

# WES-KAAP TYDTOETS EN PAD INSKRYWINGSVORM WESTERN CAPE TIME TRIAL AND ROAD ENTRY FORM

# 2016

30 January 2016 – Time Trial & 31 January 2016 – Road Race

PRESENTED BY



TYDTOETS/ TIMETRIAL

PADWEDREN / ROAD RACE

Van/Surname .....

Naam/Name .....

Posadres/Postal Address .....

Geboortedatum/DOB ..... / ..... / .....  
Day Month Year

Med Fonds/ Med Aid .....

Med Nr/ Med No ..... Tel / Sel Nr.: .....

E-Pos/E-mail .....

Cycling SA Lis No/Lic No ..... Ouderdoms kat/Age cat: .....

Geslag/Sex  M  F Klub/Club: .....

Region / Streek: .....

### Kwytskelding/Waiver

Ek aanvaar dat ek op eie risiko deelneem en bevestig dat ek geen eis hoegenaamd sal instel teen die organiseerders, borg, plaaslike owerhede of beamptes met betrekking tot enige beserings of skade aan persone of eiendom wat mag spruit uit enige voorval wat verband hou met die Liga byeenkomste nie, en stem in om die reëls van die byeenkomste te gehoorsaam.

I except that I will be taking part at own risk and confirm that I will not submit any claim against the organizers, sponsors, local authorities or officials in respect of any injuries of damage on my person or property relating from any incident which could occur with the League events and agree to obey to the rules of these events.

Handtekening/Signature .....

Ouer/Voog (indien minderjarig) – Parent/Guardian (if minor)

## GENERAL INFORMATION

- Event will be held under UCI and Cycling SA rules
- **A deposit of R100.00 will be required for the numbers. When numbers are returned undamaged, deposits will be refunded**
- Closing date for entries: **Friday 22 January 2016 – 23h00 (ROAD & TT)**
- Gear check – U/10 – Juniors : 07h00 – 07h45. First three over the finish line to report immediately for another gear check – TT & Road races
- **Keep to left side of road. Not full road closure.**
- **Entry fees:**

<b>Children up to U/16</b>	RR	R120.00
	TT	R120.00
	Both	R200.00
<b>Para-Cyclists Time Trial</b>		R 120.00
<b>Juniors and rest</b>	RR	R150.00
	TT	R150.00
	Both	R250.00

▪ **Entry Fees to be paid in at:**

**Cape Winelands Cycling**

**Absa, Acc: 408 503 5539**

**Branch: 632 005 (Wellington Branch)**

**Important:** Reference on deposit slip: *Cyclist Name & RR / TT*

**IMPORTANT: Forward the entry form and the Proof of Payment to:**

**Zanne Parsons: zannep3@gmail.com**

**For more INFORMATION:** Zanne Parsons: 083 721 2380

Ian Goetham: 083 949 4501



facebook



Cape Winelands Cycling for updates and info.

**HIGH PRIORITY: TEAM MANAGERS MEETING:** Sunday 08h00 - RACE HQ -  
Windmeul Primary School

**TIME TRIAL:**

- No Registration before the start of Time Trial.
- Riders must be ready and be aware of their starting times.
- Under 10 – Juniors must report for gear checks before & after TT.
- Starting Times will be published beforehand on social media as well as websites.

### **PARA-CYCLISTS TIME TRIAL:**

- The Para-cyclists will race on Saturday 30 January 2016. The organizers will confirm the starting time of the Time Trial for the Para-cyclist.

### **ROAD RACES:**

- All riders must SIGN ON at the registration table 15 minutes before the start of their race.
- Under 10 – Juniors must report for gear checks before & after Road Race.

### **MEDAL PRESENTATION:**

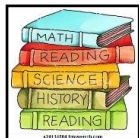
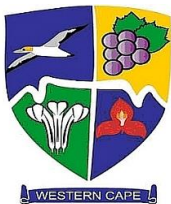
- The TIME TRIAL and ROAD RACES medal Presentation will be on Sunday 31 January 2016 after the U/23 – ELITE Road Race at Windmeul Primary School.
- All riders receiving medals MUST be in FULL CYCLING GEAR.

### **LICENCES:**

- All riders must present their 2016 Cycling SA Licences
- All Team Managers must present their 2016 Team Managers Licences.

### **RACING CATEGORIES:**

- Under 10 & 12 Girls / Boys
- Under 14 Girls & Boys
- Under 16 Girls & Boys
- Junior Men & Women
- Elite & U23 Men
- Elite Ladies
- Veterans Men 30 – 49
- Veteran Ladies 30 – 44
- Veteran Ladies 45+
- Veteran Men 50 +
  
- Please Note: Categories can be combined if not enough entries received.
  
- Organisers can also split age groups when too many entries



**WINDMEUL  
PRIMARY  
SCHOOL**

