	250		
No of laps =	0		
Time/Sec	Min	sec.	Ave. Speed
0			0.000
0			0.000
0			0.000
0			0.000

ce per lap =	250		
No of laps =	0		
Time/Sec	Min	sec.	Ave. Speed
0			0.000
0			0.000
0			0.000
0			0.000

ce per lap =	250			
No of laps =	0			
Time/Sec	Min	sec.	Ave. Speed	Points
0			0.000	5
0			0.000	3
0			0.000	2
0			0.000	1

ce per lap =	250		
No of laps =	8		
Time/Sec	Min	sec.	Ave. Speed
185.27	3	5.27	29.147
0			0.000
0			0.000
0			0.000

ce per lap =	250		
No of laps =	3		
Time/Sec	Min	sec.	Ave. Speed
41.25		41.25	130.909
41.99		41.99	#REF!
0			0.000

0			0.000
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ce per lap = 250

No of laps = 3

Time/Sec	Min	sec.	Ave. Speed
56.25		56.25	96.000
56.77		56.77	#REF!
0			0.000
0			0.000

ce per lap = 250

No of laps = 3

Time/Sec	Min	sec.	Ave. Speed	Points
49		49	110.204	5
49.98		49.98	#REF!	3
53.79		53.79	#REF!	2
54.49		54.49	#REF!	1

Interval

ce per lap = 250

No of laps = 12

Time/Sec	Min	sec.	Ave. Speed
364.22	6	4.22	14.826
0			0.000
0			0.000
0			0.000

ce per lap = 250

No of laps = 12

Time/Sec	Min	sec.	Ave. Speed
0			0.000
0			0.000
0			0.000

0			0.000
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ce per lap = 250

No of laps = 16

Time/Sec	Min	sec.	Ave. Speed	Points
286.37	4	46.37	18.857	5
294.56	4	54.56	#REF!	3
296.62	4	56.62	#REF!	2
321.72	5	21.72	#REF!	1

ce per lap = 250

No of laps = 12

Time/Sec	Min	sec.	Ave. Speed
256.59	4	16.59	21.045
0			0.000
0			0.000
0			0.000

ce per lap = 200

No of laps = 1

Time/Sec	Min	sec.	Ave. Speed
14.67		14.67	368.098
0			0.000
0			0.000
0			0.000

ce per lap = 250

No of laps =

Time/Sec	Min	sec.	Ave. Speed
13.66		13.66	395.315
0			0.000
0			0.000
0			0.000

ce per lap = 250

No of laps =

Time/Sec	Min	sec.	Ave. Speed	Points
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749	11	89	7.210	5
0			0.000	3
0			0.000	2
0			0.000	1

ce per lap = 250
No of laps = 30

Time/Sec	Min	sec.	Ave. Speed
435.61	7	15.61	12.396
0			0.000
0			0.000
0			0.000

ce per lap = 250
No of laps = 30

Time/Sec	Min	sec.	Ave. Speed
0			0.000
0			0.000
0			0.000
0			0.000

ce per lap = 250
No of laps = 40

Time/Sec	Min	sec.	Ave. Speed	Points
757.02	12	37.02	7.133	5
0			0.000	3
0			0.000	2
0			0.000	1